



Bachelor of Science (Honours) in Mental Health Nursing

Programme Code: 53482

JUPAS Programme Code: JS3337

Programme Leader: Dr Sau Fong Leung

Deputy Programme Leader: Dr Wai Kit Wong

Duration: 5 years full-time

Credits Required for Graduation: 116 (plus 41 clinical/field credits)

Fund Type: Government-funded

PolyU was the first university in Hong Kong to offer a pre-registration degree programme in nursing, which was started in 1990, and has been educating nurses for more than 40 years. The School has played a leading role in innovative nursing education and training to meet the emerging health needs of the community.

Programme Aims

- To educate students for professional careers in mental health nursing
- To develop students' competency in quality care and research capability
- To prepare students for contributing to mental healthcare services
- To develop students' ability in clinical reasoning, critical thinking, problem solving, therapeutic communication, and management of change in mental health nursing
- To prepare students to work independently and effectively in psychiatric clinical settings and community mental health centres



Programme Characteristics

Inter-professional Training

- Enables students to appreciate various health issues from an inter-professional perspective
- Develops creativity, problem-solving and entrepreneurship skills through inter-professional design works

Clinical Studies

- Placement opportunities in various psychiatric settings, general hospitals and community rehabilitation sectors of non-government organisations
- Clinical enhancement workshops across different years of students
- Supervision by experienced clinical instructors and supervisors
- Pre- and post-conferences or clinical seminars held to consolidate clinical learning

Innovative Teaching and Learning Strategies

- Flipped classroom concept
- Through-train teaching and learning approach
- Web-based online learning

Capstone Experiences

- Capstone experiences embedded in honours project
- Systematic investigation of a research topic related to nursing practice
- Culmination of all previous work through group project supervised by academic staff

Simulated Clinical Experiences (SCE)

- Simulated clinical experiences incorporated into teaching and learning
- Competency in skills developed before practising in clinical settings

Student Exchange and Overseas Placement

- Exchange programmes and overseas clinical placements in mainland China, Japan, Singapore, Thailand, the United Kingdom, the United States, Australia, Europe and other countries
- International Student Exchange Sponsorship and Offshore Work-Integrated Education Sponsorship are available for application

Integrative Health Clinic

- First nurse-led health clinic for health services, nursing research and education
- Provides a clinical placement venue for students to meet with nurse practitioners and service users for developing students' clinical decision making as independent learners

Scholarships and Bursaries

- Entry scholarships for outstanding admittees
- Post-entry scholarships and prizes for outstanding students

Programme Contents

Basic and Applied Sciences

- Clinical Microbiology
- Human Anatomy
- Human Physiology
- Pathophysiology and Pharmacology

Behavioral and Social Sciences

- Introduction to Psychology
- Abnormal Psychology
- Sociology of Health

The Theoretical Knowledge Base: Biological and Nursing Sciences

- Communication Skills and Group Dynamics
- Fundamentals of Mental Health Nursing
- Fundamentals of Nursing Therapeutics I / II
- Fundamentals of Nursing Therapeutics in Chinese Medicine
- Medical and Surgical Nursing I / II
- Mental Health Education and Promotion
- Mental Health Nursing Therapeutics I / II / III
- Mental Health Nursing Therapeutics in Community
- Neurobiological Basis in Mental Health
- Psychotherapeutic Practice
- Psychotherapeutic Practice II
- Public Health and Infection Control
- Quality and Patient Safety in Healthcare

Knowledge and Skills Integrated in Practice

- Clinical Practice

Cognitive Development: Thinking Like a Nurse

- Nursing Research
- Honours Project

Personal Professional Development

- Ethical and Legal Aspects in Health Care
- Leadership Roles and Management Functions in Health Care
- General University Requirements
- Co-curricular Activities

Professional Recognition

- Graduates are eligible to apply for registration as Registered Nurses (Psychiatric) with the Nursing Council of Hong Kong.

Nursing Associations

- Nursing Departmental Society
- Association of Hong Kong Mental Health Nursing
- Alumni Association of Nursing Studies
- Pi Iota Chapter, Sigma Theta Tau International Honor Society of Nursing

Further Studies

Graduates are recognised nationally and internationally and can pursue further nursing studies both locally and abroad. The School offers a variety of taught and research postgraduate programmes.

Entrance Requirements

JUPAS Admission

Candidates who are applying to this programme shall satisfy all the following requirements in HKDSE Examination:

HKDSE Subjects	Core Subjects				Elective Subjects (Best Two)	
	Chinese Language	English Language	Mathematics	Liberal Studies	1 st Elective	2 nd Elective
Level Requirement	3	3	2	2	3	3

Preferred Subjects:

- HKDSE Biology, and
- HKDSE Combined Science with Biology

Additional Requirements:

Preference will be given to those who are competent in written English and Chinese, and in oral English and Cantonese. In addition, students must pass a health check before clinical training.

NON-JUPAS Admission

For details, please visit <http://www.polyu.edu.hk/study>

Enquiries

School of Nursing

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🏠 <http://sn.polyu.edu.hk>

Academic Secretariat

☎ (852) 2333 0600 (24-hour automated service)

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