

Subject Code	SN2S04
Subject Title	Mentoring Health Ambassadors for School Communities
Hosting Dept	School of Nursing
Level	3
Class Quota	60
Medium of Instruction	English
Subject Duration	Semester 2 + Summer Term
Teaching Staff	Dr Regina Lee & Dr Kin Cheung
Target Students	GUR, open for all
Pre-requisites	Nil
Selection of Students Required?	Yes
Subject Synopsis	<p>The complex healthcare needs of schoolchildren in the community have been raised, especially in underprivileged populations such as new immigrants in the school communities of Hong Kong. It is important that trained health ambassadors assist schoolchildren who have knowledge deficits in self-care and health concepts. The impact of this service-learning project is that it has provided a “real-world” experience for healthcare students’ practice learning, and it is so meaningful to serve these underprivileged people in the community. It also provides a meaningful opportunity for healthcare students to cultivate their social responsibilities, and they can also apply what they have learned. All the planned activities require that healthcare students have a sense of intellectual ownership and a better understanding of themselves and their own abilities. They show a higher level of thinking and improved performance in the service delivery. One of the major goals of this mentoring programme is to cultivate healthcare students’ social responsibility to serve this underprivileged section of the community. They are expected to be caring, innovative and effective in their communications with the schoolchildren and the community stakeholders through the mentoring relationship. Team work brings this multidisciplinary group of healthcare students together and team spirit helps them work better in groups. Working together as a team is a skill developed with the help of trust-building activities. Team building is essential throughout the mentorship and project planning and implementation.</p>

Service Project	
What will students do to serve?	<p>i) Students are committed in mentoring programme (sem 2+3) with a positive attitude;</p> <p>ii) Students are willing to work with healthcare students from other disciplines to deliver primary health care;</p> <p>iii) Students show interest in working with children and adolescents and delivering health education and health promotion activities (e.g. health screening, health talk for students and their parents in the primary schools; and</p> <p>iv) Students are committed in working weekday for mentoring service in a primary school in semester two.</p> <p>The service component includes a skill training workshops, project plan development, implementation of the training health ambassador's programme, and programme evaluation. This is a training of trainers via a mentorship programme for training health ambassadors to raise health awareness and to support a healthy school environment in the school communities of Hong Kong. Healthcare students from the FHSS can work together as a multidisciplinary team and cultivate the social responsibility to serve underprivileged people in the communities of Hong Kong. Two workshops include one for university students as mentors and another workshop will be delivered by mentors to train the primary school students as health ambassadors (mentees).</p>
Whom will students serve?	Primary school students and their parents. We have a very strong existing collaborating partners for the mentorship programme for primary school students as health ambassadors under the Health Ambassador Scheme of the WHO Collaborating Centre for Community Health Services, School of Nursing of PolyU
Where will students serve?	Primary schools are located in Tsing Yi, Tsuen Wan, Kwun Tong, Kowloon City and other districts.
When will students serve?	Undergraduate students are expected to work one weekday per week from week 3 to week 12 of a semester from mid-Jan to April. A 2-day training of trainers workshop will be held in January or February to train students and the primary school students as health ambassadors.
Fee payable by students	N/A
Enquiry	<p>Dr Regina Lee 2766 6388 regina.lee@polyu.edu.hk</p> <p>Dr Kin Cheung 2766 6773 kin.cheung@polyu.edu.hk</p>

Remarks: The information given above is subject to change.