



POLYU Junior Researcher Mentoring Programme 2024



Code:	JRMP2024_11
School / Department:	Department of Applied Social Sciences
Name of Research Team Member(s):	Dr Zhu Xiaoqin, Assistant Professor Dr Dou Diya, Assistant Professor Mr Lu Canjie, Research Assistant
Research Topic:	Parental psychological control and developmental outcomes among Chinese adolescents in Hong Kong
Short Description of the Research Project:	<p>Adolescent development is the result of interactions between adolescents and their living environments at different levels, including family (e.g. parents), school (e.g. teachers and peers), society and culture. Parents, as the primary socialisation agents of adolescents, are believed to play a significant role in adolescent development.</p> <p>Parents’ psychological control is considered a type of dysfunctional parenting and is characterised by various intrusive practices (e.g. invalidating children’s thoughts and inducing shame or guilt) that aim to control and manipulate children’s emotional and cognitive experiences. Some studies have found that psychological control is commonly practised by Chinese parents, but the findings regarding its effects on adolescent development have been contradictory. To gain a better understanding of parents’ psychological control and how this parenting strategy is associated with adolescent developmental outcomes in Hong Kong, we will analyse data collected from a survey of more than 1,000 adolescents in local secondary schools.</p> <p>The participating students will learn basic concepts of parenting (especially psychological control) and adolescent development by reading and summarising the literature on these topics. They will also learn the basic skills needed to conduct survey research and perform quantitative data analyses (e.g. descriptive and correlation analyses), and will be involved in drafting school reports.</p>

No. of Places Offered:	5
Frequency of Meetings:	Monthly
Special Requirement(s):	The participating students should have an interest in applied social sciences (psychology, social work, education, social policy, etc.) and have some basic knowledge of statistics.

** The information presented above is subject to change.*