

Subject Code	SN2S03S
Subject Title	Healthy Lifestyle Challenges for Developing Communities
Hosting Dept.	School of Nursing
Level	2
Class Quota	30 - 40
Medium of Instruction	English
Subject Duration	Summer Term
Teaching Staff	Ms Phyllis Pang, Ms Ellen Ku
Target Students	GUR, open-for-all
Pre-requisites	Nil
Selection of Students Required?	<p>Basic health care knowledge, good communication skills and sense of responsibility are preferable.</p> <p>We will include a short quiz to be taken during the interview: 10 short questions relating to knowledge on basic health care; at least 80% of the questions are correct. Higher priority will be given to students who score high and with past experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.</p>
Subject Synopsis	<p>Objectives:</p> <ul style="list-style-type: none"> <li>• To raise students' awareness of health issues in developing communities</li> <li>• To educate students on challenges and needs in maintaining a healthy lifestyle</li> <li>• To interview people and to observe their daily living behavior and patterns</li> <li>• To provide basic physical assessment and health education to the people in developing communities (Cambodia/ Vietnam)</li> </ul>
Service Project	
What will students do to serve?	<p>The service project will take place offshore during the semester break. In total, students will be expected to spend 40 hours in direct contact with the people, to a total of 5 days during Semester break.</p> <p>We envision that the service-learning project tentatively as follows:</p> <ul style="list-style-type: none"> <li>• Day 1+2: Visits and interviews to targeted families living in the slums.</li> <li>• Day 3: Investigative visit to neighboring place / markets; development of proposal on healthy eating and lifestyle for client families</li> <li>• Day 4+5: Presentation of proposal to client families</li> </ul>

Whom will students serve?	People / family who are living in developing communities – Cambodia/ Vietnam
Where will students serve?	Developing communities - Cambodia/ Vietnam
When will students serve?	Cambodia: 19 – 31 July 2016 (Tentative) Vietnam: 18 – 30 July 2016 (Tentative)
Fee payable by students	Students may be required to bear part or all of the costs for offshore project (Est. cost HK\$1700 – 1800).
Enquiry	Cambodia - Ms Phyllis Pang : <a href="mailto:Phyllis.pang@polyu.edu.hk">Phyllis.pang@polyu.edu.hk</a> Vietnam - Ms Ellen Ku: <a href="mailto:Ellen.ku@polyu.edu.hk">Ellen.ku@polyu.edu.hk</a>
Remarks	Students need to inform the corresponding teaching staff during the interview if the schedule of the service project clashes with your clinical placement/ special study pattern.