

## The Hong Kong Polytechnic University Centre for Gerontological Nursing

# NEWSLETTER

Aug - Nov 2019 Issue

### CENTRE'S HIGHLIGHT

#### *Welcome to new members*

Two new members have joined the Centre.

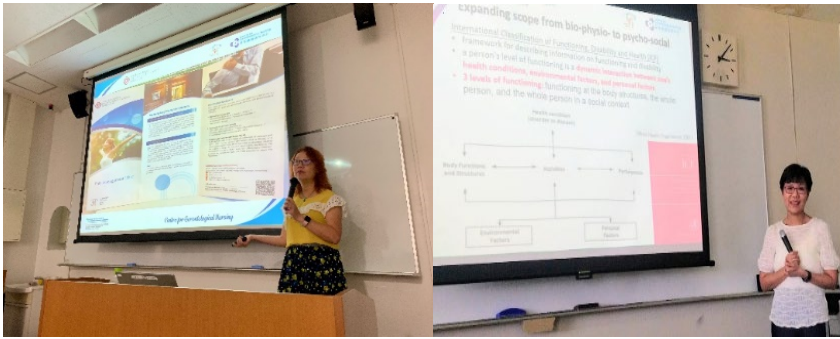


- Miss Angel Tang is a clinical instructor of the School. She was awarded a Bachelor's and Master's degrees at PolyU. She worked as a registered nurse and clinical teacher in the Orthopaedics unit of the United Christian Hospital. She is studying a PhD programme and her research interests are on pain management, aromatherapy and online learning of the community-dwelling older adults and working population.



- Mr Alan Tam, our PhD student, who joined the Centre in September. He was an emergency nurse in a hospital and a lecturer in a nursing college in Macau. He concerns about community health for older adults. He wants to make more contribution to older adults and promote the development of gerontological nursing in his hometown, Macau.

## CURRENT ISSUE



Member of the CGN, Dr Mimi Tse and Dr Justina Liu were invited to give talks in Japan. Dr Tse talked about “Pain Management: Using Peer Volunteers and Mobile Health Application” at the University of Tokyo. Dr Liu spoke about the management of frailty in Okayama Prefectural University.



◀ Dr Daphne Cheung was interviewed by the Hong Kong Council of Social Service. She talked about partnering with community organisations to provide Music-with-Movement to older people with cognitive impairment and their family caregivers. Click [here](#) to view the interview [that reached more than 60000 viewers!].

## RESEARCH & SCHOLARLY ACTIVITIES

### Research projects received funding

Four projects received internal or external funding from August to October. Below are the details:

Project Title	PI	Funding Scheme	Total Grant (HK\$)
Individualised Music Playlist Based on ISO-Principle For De-Escalating Agitation of People Living with Dementia: A Randomised Controlled Feasibility Study	Dr Daphne Cheung	Faculty Collaborative Research Scheme between Social Sciences and Health Sciences	250,000
Effects of a Video-Based Mhealth Program for the Homebound Older Adults: A Pilot Randomized Controlled Trial	Mr Arkers Wong	Nethersole Institute of Continuing Holistic Health Education	119,865
Good Dyadic Relationship between Older Couples with One Having Mild Cognitive Impairment: A Q-Methodology	Dr Daphne Cheung	Nethersole Institute of Continuing Holistic Health Education	111,000
Electromoxibustion and Knee Health Education for Knee Osteoarthritis in Older Adults	Dr Jerry Yeung	Yan Chai Hospital	77,080

## PUBLICATIONS

- Chui, C. H., Tang, J. Y. M., Kwan, C. M., Fung Chan, O., Tse, M., Chiu, R. L. H., Lou, V. W. Q., Chau, P. H., Leung, A. Y. M., & Lum, T. Y. S. (2019). Older adults' perceptions of age-friendliness in Hong Kong. *The Gerontologist*, 59(3):549-558. doi:10.1093/geront/gny052
- Corazzini, K. N., Anderson, R. A., Bowers, B. J., Chu, C. H., Edvardsson, D., Fagertun, A., Gordon, A. L., Leung, A. Y. M., McGilton, K. S., Meyer, J. E., Siegel, E. O., Thompson, R., Wang, J., Wei, S., Wu, B., & Lepore, M. J. (2019). Toward common data elements for international research in long-term care homes: advancing person-centered care. *Journal of the American Medical Directors Association (JAMDA)*, 20(5), 598-603. doi: 10.1016/j.jamda.2019.01.123
- Edvardsson, D., Baxter, R., Corneliusson, L., Anderson, R. A., Beeber, A., Boas, P. V., Corazzini, K., Gordon, A. L., Hanratty, B., Jacinto, A., Lepore, M., Leung, A.Y.M., McGilton, K. S., Meyer, J., Schols, J. M. G. A., Schwartz, L., Shepherd, V., Skoldunger, A., Thompson, A., Toles, M., Wachholz, P., Wang, J., Wu, B., & Zúñiga, F. (2019). Advancing long-term care science through using common data elements: candidate measures for care outcomes of personhood, well-being, and quality of life. *Gerontology & Geriatric Medicine*, 5, 1–15. doi: 10.1177/2333721419842672
- Kwan, R.Y.C., Leung, A.Y.M., Yee, A., Lau, T.L.T., & Dai, D. (2019). Cognitive frailty and its association with nutrition and depression in community-dwelling older people. *The Journal of Nutrition Health and Aging*, 1-6. <https://doi.org/10.1007/s12603-019-1258-y>
- Leung, A. Y. M., Leung, S. F., Ho, G.W.K., Bressington, D., Molassiotis, A., Lam, C., Ligot, J., Valdez, L. P., Lazalita, A., Chhit, S., Chou, P., & Valimaki, M. (2019). Dementia literacy in Western Pacific Countries: a mixed-method study. *International Journal of Geriatric Psychiatry*, 1-11. doi: 10.1002/gps.5197
- Leung, A.Y.M., Chau, P.H., Leung, I.S.H., Tse, M., Wong, P.L.C., Tam, W.M., & Leung, D.Y.P. (2019). Motivating Diabetic and Hypertensive Patients to Engage in Regular Physical Activity: a multi-component intervention derived from the concept of photovoice. *International Journal of Environmental Research and Public Health*, 16(7), 1219. doi:10.20944/preprints201809.0028.v2
- Lipardo, D. S., Leung, A. Y. M., Gabuyo C. M. A., Escuadra, C. J. T., Leung, P. A., Aseron, A. M. C., Hernandez, K. A. V., Diaz, J. B., & Tsang, W. N. T. (2019). Cross-cultural adaptation and psychometric properties of the Falls Efficacy Scale – international in Filipino community-dwelling older adults. *Disability and Rehabilitation*. <https://doi.org/10.1080/09638288.2018.1519045>
- Liu, J.Y.W., Kor, P.P.K., Lee, P.L., Chien, W.T., Siu, P.M. & Hill, K.D. (2019). The effects of an individualized exercise programme plus behavioural change enhancement strategies for managing fatigue in frail older people: a study protocol of a cluster randomized controlled trial. *Physical Therapy*. pii: pzz130. doi: 10.1093/ptj/pzz130
- Tse, M. M. Y., Cheung, K., Ting, S., Lau, E., Tang, A. S. K., Ng, S. S. M. & Yeung S. S. Y. (2019). Pain management clinic: a non-pharmacological multidisciplinary approach. *Jacobs Journal of Clinical Case Reports*, 6(2).
- Tse, M. M. Y., Lukkahatai, N., Cheung, K., Tang, A., Ng, S. & Kwan, R. (2019). International education collaboration using social media in teaching and learning pain management. *Biomedical Journal of Scientific & Technical Research*, 19(2). doi: 10.26717/BJSTR.2019.19.003286

- Tse, M. M. Y., Ng, S. S. M., Bai, X., Lee, P. H., Lo, R., Cheung, D., Cheung, K. & Yeung, S. S. Y. (2019). Lesson learnt from peer volunteers in a peer-led pain management program among nursing home residents. *International Journal of Environmental and Public Health*. doi: 10.3390/ijerph16173097
- Xu, X. Y., Kwan, R., & Leung, A. Y. M. (2019). Factors associated with the risk of cardiovascular disease among family caregivers of people with dementia: a systematic review. *Journal of International Medical Research (JIMR)*. Special Issue: dementia care: what health professions need to know. <https://doi.org/10.1177/0300060519845472>

## OUR PEOPLE

A paper entitled “Fall Prevention in Nursing Homes: Comparison of Local and International Guidelines and Policies” by Ms **Grace Yoon**, Prof **Claudia Lai**, Dr **Justina Liu** and Dr **Rick Kwan** was selected to receive the Master Award at the Annual Meeting and Expo of the American Public Health Association (APHA) in November 2019. Ms Grace Yoon was an intern of the Centre for Gerontological Nursing.

---

### Centre for Gerontological Nursing

School of Nursing, The Hong Kong Polytechnic University  
Hung Hom, Kowloon, HKSAR  
Contact person: Ms. Kiki Chung  
Tel: (852) 2766 6406 Fax: (852) 2334 1124  
E-mail: [sn.cgn@polyu.edu.hk](mailto:sn.cgn@polyu.edu.hk)

Director: Dr Angela YM Leung  
[angela.ym.leung@polyu.edu.hk](mailto:angela.ym.leung@polyu.edu.hk)