

The Hong Kong Polytechnic University Centre for Gerontological Nursing

NEWSLETTER

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CURRENT ISSUE

The 6th Cross-Border Elderly Care Seminar (2017-18)

CGN collaborated with the Hong Kong Society for Rehabilitation, the Institute of Active Ageing, the Helping Hand, Hong Kong Association of Gerontology, Sau Po Centre on Ageing, Asian-Pacific Institute of Ageing, and Hong Kong LingNan University to organise the 6th Cross-Border Elderly Care Seminar themed “The Opportunities of Cross-border Medical Services under Cross-border Elderly Care” on 8 December 2017.



In this year, the seminar focused on “The Opportunities of Cross-border Medical Services under Cross-border Elderly Care” was held on 8th Dec 2017 collaborators including Centre of Gerontological Nursing of the School of Nursing of PolyU, the Hong Kong Society for Rehabilitation, the Institute of Active Ageing, the Helping Hand, Hong Kong Association of Gerontology, Sau Po Centre on Ageing, Asian-Pacific Institute of Ageing. Hong Kong LingNan University. Keynote speakers include Dr. Pamela LEUNG, (Chief Executive Officer, the Hong Kong Society for Rehabilitation) has given the welcoming speech, while Mr. Antony LEUNG Kam-chung, (Group Chairman Nan Fung Group & New Frontier Group), Ms. CHANG King-yiu JP, (Permanent Secretary for Labour and Welfare, Labour

and Welfare Bureau) Dr. LAM Ching-choi, BBS, JP (Chairman, Elderly Commission), and Mr. WONG Kwok-kin, SBS, JP (Vice President, The Hong Kong Federation of Trade Unions) had shared their point of views from different perspectives of stakeholders.



EDUCATION and SCHOLARLY ACTIVITIES

Granted research project

The research project "Partnership with the Community to Improve the Psychosocial Well-being of people with dementia and caregivers with music intervention" was awarded a grant of around HK\$1.4 million from the Ho Cheung Shuk Yuen Charitable Foundation. This project aims to empower the community by training staffs working with people with cognitive impairment or their caregivers, and volunteers to support the delivery of an evidence-based music intervention to improve the wellbeing of the family with people with early dementia or mild cognitive impairment. The research team (Daphne Cheung, Claudia Lai, Lily Ho and Daniel Lai) appreciated the financial support from the Foundation and the School in this translational research to create impacts on the community.

Eliza Wong (PI) and **Angela Leung** (co-I) has obtained a Start Up Grant of HK \$ 400,000 for the research project entitled “ Integrating e-health technology into a life style intervention programme on exercise behavior, depression and quality of life in soon-to-be aged adult with metabolic syndrome –A feasibility study”.

Rick Kwan is granted with "The use of persuasive technology to promote moderate-vigorous physical activity (MVPA) through habitual brisk walking in the free-living environment of the older people with mild cognitive impairment (MCI): A feasibility study", funded by New Staff Startup Fund, PolyU in 2017 (HKD400,000)



Phyllis Pang was invited to participate in the assessment exercise for Hong Kong Academy of Nursing on 11 Nov 2017. It was a valuable experience for the Assessment Team Members and the efforts of the College were much appreciated by the Chair of HKAN Education Committee.

◀ The Assessment Team: (Front row, left to right) Ms. Helena LI, Dr. Marcus CHIU, Ms. Alice SHAM – Chair, HKAN Education Committee, Dr. Eva DUNN, Ms. Phyllis PANG.

PUBLICATIONS

Conference attendance

- **Kwan, R.Y.C.**, Leung, M.C.P., & Lai, C.K.Y. (2017). Acupressure on agitation and stress in nursing home residents with dementia. (Poster presentation, Association of Alzheimer International Conference 2017, London, England, July 16-20, 2017).
- **Kwan, R.Y.C.** (2017) Use of flipped classroom teaching to promote students' active learning. (Poster presentation, Sigma Theta Tau International Biennial Convention, Indianapolis, USA, Oct 28 - Nov 1, 2017).
- **Shanshan Wang, Daphne S.K. Cheung, Angela Y.M. Leung** (2017). Future opportunities and challenges of dementia care services in Mainland China. (Poster presentation) HKAG 24th Annual Congress of Gerontology on 18 November 2017.

OUR PEOPLE

We are proud of our students. A team of students under **Rick Kwan's supervision** were selected to present their final year study in the outstanding paper presentation section at the 24th Annual Congress of Gerontology. The title of their paper is "The Association between Mediterranean Diet and Frailty in Community-Dwelling Older People in Hong Kong: A Preliminary Result Of an Ongoing Cross-Sectional Study".



Visit to Zhaoqing Home for the Elderly

Jacky Fong has joined the post-seminar visit of the 6th Cross Border Elderly Care Seminar to the Hong Kong Jockey Club Helping Hand Zhaoqing Home for the Elderly. To explore the real living environment, daily activities

And different facilities of the elderly home on 9 December 2017.



Centre for Gerontological Nursing

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