

The Hong Kong Polytechnic University Centre for Gerontological Nursing

NEWSLETTER

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CURRENT ISSUE



Dr Angela Leung, Director of Centre for Gerontological Nursing, PolyU, worked with the researchers in Karolinska Institute, Sweden, and presented their work in the Symposium 'Family Caregivers in Caring of Older Persons and Use of mHealth' in Stockholm, Sweden on 16 May 2016. The symposium attracted aging-related practitioners and researchers to participate.



◀ **Dr Daphne Cheung** and her team, Yan Oi Tong introduced "Play Intervention for Dementia" (PID) in several elderly service units and a research was conducted to evaluate its effectiveness. A research report cum sharing session was held to share the research findings and the experience of PID on 7 May 2019.

▶ **Dr. Mimi Tse** was invited as consultant by the Caritas-Hong Kong and offered workshop series on "Introduction of drug treatment and non-drug treatment on musculoskeletal problems" For low-income labourers with musculoskeletal problems from Jan to June 2019.





◀ **Dr. Simon Lam** was invited as an interviewee in Hong Kong Open TV programme (Channel 77) on 15 May 2019 for sharing the happiness index survey in Hong Kong for the past 5 years and comparing such an index with mental capital and external factors.

▶ CGN members (**Dr Eliza Wong, Dr Rick Kwan, Dr Simon Lam, Dr Angela Leung**), Dr Daniel Liu, Dr Lorna Suen, and Prof. Alex Molasiotis joined the 2nd research meeting of the “Nursing Alliance of Research and Knowledge Transfer”, which was held at Jinan University (暨南大学), Guangzhou on 29 May 2019.



RESEARCH & SCHOLARLY ACTIVITIES

Dr. Simon Lam was invited as an expert panel member for assessing the research project of Master Students in Nursing of Zunyi Medical University (Zhuhai) on 25-26th May 2019.



◀ Prof. Alex Molasiotis, Dr Lorna Suen, and **Dr Angela Leung** visited Johns Hopkins University and met with our Departmental Academic Advisor, Prof. Patricia Davidson (Professor and Dean at the School of Nursing, Johns Hopkins).

PUBLICATIONS

- Cheung, K., **Tse, M. M. Y.**, Wong, C. K., Mui, K. W., Lee, S. K., Ma, K. Y., Tung, K. T. S. & Lau, E. P. W. (2019). The effectiveness of a multidisciplinary exercise program in managing work-related musculoskeletal symptoms for low-skilled workers in the low-income community: A pre-post-follow-up study. *International Journal of Environmental and Public Health*. doi: 10.3390/ijerph16091548
- **Tse, M. M.Y.**, Yeung, S., Ho, S., Davidson, P., Cheng, P., Kwan, R. (2019). Frailty is associated with pain and cognitive function in older people in post-acute care settings. *Geriatric Nursing*. Doi.org/10.1016/j.gerinurse.2019.04.001
- Ng, S. S. M., **Tse, M. M. Y.**, Kwong, P. W. H., Fong, I. C. K., Chan, S. H., Cheung, T. C. H., Ko, H. L., Yan, D. M. H., & Lai, C. Y. Y. (2018). Reliability of the Maximal Step Length Test and Its Correlation with Motor Function in Chronic Stroke Survivors. *BioMed Research International*. <https://doi.org/10.1155/2018/6985963>.
- **Liu JYW., Kor PPK., Lee PL., Chien WT., Siu PM, Hill K (Accepted)**. The effects of an individualized exercise programme plus behavioural change enhancement strategies for managing fatigue in frail older people: a study protocol of a cluster randomized controlled trial. *Physical Therapy [Impact Factor: 2.526]*.
- **Kor PPK., Liu JYW., & Chien WT** (2019) Effects of a modified mindfulness-based cognitive therapy for family caregivers of dementia in stress reduction: study protocol for a randomized controlled trial. *Trials*. 20:303 doi: 10.1186/s13063-019-3432-2. [Impact Factor: 2.067].
- **Kwan RYC., Cheung DSK., Lo SKL., Ho LYW., Liu JYW.** (2019). Frailty and its association with Mediterranean diet, life-space, and social participation in community-dwelling older people. *Geriatric Nursing*. doi: 10.1016/j.gerinurse.2018.12.011 [Impact Factor: 1.541]
- Ko SY, Leung, D.Y , **Wong E.M.L.**(2019) Effects of easy listening music intervention on satisfaction, anxiety, and pain in patients undergoing colonoscopy: a pilot randomized controlled trial. *Clinical Intervention in Aging*, 977—986. **OI** <https://doi.org/10.2147/CIA.S207191> Impact factor Impact Factor: 2.505 (5 year impact 2.963). **Corresponding author:** Wong EML)
- Wang, Q., Chair, S. Y., **Wong E.M.L.**, Taylor-Piliae, Chen, X. H.Q , Li, X.M. (2019) Metabolic Syndrome Knowledge among Adults with Cardiometabolic Risk Factors: A Cross-Sectional Study. *International Journal of Environmental Research and Public Health*. doi:10.3390/ijerph160101591 (Impact Factor: 2.468 (2018); 5-Year Impact Factor: 2.948 (2018)

OUR PEOPLE

Congratulation to **Dr. Mimi Tse** as she is promoted as Associate Professor and **Dr. Daphne Cheung**, she is promoted as Assistance Professor recently.

Big congratulations to Ms **Wang Shan Shan**, the PhD student who was awarded with Fullbright Scholarship in supporting 8-month exchange with the Hohn Hopkins University.



Mr **Patrick Kor** was awarded the Pi Iota Chapter scholarship to support his project titled “Effects of a Modified Mindfulness-Based Cognitive Therapy for Family Caregivers of People with Dementia: A Pilot Randomized Controlled Trial With a 3-Month Follow-Up”.

EDUCATIONAL / TEACHING & LEARNING

Ms Phyllis Pang, Dr Wong Wai Kit and Mr Oscar Chung led groups of students to Cambodia and Indonesia for service learning. The visits aimed to promote healthy lifestyle to community residents living in slums and remote villages through health surveys and education.



Centre for Gerontological Nursing

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