

Subject Code	SN2S05
Subject Title	Engaging in Workforce Health for Health Care Workers at Nursing Homes
Hosting Department	School of Nursing
Level	2
Class Quota	30
Medium of Instruction	English
Subject Duration	Semester 1
Teaching Staff	Dr Kin Cheung, Dr Cynthia Wu
Target Students	GUR, open-for-all
Pre-requisites	Nil
Selection of Students Required?	No

Subject Synopsis	<ol style="list-style-type: none"> 1. Concept of Service-Learning <ol style="list-style-type: none"> a. The definition of service-learning b. Benefits of service-learning c. Responsibilities, attitudes and ethics in service-learning d. Planning and developing of service-learning project e. Reflection on the service-learning experience 2. Risk Management and Ethics in Service-learning <ol style="list-style-type: none"> a. Concept of risk management and ethics b. Guidelines for risk management and ethical concerns 3. Health and Wellbeing Promotion for the Target Workforce <ol style="list-style-type: none"> a. Care delivery and workforce in nursing homes b. Determinants of health (e.g. World Health Organization framework) c. Challenges in workforce health and wellbeing promotion <ul style="list-style-type: none"> - Social and work issues (such as socioeconomic status, social support network, gender, policies/regulations, staff recruitment, physically & psychologically demanding work, work involving repetitive tasks, long working hours, work-related musculoskeletal disorders etc.) - Personal issues (such as physical inactivity, unhealthy eating; overweight/obesity; high mental stress; and common chronic diseases such as musculoskeletal disorders, etc.) d. Basic health assessment skills (such as history taking, measuring blood pressure, weight, height, waist-hip ratio, body fat, blood glucose, etc) 4. Reflection models
Service Project	
What will students do to serve?	Perform basic nursing health assessment, conduct needs assessment through working with health care workers, conduct workforce health and wellness promotion to enhance workforce health, and reflect on own learning
Whom will students serve?	Health care workers in the nursing homes

Where will students serve?	<input checked="" type="checkbox"/> Hong Kong District: Hong Kong, New Territories and Kowloon [mainly in Kowloon] <hr/> <input type="checkbox"/> Chinese mainland Province: <hr/> City: <hr/> <input type="checkbox"/> Taiwan <input type="checkbox"/> Macau <input type="checkbox"/> Overseas Country: <hr/> City: <hr/>
When will students serve?	Weekdays and/or weekends
Fee payable by students	No
Enquiry	Dr Kin Cheung, 2766-6773