

Centre for Gerontological Nursing

RESEARCH AND SCHOLARLY ACTIVITIES

Meetings for research collaboration

Dr Angela Leung, Dr Daphne Cheung, Prof. Alice Loke and Prof. Alex Molasiotis met with the School of Health Sciences of Macao Polytechnic Institute (Prof. Ming Liu and the team) and Kiang Wu Nursing College of Macau (Dr Florence Van and the team) on 11 January in Macau to discuss collaborative research in aging and community care.

The CGN team members (**Dr. Angela Leung, Dr. Justina Liu, Dr. Daphne Cheung**) also met with a group of health/geriatric delegates (Andreas Herz, Vice President, Steiermark Chamber of Commerce and CEO of Health and Therapy Center Herz in Graz; Gerd Hartinger, General Manager; Waltraud Haas-Wippel, Head of Nursing Services of Geriatric Health Centres of Graz) from Austrian Steiermark (Styria) on 30 March to discuss research collaboration.



CGN members met with a group of health/geriatric delegates.

Mental Health Care and CGN join hands for WHO project

The Mental Health Care Theme and the **Centre for Gerontological Nursing** have joined hands together for the WHO Mental Health Literacy project. Funded by WHO and partnered with Cambodia, the Philippines and Fiji, this international collaborative project studies mental health literacy related to depression and dementia.

Earlier in January, Prof. Maritta Valimaki and Dr Daniel Bressington attended the WHO WPR meeting as observers and they presented the ongoing WHO Mental Health Literacy project.

In March 2017, the School took up the important role in training the local people in our partner countries to conduct data collection and saving. Prof. Maritta Valimaki and Dr Grace Ho visited Cambodia (the Ministry of Health) to train 20 people for data collection and management.

Dr Grace Ho and Dr Daniel Bressington visited the School of Nursing at the University of Santo Tomas (UST) in Manila, the Philippines. They facilitated a research training workshop, which was attended by six mental health specialist Faculty members and Associate Dean. The training focused on data collection, data entry, facilitation of focus groups and recruitment strategies. After the training, the UST team managed to collect all their data within one month.

Prof. Alex Molasiotis and **Dr Angela Leung** went to Fiji to teach the 23 attendees how to use mixed methods (surveys and focus group interviews) to collect data. The use of role play in the teaching helped the attendees to learn and practise the skills of conducting a focus group interview.



Prof. Maritta Valimaki and Dr Grace Ho visited the partner in Cambodia.



Dr Grace Ho and Dr Daniel Bressington at University of Santo Tomas.



Role play was used to help the attendees to practise the skills of conducting a focus group interview.

Dr. Justina Liu and Dr. Vivian Ngai were invited to visit the Department of Nursing Science, Okayama Prefectural University (OPU), Japan. During their visit to OPU from 6 – 10 Feb, 2017, Dr. Justina Liu gave two talks about the pain management for people with advanced dementia where as Dr. Vivian Ngai gave two talks about postnatal depression.



(Caption for 1st photo: Mr Junji Abe, Director, International Exchange Centre (1st from left); Prof. Mieko Yamaguchi, Head of Department of Nursing Science (2nd from left); Dr. Rie Ikeda, Assistant Professor of Department of Nursing Science (3rd from left), Dr Prof. Hideyuki Tsuji, President of OPU (3rd from right), **Dr Justina Liu**; and Dr. Vivian Ngan (2nd and 1st from right).

Dr. Justina Liu visited Department of Nursing, Kawasaki University of Medical Welfare, Okayama, Japan on 8 Feb, 2017 and gave a talk about the use of Observational Pain Management Protocol in nursing homes for management pain in residents with dementia.



Mr. Patrick KOR attended the 20th East Asian Forum of Nursing Scholars on 10th March in Hong Kong and conducted an oral presentation entitled “Development of scholar in gerontological nursing through clinical practice and PhD education: at the early stage” and also a poster presentation entitled “Review clinical practice on the use and reduction of physical restraint in the aged homes of the Yuen Yuen Institute to enhance the quality of residential care”.



Dr. Cindy Jones from Griffith University and Dr. Nathan Davie from University College of London visited the CGN in Feb 2017 to discuss any collaborative project in dementia care. They also gave a lunch seminar about dementia care for our colleagues and PhD students.



Dr. Mimi Tse, Dr. Rick Kwan and Ms Shirley Lo were invited to as speaker in the press conference and seminar on the Effects of Horticultural therapy for nursing home residents organized by Pok Oi hospital on 27 Feb 2017. There were about 70 participants including nurses, administrators, social workers, horticultural therapist and residents and family members joined the event.

EDUCATIONAL / TEACHING & LEARNING ACTIVITIES

Ms Phyllis Pang, Mr Patrick Kor and Ms Lily Ho organized a primary health care activity entitled “Healthy Lifestyle Promotion to Community-dwelling Older People / Frail Older People” in February and March 2017. Eleven students joined this activity to deliver health promotion with Onesiphorus Mei Lam Church Ltd. in Tai Wai district. The activity was successfully completed with positive feedback from the organization and the older people.



Ms Phyllis Pang was invited to give a speech on “Sharing of personal experience with an elderly family member who are at dying stage and your grief”, School of Nursing, Tung Wah College on 6 April 2017.

Ms Phyllis Pang was invited to give a speech on “Care & Service to Older People (OP) in Hong Kong” for Group Continuing HealthCare Education Centre, Hong Kong Baptist Hospital, on 16 Feb 2017.

PUBLICATIONS

Liu JYW & Ma KW. (2017). The psychometric properties of the Chinese version - Reintegration to Normal Living Index (C-RNLI) for identifying WHO-ICF participation restriction among community-dwelling frail older people. *BMC Geriatrics*. DOI: 10.1186/s12877-017-0424-5 [Impact factor: 2.371]

Liu JYW. (2017). The severity and associated factors of participation restriction among community dwelling frail older people: an application of the International Classification of Functioning, Disability and Health (WHO-ICF) model. *BMC Geriatrics*. DOI: 10.1186/s12877-017-0422-7 [Impact factor: 2.371]

Lai, C. K. Y., Ho, L. Y. W., Kwan, R. Y. C., Fung, C. Y. Y., & Mak, Y. W. (2016). An exploratory study on the effect of horticultural therapy for adults with intellectual disabilities. *Journal of Therapeutic Horticulture*, 26(2), 3-15.