

The Hong Kong Polytechnic University Centre for Gerontological Nursing

NEWSLETTER

May-Jul 2018 Issue

CURRENT ISSUE

Collaboration with Karolinska Institutet, Sweden in gerontechnology research

This is the first time that members of the Centre (Dr Angela Leung and Dr Daphne Cheung) have collaborated with the Swedish researchers (Zarina Nahar Kabir) in a gerontechnology research study. The study was funded by the Karolinska Institutet (KI) – PolyU collaborative research fund.

Further to this collaboration, the project team has just secured a funding of SEK 3.5 million from the Kamprad Foundation, Sweden, for investigating the use of mobile app to alleviate stress among caregivers of persons with dementia.

Welcome new member

The Centre welcomes Dr Simon Lam to join as a new member. Dr Lam was graduated from The Chinese University of Hong Kong (CUHK) in 2001 and worked as a registered nurse at the Prince of Wales Hospital in various specialties. He obtained his Master of Science in Clinical Gerontology in 2004 and PhD in Nursing in 2015 from CUHK. Dr Lam started his academic career in 2006 as Lecturer and was promoted to Assistant Professor in 2011 at The Open University of Hong Kong. His research interests are the investigation of quality of life and frailty of older people. Dr Lam has performed professional service in the Nursing Council of Hong Kong as a co-opted member of the Enrolled Nurse (General) Examination Sub-committee and a member of the sub-group for Syllabus and Core-competences for Training of Enrolled Nurse (General).



RESEARCH & SCHOLARLY ACTIVITIES

PUBLICATIONS

- Kwan, R.Y.C., Cheung, D.S.K., & Kor, P.P.K. (2018). The use of smartphones for wayfinding by people with mild dementia. *Dementia* (accepted for publication, Impact Factor: 1.768)
- Yee, A., Tsui, N.B.Y., Chang, Y.N., Au, C.S.M., Fok, M., Lau, L.T., Chung, T., Cheng, G., Kwan, R.Y.C., Leung, A.Y.M., Lau, J.Y.N., & Dai, D.L.K. (2018) Alzheimer's disease: Insights for risk evaluation and prevention in Chinese population and the need of a comprehensive program in Hong Kong/China. *Hong Kong Medical Journal* (accepted for publication, Impact Factor: 1.111)
- Cruz, J. P., Felicilda-Reynaldo, R. F. D., Lam, S. C., Contreras, F. A. M., Cecily, H. S. J., Papathanasiou, I. V., ... & Colet, P. C. (2018). Quality of life of nursing students from nine countries: A cross-sectional study. *Nurse Education Today*, 66, 135-142. (Impact Factor: 2.067)

Oral presentation

- Kor, P. P. K., Liu, J. Y. W. & Chien, W. T. (2018) The use of mindfulness-based intervention for stress reduction in the family caregivers of people with dementia (Collaborated with HKYWCA). 13th HKEC Symposium on Community Engagement 2018. Hong Kong.

Poster presentation

Award: Scientific Paper Award to Lily Ho & Phyllis Pang on poster presentation:

- Pang, P. C. P., & Ho, L. Y. W. (2018). *Nurturing future nurses to provide sustainable quality gerontological care through primary health care practicum*. Paper presented at the Hong Kong College of Gerontology Nursing Scientific Meeting Cum AGM 2018, Hong Kong, on 26 May 2018.
- Lam, S. C., & Chong A. C. Y. (2018). *Psychometric properties of WHOQOL-BREF for the use in measuring the Chinese residential care home elders*. Paper presented at the 16th ISQOLS Annual Conference: Promotion of Quality of Life in the changing world (organized by International Society for Quality-of-Life Studies (ISQOLS)), Hong Kong, on 15 June 2018.
- Lam, S. C. (2018). *Sensitivity and specificity of face validation in determining the comprehensibility of older people on quality of life items*. Paper presented at 2018 American Geriatrics Society Annual Scientific Meeting (organized by The American Geriatrics Society), Orlando, United States on 4 May 2018.

- Ho, C. N., Lam, S. C., Lau, H. W., Ho, K. Y., Law C. Y., Lam, W. K., Ng, W. Y., Ng, W. Y., Cheung, L. S., Chow W. Y., Ng, Y. M., Chung H. T. (2018). *Prevalence of frailty among community-dwelling older people: Preliminary data analysis*. Paper presented at 2018 American Geriatrics Society Annual Scientific Meeting (organized by The American Geriatrics Society), Orlando, United States on 4 May 2018.
- Lau, H. W., Lam, S. C., Ho, C. N., Ho, K. Y., Law C. Y., Lam, W. K., Ng, W. Y., Ng, W. Y., Cheung, L. S., Chow W. Y., Ng, Y. M., Chung H. T. (2018). *Comparison of frailty of elders living in community and residential care homes: To what extent*. Paper presented at 2018 American Geriatrics Society Annual Scientific Meeting (organized by The American Geriatrics Society), Orlando, United States on 4 May 2018.

EDUCATIONAL / TEACHING & LEARNING



RTHK 5 Radio programming

Dr Mimi Tse was an invited speaker for the RTHK5 radio programme on pain in elderly. She talked about peer volunteers among older adults in managing pain, and the programme was on air on 27 April.

Primary Health Care practicum

Phyllis Pang and Lily Ho delivered community services entitled “Healthy lifestyle promotion to community-dwelling older people / frail older people” with 22 students from March to April 2018. There were a total of 75 service recipients.

Patrick Kor delivered a community project entitled "Caring the people with dementia and their caregivers" in Tuen Mun elderly center with four students from Jun to Aug. There were a total of 30 older people and their caregivers.



Educational workshop

Patrick Kor and Dr. Rick Kwan were invited to deliver a two-day workshop for the research students in the School of Nursing, Zhengzhou University about cognitive health and community care in gerontology. There were a total of 30 nursing students attending the workshop.

EDUCATIONAL / TEACHING & LEARNING



Daphne Cheung has kicked off a project "Partnership with the Community to improve the psychosocial wellbeing of people with early dementia or mild cognitive impairment, and their caregivers with music intervention". In this project, over 140 volunteers will be trained to support around 80 families recruited from 7 NGOs.

Phyllis Pang has provided a workshop on "art therapy and emotional well-being" for the open day of Integrated Health Clinic, School of Nursing, PolyU on 25 May 2018.



Service-Learning trip

Phyllis Pang and Dr. Wong Wai Kit have led a team of 40 students and 6 student leaders going to Cambodia conducting health assessment and promotion of healthy lifestyle. The service-learning project was collaborating with local stakeholders including "Royal University of Phnom Penh", "Young People Do" and "Bopha Foundation" serving with estimated 200 service-recipients living in slum and rural area from 29 May to 14 Jun 2018.



Dr. Daphne Cheung was invited to be a speaker for Summer School 2018 for Nursing Postgraduates Zhanjiang University in 2 –3 July 2018, and was appointed as Visiting Professor for a three-year term.

Centre for Gerontological Nursing

School of Nursing, The Hong Kong Polytechnic University
Hung Hom, Kowloon, HKSAR
Contact person: Ms. Kiki Chung
Tel: (852) 2766 6406 Fax: (852) 2334 1124
E-mail: sn.cgn@polyu.edu.hk

Director: Dr. Angela YM Leung
angela.y.m.leung@polyu.edu.hk