

# The Hong Kong Polytechnic University Centre for Gerontological Nursing

# NEWSLETTER

Aug – Oct 2018 Issue

## CURRENT ISSUE

### CGN sharing of care for older people on Radio 5, RTHK

Eleven CGN members are on air on the Radio 5 RTHK, starting from August. The radio programme our members involved is called “長青總有理”. CGN members present 26 episodes of the programme to disseminate the research findings of the Centre to the public. The programme reaches 2000 registered older adults and many thousands of people in HK.

Live broadcasting is from 8:30pm to 9:00pm every Friday from 31 August 2018 to 22 February 2019. You can re-listen to an episode of the programme at 5pm on Saturdays and Sundays, or via the Internet:

[http://www.rthk.hk/radio/radio5/programme/elderly\\_selfmanagement](http://www.rthk.hk/radio/radio5/programme/elderly_selfmanagement)



#### 《長青總有理》

THE HONG KONG  
POLYTECHNIC UNIVERSITY  
香港理工大學



Centre for  
Gerontological Nursing  
老年護理研究中心

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- 第十三課 慮老: 長者及專業人員看法
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- 第二十五課 預防認知障礙症
- 第二十六課 院舍長者的生活質素: 什麼是他們看重的

## RESEARCH & SCHOLARLY ACTIVITIES



◀ Dr. Kirsten N. Corazzini, PhD, FGSA, Associate Professor, Duke University School of Nursing, Senior Fellow, Duke Center for the Study of Aging and Human Development

### Visitors from Karolinska Institutet, Sweden

Dr Cecilia Moberg (15 Oct-26 Oct)  
Dr Hanne Konradssen (31 Oct-8 Nov).

#### *Seminars:*

Topic: Caring for the elderly in Sweden: Clinical and psychological strategies  
Speaker: Dr Cecilia Moberg  
Date: 19 Oct

Topic: Working with family members in nursing care: Family nursing practice in a Nordic perspective  
Speaker: Dr Hanne Konradssen  
Date: 02 Nov  
Time: 12:30-13:30  
Venue: GH501



## PUBLICATIONS

- Cheung, D.S.K., Lai, C.K.Y., Wong, F.K.Y., & Leung, M.C.P. (2018). Is music-with-movement intervention better than music listening and social activity for alleviating agitated behaviours of people with moderate dementia? A randomized controlled trial. *Dementia*. Advance online publication: <https://doi.org/10.1177/1471301218800195>
- Lam, S. C. \*, Chan, Z. S. L., Chong, A. C. Y., & Wong, W. W. C. (2018). Adaptation and validation of Richmond Compulsive Buying Scale in Chinese population. *Journal of Behavioral Addictions*, 7(3), 760-769. doi: 10.1556/2006.7.2018.94 (IF: 3.63)
- Leung, A. Y. M., Xu, X., Chau, P. H., Yu, E. Y. T., Cheung, M. K. T., Wong, C. K. H., Fong, D.Y.T., Wong, J. Y. H., Lam, C. L. K. (2018). A mobile app for identifying individuals with undiagnosed diabetes and prediabetes and changing behavior: 2-year prospective study. *JMIR mHealth uHealth*, 6(5), e10662. (IF: 4.636) doi:10.2196/10662
- Paasche-Orlow, M. Schillinger, D., Weiss, B. D., Bickmore, T., Cabral, H., Chang, P., Bailey, S. C., Dewalt, D. A., Fernandez, A., Fransen, M., Leung, A., McCaffery, K., Meade, C. D., McCormack, L. A., Protheroe, J., Parker, R., Rothman, R., Rubin, D., Rudd, R., Sorensen, K., Von Wagner, C., Wolf, M. S., Shonna Yin, H., Ownby, R. L. (2018). Health literacy and power. *Health literacy Research and Practice*, 2(3), e132-133. <https://doi.org/10.3928/24748307-20180629-01>
- Xu, X., \*Leung, A. Y. M., Chau, P. H. (2018). Health literacy, self-efficacy and associated factors among patients with diabetes. *Health Literacy Research and Practice*, 2(2), e67-e77. <https://doi.org/10.3928/24748307-20180313-01>
- Tse, M.M.Y., Kwan, R.Y.C., Cheung, D.S.K., Ng, S.S.M., Lee, P.H., Tang, S.K., & Yeung, S.S.Y. (2018). Effects of Play Activities Programme for Nursing Home Residents with Dementia on Pain and Psychological Well-being: Cluster RCT. *Geriatrics & Gerontology International*. Advance online publication: <https://doi.org/10.1111/ggi.13509>

## OUR PEOPLE

Ms Shirley Lo has been awarded a PhD from the University of Sheffield. Congratulations!

## EDUCATIONAL / TEACHING & LEARNING

**Dr. Angela Leung** has been awarded as 'Distinguished Educator in Gerontological Nursing' by the National Hartford Centre for Gerontological Nursing (NHCGNE), USA. Presentation of award will be held in Boston, USA in November 2018.



**Dr Claudia Lai**, Honorary Professor of the School, was inducted into the International Nurse Researcher Hall of Fame on 21 July at the International Nursing Research Congress, Sigma Theta Tau International Honor Society of Nursing, in Melbourne, Australia. She has also been selected as one of the outstanding fellows awarded with the "Certificate of Gold Merit". The award is given by the Hong Kong Academy of Nursing in recognition of her dedication and achievement in nursing.

◀ *Dr Claudia Lai (2<sup>nd</sup> row, 1<sup>st</sup> from right) and the 2018 inductees.*

**Dr. Mimi Tse** was invited to talk on "Pain & related situations among frail older adults in Yan Chai Hospital: a cross-sectional study" organized by Yan Chai Hospital on 13 July 2018.

**Dr. Mimi Tse** was invited to give a lecture on "Non-drug pain management" on 13 Sept 2018 for Hong Kong Association of Gerontology.

**Dr. Simon LAM** was invited by non-profit group the "HK.WeCARE, Wofoo Social Enterprises" to conduct the Annual survey of Hong Kong Happiness Index 2018. The study was conducted in September 2018, and the results were released on 20 September through the press conference and was reported by nine local news as well.



**Ms Sylvia Ting**, **Mr Oscar Chung** and **Mr Hon-fat Wong** had conducted workshops on "Positive Emotion Management Workshop" in Integrative Health Clinic (IHC) at 24 & 31 Aug 2018. Participants found the workshop was useful, especially the Chinese Medicine approach to emotion and mental health.

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