

The Hong Kong Polytechnic University Centre for Gerontological Nursing

NEWSLETTER

Nov 2018 – Jan 2019 Issue

CENTRE'S HIGHLIGHT

Congress on long term care & gerontology and seminar on cross-border elderly care

The Centre and Hong Kong Association of Gerontology co-organised the the 15th World Congress on Long Term Care in Chinese Communities cum 25th Annual Congress of Gerontology & 7th Cross-border Elderly Care Seminar on 29 November to 1 December 2018 at PolyU. The event brought together 600 academics, policy makers, and practitioners from Mainland China, Taiwan, Macau, Hong Kong, Australia and the USA to participate. The CGN took the lead to organise two nursing symposiums, namely Gerontechnology and Nursing Care and Symptom Management, and a pain management workshop.



◀ Dr. Angela Leung, Director of CGN and the CGN members in the Congress.

Dr. Rick Kwan led his students to win the 2nd runner-up in the outstanding paper presentations in the World Congress. The paper titled “The Predictors for Transitions of Frailty Status among Older Adults in Hong Kong: A 5-year Longitudinal Study” was a secondary analysis using the Centre’s frailty dataset.

The presenting student, Mr Ka-shun Wong, a year-5 student on the BSc (Hons) in Mental Health Nursing programme, is the first-ever awardee of the CGN Young Researcher Scholarship. The scholarship supports students to achieve high academic standard and present their work in regional/international conferences.



Dr. Rick Kwan and the presenting students

CURRENT ISSUE



◀ (22 to 25 Nov 2018)

The Centre for Gerontological Nursing participated in the Gerontech and Innovation Expo cum Summit, held at the Hong Kong Convention and Exhibition Center. Upper photo: Mr Lawrence Poon (right), Chief Manager (Nursing) / Chief Nurse Executive, the Hospital Authority, visited the PolyU booth. Lower photo: A nursing student introduced the research findings of the Centre to the visitor.

RESEARCH AND SCHOLARLY ACTIVITIES

Consultation sessions on research proposal writing and paper for publications & Seminar on the Development of Cancer Care Research in Australia on 19-20 Nov 2018 with Prof. Jane Philips, Director IMPACCT, Professor of Palliative Nursing, ImpACCT, Faculty of Health, University of Technology Sydney, Australia. ▶



◀ Prof. Jane Philips is paying a visit to the CGN.



Research grant

The CGN team have been granted with HK\$953,224 in the MOOC research & teaching projects:

1. Feasibility of using the smartphone to measure gait and life-space in older people with mild cognitive impairment, funded by PolyU in 2019 (HKD200,000), PI: Rick Kwan
2. Intelligent dementia risk prediction system with community health profile of elderly, funded by ITF-MRP, 2019 (HKD3,200,000), PI: Thomas Choi, Co-I: Harry Qin and Rick Kwan
3. Managing Frailty in daily living through collaborative approach: A MOOC project, 2019 (HKD953,224), project leader: Rick Kwan, CGN team member: Angela Leung, Justina Liu, Daphne Cheung, Patrick Kor.

PUBLICATIONS

- Wang, S.S., Cheung, D.S.K. & Leung, A.Y.M. (2018). Overview of dementia care of the three-tier long-term care system of China. *Public Health Nursing*. doi: 10.1111/phn.12573
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- Paasche-Orlow, M., Schillinger, D., Weiss, B. D., Bickmore, T., Cabral, H., Chang, P., Bailey, S. C., Dewalt, D. A., Fernandez, A., Fransen, M., Leung, A., McCaffery, K., Meade, C. D., McCormack, L. A., Protheroe, J., Parker, R., Rothman, R., Rubin, D., Rudd, R., Sorensen, K., Von Wagner, C., Wolf, M. S., Shonna Yin, H. & Ownby, R. L. (2018). Health literacy and power. *Health literacy Research and Practice*, 2(3), e132-133. <https://doi.org/10.3928/24748307-20180629-01>
- Leung, A. Y. M., Leung, I. S. H., Liu, J.W.Y., Ting, S. & Lo, S. (2018). Improving health literacy and medication compliance through comic books: a quasi-experimental study in Chinese community-dwelling older adults. *Global Health Promotion - Special issue in health literacy*, 25(4), 67-78.
- Kwan, R.Y.C., Cheung, D.S.K., & Kor, P.P.K. (2018). The use of smartphones for wayfinding by people with mild dementia. *Dementia*. <https://doi.org/10.1177/1471301218785461>
- Cheung, D.S.K., Ho, K.H.M., Cheung, T.F., Lam, S.C., & Tse, M.M.Y. (2018). Anticipatory grief of spousal and adult children caregivers of people with dementia. *BMC Palliative Care*, 17, 124. <https://doi.org/10.1186/s12904-018-0376-3>
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- Cheung, D.S.K., Lai, C.K.Y., Wong, F.K.Y. & Leung, M.C.P. (2018). Is music-with-movement intervention better than music listening and social activity for alleviating agitated behaviours of people with moderate dementia? a randomized controlled trial. *Dementia*. <https://doi.org/10.1177/1471301218800195>
- Yee, A., Tsui, N. B. Y., Chang, Y. N., Au, C. S. M., Fok, M., Lau, L-T., Chung, T., Cheng, G., Kwan, R. Y. C., Leung, A. Y. M., Lau, J. Y. N. & Dai, D. L. K. (2018). Alzheimer's disease: insights for risk evaluation and prevention in Chinese population and the need of a comprehensive program in Hong Kong/China. *Hong Kong Medical Journal*, 24(5), 492-500. doi: 10.12809/hkmj187244
- Kor, P.P.K., Chien, W.T., Liu, J.Y.W. & Lai, C.K.Y. (2018) Mindfulness-based intervention for stress reduction of family caregivers of people with dementia: a systematic review and meta-analysis. *Mindfulness*, 9(1) doi: 10.1007/s12671-017-0751-9

Yong, Y., Anderson, R.A., Wu, B., Scales, K., McConnell, E., Leung, A.Y.M. & Corazzini, K. (2018). Resident challenges with pain and functional limitations in Chinese residential care facilities. *The Gerontologist*. doi:10.1093/geront/gny154

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Ng, S. S. M., Tse, M. Y. M., Tam, E. W. & Lai, C. Y. Y. (2018). The psychometric properties of the toe tap test in people with stroke. *Disability and Rehabilitation*. 1-9. doi: [10.1080/09638288.2018.1479454](https://doi.org/10.1080/09638288.2018.1479454)

Conference presentation

Ms Lily Ho and Phyllis Pang have an oral presentation on “Learning through reflection: enhancing nursing students experiences of primary health care placement” in the third International Conference on Service-Learning on 10-12 Jan 2019.

Ms Phyllis Pang and her team has presented orally a paper on “The Challenge of integrating leadership development and global citizenship into service-learning in higher education” in the third International Conference on Service-Learning on 10-12 Jan 2019.

OUR PEOPLE

- *Dr Angela Leung* received the recognition as the “Distinguished Educator in Gerontological Nursing” by the National Hartford Center for Gerontological Nursing Excellence (NHCGNE). The award was presented to her at the 2018 NHCGNE Leadership Conference on Aging, held on 13-14 November, 2018 in Boston, the USA. She was also one of the facilitators of the networking luncheon session (topic: International Collaborations) in the conference.
- *Dr Claudia Lai* has been elected as one of the Board of Directors of the National Hartford Center for Gerontological Nursing Excellence for the term 2018-2020.
- *Dr Claudia Lai* received the Fellow Golden Award and *Ms Phyllis Pang* received the Fellow Recognition Award from the Hong Kong Academy of Nursing on 3 November 2018.

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