

The Hong Kong Polytechnic University
Department of Rehabilitation Sciences
BSc (Hons) in Occupational Therapy
Course Introduction of OT Subjects

Subject Code	Subject Name	Credits
Year one Semester one		
RS2020	Foundation Psychology for Rehabilitation Professionals	3
Year two Semester one		
RS2260	Human Occupations	3
RS2470	OT Foundations in Human Performance	4
RS2480	Clinical Sciences in Musculoskeletal Conditions	2
Year Three Semester One		
RS3320	Clinical Sciences in Developmental Dysfunction	2
RS3330	Clinical Sciences for Medical & Neurological Conditions	2
RS3450	Enabling Occupation Psychosocial Dysfunction	4
Year Four Semester One		
RS4270	Enabling Occupation: Ageing and Geriatric Practice	3
RS4600	Occupational Therapy in Vocational Rehabilitation	3
Clinical Placement		
RS22401	Clinical Education IA	1
RS22402	Clinical Education IB	2
RS32500	Clinical Education II	7
RS42500	Clinical Education III	7
RS42600	Clinical Education IV	7

YEAR ONE SEMESTER ONE

RS2020 Foundation Psychology for Rehabilitation Professionals

The subject covers basic knowledge in psychology and provides examples of daily life applications (e.g. with the use of video clips) and in rehabilitation for facilitating the learning. After completing the subject, students will understand the basic theories and principles in psychology, and be able to apply psychological theories to understanding of self and individual differences and explaining common behaviours of people and patients, as well as to apply basic psychological principles to selected practices in rehabilitation

YEAR TWO SEMESTER ONE

RS2260 Human Occupations

Upon completion of the subject, students will be able to understand the nature of occupations, to perform activity analysis, basic self-care and work assessment and to describe the change of occupations in different contexts and life span development. Lectures will cover the theory and principles of occupations performance and the occupational role development across life span. During tutorials sessions, students will discuss occupational analysis, activity analysis, ADL assessment, use of assistive devices, and practice different kinds of work samples and evaluation tools, as well as play and recreational activities. Practical sessions include visits to school and hospice settings. E-learning will be used in open-book online quiz and self-learning. Web-based learning allows student to learn the knowledge and enhance their clinical problem ability at their own time.

RS2470 OT Foundations in Human Performance

The objective of this subject is to develop students with the knowledge and understanding of the performance components as related to occupational therapy practice. Lectures are used to introduce and explain the knowledge and concepts as related to the nature and functions of key human performance components. Interactive learning activities are used in tutorials to facilitate students to clarify and consolidate the concepts and knowledge learned in lectures and to apply the knowledge of normal functioning in the understanding of sensori-motor, cognitive and/or psychosocial dysfunctions seen in clients following injury and/or illness. Skill labs are arranged for students to learn and practice clinical skills required for the assessment of motor, sensory-perceptual, cognitive and psychosocial functions. Students will also learn to interpret the assessment findings using case scenarios. An e-learning website is developed as a learning platform for students to perform self-study and/or to prepare for tutorials.

RS2480 Clinical Sciences in Musculoskeletal Conditions

The objective of this subject is to develop students' knowledge in rehabilitation to the needs of children and adults with musculo-skeletal conditions. Lectures will cover the knowledge in the clinical conditions and management. In seminars sessions, students will discuss clinical reasoning and apply critical thinking skills in relating knowledge taught. Web-based learning allows student to learn the knowledge and enhance their clinical problem ability at their own time.

YEAR THREE SEMESTER ONE

RS3320 Clinical Sciences in Developmental Dysfunction

The subject aims to develop students' knowledge and empathy in rehabilitation to the needs of children and adults with developmental disabilities. Lectures will cover the knowledge in the clinical conditions and management. In seminars sessions, students will discuss clinical reasoning and demonstrate the awareness of service developmental trends. In fieldwork visits, students will observe cases assigned and learn the clinical behavior. There is also case presentation to enable students to apply their theory and knowledge learnt and observed into clinical practice. Self-reflection will be engaged especially on sharing the empathy with the cases and family. Web-based learning allows student to learn the knowledge and enhance their clinical problem ability at their own time.

There would be fieldwork, attachments, practical test conducted with clients in local settings in the subjects that non-local students who could not speak Cantonese may encounter difficulty in the activities.

RS3330 Clinical Sciences in Medical & Neurological Conditions

The subject aims to equip students with depth of medical and neuroscience knowledge appropriate for entry level OT, and prepare them to address related issues important to the practice of physical rehabilitation. Lectures will be used to cover basic clinical knowledge on pathologies of common medical and neurological conditions, influences on human occupations and related treatment theories and approaches to enhance human performances. Use of web-based and multi-media will facilitate the linking between clinical sign and symptoms with functional problems.

RS3450 Enabling Occupation Psychosocial Dysfunction

The subject is designed to provide occupational therapy students with practical skills and knowledge to psychosocial practice in rehabilitation settings. It equips students with concepts in psychosocial rehabilitation, problem solving skills, analytical skills and practical skills. Studying this subject will facilitate students to become more competent in rendering occupational therapy service in psychiatric settings. In addition, it will help develop students' critical thinking for their personal development. Lectures will be delivered to cover the case management of clients suffering from different kinds of psychosocial dysfunctions and psychiatric conditions. Tutorials and case studies will be adopted for discussion on case management of clients suffering from specific psychiatric conditions. Practical sessions are for demonstration and practice of clinical skills in assessment, treatment and documentation of outcomes. Site visit aims at enriching students' learning experience by visiting different types of settings that are rendering OT service.

YEAR FOUR SEMESTER ONE

RS4270 Enabling Occupation: Ageing and Geriatric Practice

The subject is to develop students with the clinical knowledge and skills essential for occupational therapy management of geriatric clients. Lectures are used to equip students with the up-to-date knowledge and principles of occupational therapy management for the geriatric population. Active and inquiry-based learning pedagogies are used for seminars and tutorials in which in-depth case studies are used to support students' consolidation of professional knowledge and clinical skills in geriatric practice. Visits and service learning will be arranged for students to learn the OT practice of geriatric clients in real clinical settings. The e-learning website is used as a supplementary learning platform in which students are recommended to study the learning materials, interactive learning activities and case-based studies for tutorials and/or seminars.

RS4600 Occupational Therapy in Vocational Rehabilitation

By completing this subject, students will be able to demonstrate an understanding of the return-to-work process of clients suffering from different kinds of physical and psychiatric conditions, work-related injuries, and developmental disabilities as well as to apply knowledge in work/vocational rehabilitation to design training programmes for improving return-to-work outcomes of them. Lectures are to cover the holistic management of resultant occupational dysfunction of clients suffering from different kinds of physical and psychiatric conditions, work-related injuries, and developmental disabilities. Tutorials and case studies would be adopted for discussion on case management of clients suffering from these conditions. Practical sessions are for demonstration of practical skills in assessment, treatment & documentation of outcomes. Seminar presentation is used to enhance students' ability in integrating theories, treatment approaches & techniques in case management. Self-learning packages will be provided for students' self-directed learning, students are also encouraged to refer to self-learning booklets and relevant web site for learning.

CLINICAL PLACEMENT

Students taking the following subjects will be attached to local setting that non-local students who could not speak Cantonese may encounter difficulty in the activities.

RS22401 Clinical Education IA

Through clinical placement, this subject provides students with the opportunity to observe, explore, and identify the roles, functions, and process of occupational therapy in clinical practice. During this one-week observation placement, the students are expected to develop appropriate professional behavior and understanding the work of occupational therapists.

RS22402 Clinical Education IB

Through clinical placement, the subject provides opportunities for students to observe, explore, and identify the roles, functions, and process of occupational therapy in clinical practice. Students are expected to develop professional behaviour. Under the guidance of clinical educators, students are expected to conduct activity analyses, interviews, commonly used assessments and therapeutic activities. By the end of the placement, students are expected to describe the occupational performance and problems of at least one selected client.

RS32500 Clinical Education II

The objective of this clinical placement is to provide students with the opportunity to consolidate and apply occupational therapy knowledge, attitudes and skills learned in school to assess, plan, implement, evaluate, and modify occupational therapy interventions for clients suffering from common conditions in Hong Kong, under the guidance of clinical educators. It also provides students with the opportunity to communicate and function appropriately as a member of the health care team, and prepares students for the study of advanced studies.

RS42500 Clinical Education III

This subject provides students with the opportunity to integrate and consolidate knowledge, skills and attitudes learned in school to occupational therapy practice in a common or a particular clinical specialty. It provides students with the opportunity to practice basic clinical management functions for independent occupational therapy practice and day-to-day operation of an occupational therapy department. The subject also prepares students to evaluate the application of occupational therapy models of practice to common clinical specialties of occupational therapy practice.

RS42600 Clinical Education IV

The objective of this clinical placement is to provide students with the opportunity to integrate and consolidate knowledge, skills and attitudes learned in school to occupational therapy practice in a common or a particular clinical specialty. It provides students with the opportunity to practice basic clinical management functions for independent occupational therapy practice and day-to-day operation of an occupational therapy department. The placement also prepares students to evaluate the application of occupational therapy models of practice to common clinical specialties of occupational therapy practice.

List of Subjects Offered to Exchange/Study Abroad Students for Semester 1 (Fall) 2019/20
Department of Rehabilitation Sciences - BSc (Hons) in Physiotherapy

Subject Code (Please insert hyperlink to the subject syllabi)	Subject Name	Credits	Eligible Student Type [see *]	Limitation [see **]	Eligible Student (Year 1) (Y/N)	Eligible Student (Year 2) (Y/N)	Eligible Student (Year 3) (Y/N)	Eligible Student (Year 4 or above) (Y/N)
RS2690	Principle of Physiotherapy Practice	3	RS	51456	N	Y	Y	Y
RS2700	Orthopaedics and Traumatology	3	RS	51456	N	Y	Y	Y
RS2781	Human Development across Lifespan	2	RS	51456	N	Y	Y	Y
RS3660	Exercise Science	3	RS	51456	N	Y	Y	Y
RS3580	Musculoskeletal Physiotherapy II	3	RS	51456	N	N	Y	Y
RS3730	Neurological Physiotherapy I	3	RS	51456	N	N	Y	Y
RS3770	Cardiopulmonary Physiotherapy I	3	RS	51456	N	N	Y	Y
RS3780	Electrophysical Therapy II	2	RS	51456	N	N	Y	Y
RS4060	Aging and Geriatrics	2	RS	51456	N	N	N	Y
RS4741	Primary Health and Community Care	2	RS	51456	N	N	N	Y
RS4742	Physiotherapy in Mental Health	2	RS	51456	N	N	N	Y
RS4790	Musculoskeletal Physiotherapy IV	2	RS	51456	N	N	N	Y
Remarks:								

* Eligible Student Type

'ALL' = open to all exchange/ study abroad students including those admitted to other departments

'Dept' = open to exchange/ study abroad students who are admitted to this department only

** Limitation

'N/A' = open to all exchange/ study abroad students

'(programme code and/or stream code)' = only open to exchange/study abroad students who are enrolled in specific discipline/stream/programm