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| Subject Code | SN2S05 |
| Subject Title | Engaging in Workforce Health for Health Care Workers at Nursing Homes |
| Hosting Department | School of Nursing |
| Level | 2 |
| Class Quota | 40 |
| Medium of Instruction | English |
| Subject Duration | Semester 1 |
| Teaching Staff | Dr Kin Cheung, Dr Cynthia Wu |
| Target Students | GUR, open-for-all |
| Pre-requisites | Nil |
| Selection of Students Required? | No |

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| Subject Synopsis | <ol style="list-style-type: none"> 1. Concept of Service-Learning <ol style="list-style-type: none"> a. The definition of service-learning b. Benefits of service-learning c. Responsibilities, attitudes and ethics in service-learning d. Planning and developing of service-learning project e. Reflection on the service-learning experience 2. Risk Management and Ethics in Service-learning <ol style="list-style-type: none"> a. Concept of risk management and ethics b. Guidelines for risk management and ethical concerns 3. Health and Wellbeing Promotion for the Target Workforce <ol style="list-style-type: none"> a. Care delivery and workforce in nursing homes b. Determinants of health (e.g. World Health Organization framework) c. Challenges in workforce health and wellbeing promotion <ul style="list-style-type: none"> - Social and work issues (such as socioeconomic status, social support network, gender, policies/regulations, staff recruitment, physically & psychologically demanding work, work involving repetitive tasks, long working hours, work-related musculoskeletal disorders etc.) - Personal issues (such as physical inactivity, unhealthy eating; overweight/obesity; high mental stress; and common chronic diseases such as musculoskeletal disorders, etc.) d. Basic health assessment skills (such as history taking, measuring blood pressure, weight, height, waist-hip ratio, body fat, blood glucose, etc) 4. Reflection models |
| Service Project | |
| What will students do to serve? | Perform basic nursing health assessment, conduct needs assessment through working with health care workers, conduct workforce health and wellness promotion to enhance workforce health, and reflect on own learning |
| Whom will students serve? | Health care workers in the nursing homes |
| Where will students serve? | <input checked="" type="checkbox"/> Hong Kong District: Hong Kong, New Territories and Kowloon [mainly in Kowloon] <hr/> |
| When will students serve? | Weekdays and/or weekends |
| Fee payable by students | No |
| Enquiry | Dr Kin Cheung, 2766-6773 |

Remarks: The information given above is subject to change.

