



School of Nursing

COVER STORY

Issue No.6 August 2017

Young and vulnerable adolescents' involvement in Global AA-HA! Framework

The 68th session World Health Assembly in 2015, endorsed the proposal from the Secretariat to develop an Accelerated Action for the Health of Adolescents (AA-HA!) guidance, in consultation with its Member States, adolescents and young people, other UN organizations and other stakeholders. An adolescent friendly version of the guidance may therefore facilitate the process of adolescents' engagement in consultations. The School was selected by WHO to organise four consultation workshops with young and vulnerable adolescents in the Western Pacific Region. The NGO was selected in a competitive process by organising four face-to-face consultation workshops in September. This project was funded by World Health Organisation, with **Dr Regina Lee** as the PI, **Prof. Maritta Välimäki** as the CO-PI, **Dr Grace Ho** and **Dr Zenobia Chan** as the members.

WHO Funded Project

The World Health Organisation has funded the project, "Mental Health Literacy and Help Seeking Behavior in the Western Pacific". The project involves Cambodia, Fiji, Mainland China and the Philippines. **Prof. Maritta Välimäki** is the PI with the following members: **Dr Angela Leung**, **Dr Daniel Bressington**, **Dr Sau-fong Leung**, **Dr Grace Ho** and **Prof. Alex Molasiotis**. The project started in the end of October 2016.

Participation in WHO regional meeting

The School was invited by the Western Pacific Regional Office, WHO, to participate in the National HIV, Hepatitis and STI Programme Managers' Meeting for selected Asian and Pacific Countries, held from 27 to 30 June 2017 at Manila, the Philippines. **Mr Edmond Tong**, Senior Clinical Associate, was appointed as a temporary advisor and he facilitated one session on "Synergy and Integration for Prevention, Diagnosis and Care". The support of the School was much appreciated by Dr Jacqueline Lo, the Coordinator of the HIV, Hepatitis and Sexually Transmitted Infections Unit.



By implementing the WHO's mandate, the Centre has played a proactive role in strengthening evidence-based community health services and improving the health outcomes of local, regional and global populations since the designation in 2007. In December 2015, the School of Nursing of PolyU was re-designated as a WHO Collaborating Centre for Community Health Services with the following terms of reference:

- To develop and pilot-testing of minimum standards to promote psychosocial aspects of adolescent health in school setting in collaboration with eight WHO CCs in the WHO Western Pacific Region (WPRO) and South-East Asia Regional Office (SERO). The research outcome will support the regional action plans both for the maternal child and adolescent health, and mental health.
- To improve health outcomes by developing and testing effective psychosocial services delivery model/ programme via community-based interventions for people across the life span in Asian countries. The research outcome will support the regional action plans for the non-communicable diseases, psychosocial problems and mental health illness.
- To contribute and influence WHO member states' policies and programmes in matters relating to health service provision through policy, research programmes and education related to WHO CC's activities.

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EVENT HIGHLIGHT

Training of Health Ambassadors to promote health in primary schools

The Health Ambassadors Mentoring Programme 2017 was held on 30 December 2016, at PolyU. This training day camp was organised by the School. A total of 70 health ambassadors from seven primary schools attended the training.

The training workshop was run by ten senior service learning and nursing students. The training was divided into three sessions, which included height, weight and blood pressure measurement, wound caring and first aid demonstration.



The health ambassadors learnt how to measure blood pressure.

The training day camp equipped the health ambassadors with health knowledge to develop a good habit to stay healthy and promote health actively in the primary schools.



The health ambassadors learnt the wound caring skills.

Supports Paediatric Dermatology Symposium

On 18 February 2017, over 300 health care professionals participated in the "2017 Paediatric Dermatology Symposium: Get Ready for the Atopic March", which was organised by Hong Kong Paediatric and Adolescent Dermatology Society, co-organised by Hong Kong Paediatric Nurses Association, Hong Kong School Nurses Association, and supported by the School of Nursing of The Hong Kong Polytechnic University and the Department of Paediatric of the United Christian Hospital.

Local and international experts, including many distinguished well-known researchers and clinicians, were invited to present their research and practices on advanced management in paediatric dermatology.

This symposium provided an update for the health care professionals, which enhanced their competencies in caring for children with atopic eczema and their family members.



OTHER ACTIVITIES



9 September 2016

Dr Regina Lee, Dr Paul Lee, Dr Cynthia Wu, and our PhD student attended a seminar on "Public Health Issues of Excessive use of Internet, Computers, Smartphone and Similar Electronic Devices" on 9 September 2016. The seminar was organised by the Department of Health, Hong Kong. Mental Health Delegate, Dr Bie-Fang Sobel (1st from left) from the WHO WPRO, Manila, also attended the seminar and met with the WHO CC Deputy Director.



5 March 2017

The School's WHO CC supported the Happy Bear Hospital activity organised by the Playright Children's Play Association. At the specialties play booths, our students demonstrated their nursing skills to let children understand the related medical procedures through play.

March - June 2017

The School's WH OCC participated in two online meetings, held among the WHO CCs.

20 October 2016

Dr Regina Lee and Dr Grace Ho attended the ICP21 International Conference on Parenting in the 21st Century on 20 October.



26-29 November 2016

Dr Regina Lee and Prof. Alex Molasiotis attended the Second Regional Forum of WHO Collaborating Centres in Western Pacific. The forum was held in Manila.



May 2017

The WHO Adolescent Health Project Group went to Finland to discuss the preliminary study findings among six countries, and gave presentations in the seminar. They also visited the school nurses and the Finland School Nurses Association.

