## 使用口罩 Using Mask



健康的職員及學生,無需因恐慌戴上口罩。但出現呼吸道感染病徵的人士,在公眾地方應戴上口罩,以減低病菌擴散的機會。

To reduce the chance of spreading the micro-organism, infected or suspected individuals should wear masks in the public place. Healthy individuals do not need to put on masks unless they have flu-like symptoms.

## 正確使用口罩的方式 Use Mask Properly



1. 用清潔的手取出口罩 Pick up the mask with clean hands.



2. 用清潔的手取出口罩
Put on the mask with
both hands.



3. 確保口罩掩蓋口及鼻 Make sure the mask covers the mouth and the nose.



4. 除去口罩時,不要接觸到口罩的中間及污染部份 Remove the mask without touching the middle and contaminated part of the mask.



5. 棄置口罩於廢紙箱 不要接觸到口罩 的污染部份 Discard the mask into rubbish bin without touching the contaminated part.



6. 口罩切忌重複使用
Masks should not be reused.



7. 切忌使用污染、沾有口沫的口罩 Do not use moistened mask.