

Feature story: Round table meeting for Dementia-

The Centre for Gerontological Nursing (CGN), Mental Health Care Theme of the School of Nursing, the HK Polytechnic University and Hong Kong Alzheimer's Disease Association (ADA), have organized the '*Round-table meeting for Dementia Care Services, Research and Policy in Hong Kong*' on 23 Sept 2017.

Dr Tak-yi Chui, the Acting Secretary for Food and Health, Government of the Hong Kong Special Administrative Region was invited to be the Guest of Honor. Dr David Dai from HK Alzheimer's Disease Association and Dr Gloria Wong from Department of Social Work and Social Administration of The University of Hong Kong were also invited to be the keynote speakers.

After the keynote speech, **Dr Angela Leung** moderated a panel discussion which gathered health professionals, social service senior management/professionals, and active researchers' views on dementia services development in the community of Hong Kong. Another floor discussion section was moderated by CGN members. Information collected in this meeting will be used to formulate a paper to response to the recommendations made in the Mental Health Review Report, Food and Health Bureau which was released in April 2017. A total of 68 participants joined the event.



Grant

Congratulate Dr. Justina Liu for getting General Research Fund, The University Grants Committee (UGC) on project titled "Evaluation of an individualized exercise programme plus behavioural change enhancement strategies for managing general fatigue in community-dwelling frail older people: a cluster-randomized controlled trial". (HK\$ 765,648)

Publications

Butcon, J & Chan, EA. (2017). Certainty in uncertainty: Our position on culture, focused ethnography, and researching older people. *International Journal of Qualitative Methods*, vol. 16, 1–9.

Ng, S.S.M., Chan, S. C. L., Chan, A. K. Y., Chung, H. H. Y., Lee, N. K. W., Ngan, A. T. S., & Tse, M. M.Y. (2017). Reliability and concurrent validity of standardized walking obstacle course test in people with stroke. *Journal of Rehabilitation Medicine*. DOI: 10.2340/16501977-2265.

Yu, L., Tse, M. Y. M., & Lai, C. (2017). Effect of gentle manual pressure on neonatal pain during heel prick: a randomized crossover trial. *British Journal of Midwifery*. DOI: org/10.12968/bjom.2017.25.5.3 09

Chan, P., Tou, J. I. F., Tse, M. Y. M., & Ng, S. S. M. (2017). The Reliability and Validity of the Timed Up and Go (Motor) Test for People with Chronic Stroke. *Archives of Physical Medicine and Rehabilitation*. DOI: 10.1016/j.apmr.2017.03.008

Conference Paper

Tse, M. Y. M. (2017). Mobile technology in medication management for older adults: Feasible and effective. In 21st IAGG World Congress of Gerontology and Geriatrics, organised by International Association of Gerontology and Geriatrics. 23rd-27th July 2017. San Francisco. US.

Tse, M. Y. M., Budnick, A., Boo, S., Hiroki, F., & Noriko, Y. M. (2017). Pain and Related Situations Surrounding Older Adults: An International Perspective. In the symposium on Pain Management in 21st IAGG World Congress of Gerontology and Geriatrics, organised by International Association of Gerontology and Geriatrics. 23rd -27th July 2017. San Francisco. US.



Invited speech

Ms Phyllis Pang was invited to share talks on "Care for older people in Hong Kong" to two groups of exchange students with medical, health care and para-medical background from Mainland for the Institute of Professional Education of Hong Kong Baptist Hospital on 15 & 30 Aug 2017.

Dr. Mimi Tse was invited as the guest speaker for the captioned talk “香港老人特色醫護服務”, organized by the Institute of Professional Education, Hong Kong Baptist Hospital on 23 Aug 2017.

Dr. Mimi Tse was invited as the speaker for workshop series for Occupation health training course organized by Caritas-Hong Kong; topic on “Introduction of drug treatment and non-drug treatment on musculoskeletal problems” from 18 Sept – 11 Oct 2017.

Student leadership development- the "Self-Initiated Project"

Ms Phyllis Pang act as the consultant for 11 student leaders, who have jointed the SL trip of "Healthy lifestyle challenges in developing communities" in previous year. They have submitted a proposal of Self-Initiated Project named "Empowerment on fundamental health concepts in developing countries". The SIP was granted with funding at \$44,500.00 under the PolyU Community Service Fund Student Service-Learning Grants 2016/17. The students took their initiatives in drafting, submitting, presenting, planning, implementing, and evaluating the entire project on their own. It was a great success of the students of SIP in terms of service provision, leadership development and professional exposure in humanitarian application on promoting fundamental health concepts to people living in deprived communities like the slum and HIV orphanage. Phyllis has gone to Phnom Penh in supporting the SIP team in Cambodia on 21-25 Aug 2017.



Phyllis and the self-initiated project team in Sen Sok slum of Cambodia.

Visit to Division of Geriatric, USA

Ms Shirley Lo has recent visited to the Division of Geriatric, St Louise University of the States. During the visit, I had a chance to see the Nursing Home where Dr. John Morley – our CGN Board Advisor, is the in-charge MD. They are keen to provide a friendly and safe environment to the residents there.



Right to left: Dr. John Morley, Patty Abele, FNP, and Shirley Lo.

Our people

Dr. Justina Liu has kindly taken up the position as Deputy Director for CGN from 1 September 2017.

Welcome to the new members of CGN:

Dr. Eliza Wong is an assistant professor in School of Nursing, Hong Kong Polytechnic University since 6 Sept 2017. She has an extensive clinical experience, an academic and researcher in cardiovascular nursing, eHealth intervention for older adults and supportive care for elderly with chronic disease in the community. Her research interests are in health promotion through e-health educational intervention and preventive care in cardiovascular care, diabetes care and other chronic disease. Her grants and international publications encompass a number of RCT studies in health promotion in cardiac care and gerontological nursing. She has published more than 35 peer-reviewed journal articles and over 40 international conference papers. In addition, she also involves as an International Advisory Board member of International Emergency Nursing as well as a peer reviewer for three international nursing refereed journals. She is now currently serving as the vice chairperson of Hong Kong Society of Nursing Education Ltd.



Dr. Eliza Wong

Ms Wang Shan Shan (PhD student) – After her graduation of Master degree, she worked in a university in Mainland China for four years. She acts as PI for two research projects, and Co-PI for four projects during that period. She’s now doing her PhD study in School of Nursing, PolyU under the supervision of Dr. Daphne Cheung and Angela Leung with research area on dementia care. She would like to develop a research program on providing better home care for people with dementia. Thus, she would like to participate in gerontological nursing.



Ms Wang Shan Shan

Ms Xu Xinyi (PhD student) – Shirley XU is a PhD student of Dr. Angela LEUNG in school of Nursing, the Hong Kong Polytechnic University since September 2017. She has completed her MPhil study in The University of Hong Kong and undergraduate study in Peking Union Medical College. She is a registered nurse in mainland of China. Her research area is elderly health promotion. She is interested in disseminating health information of diabetes care through mobile application. She has done many presentations in local, Asian and International conferences. And has won the championship of Trans-disciplinary Challenge Award Team Competition in HKU.



Ms Xu Xinyi