

CGN new Director

Dr Angela Leung has taken up the role as Director of the School's Centre for Gerontological Nursing (CGN).

Dr Angela Leung, Associate Professor of the School, is an experienced health and nursing educator and active researcher with a wide range of publications in health literacy and health promotion. She was the awardee of the Hartford Geriatric Scholars Programme at Johns Hopkins University in 2014. Dr Leung has developed two health literacy tools, the Chinese Health Literacy Scale for Diabetes (CHLSD) and the Chinese Health Literacy Scale for Chronic Care (CHLCC), which are now archived in the National Library of Medicine of National Institute of Health in America, and broadly used by researchers in different Chinese societies. Her research studies address the issues of health disparity. With her wealth of knowledge and experience, Dr Leung will lead the Centre to grow further and move up to the next level of achievement.

All members of the CGN would like to take this opportunity to thank Prof. Claudia Lai for her commitment and contribution to the Centre over the past few years. Under her leadership, the Centre have made significant progress in the delivery of the strategic objectives, research outputs, and care services to the community. Her commitment and passion will continue to inspire all members of the Centre. We wish Prof. Claudia Lai a happy life in retirement.

Dr Angela Leung and Dr Mimi Tse attending the 5th Cross Border Elderly Care Seminar was held on 9th Dec 2016 as reported in Sing Tao.



The 5th Cross-Border Elderly Care Seminar was successfully held in The University of Hong Kong on December 9, 2016 (Friday). The Centre for Gerontological Nursing, together with The Sau Po Centre on Ageing of The University of Hong Kong, the Helping Hand, The Hong Kong Society for Rehabilitation, Hong Kong Association of

Gerontology, and Lingnan University, organized the seminar. Over 100 participants from the elderly service sector and stakeholders attended the seminar.

Publications

Bai X, Leung D, Lai C, Chong A & Chi I (2016) Mediating Effect of Decline in Social Activities on Urinary Incontinence and Negative Mood: Do Gender and Marital Differences Exist? Manuscript submitted to *Geriatrics & Gerontology International*. Accepted for publication, Oct 2016.

Chen P-M, Lai CKY, Chung RCK, & Ng SS. The jacket test for assessing people with chronic stroke. Manuscript submitted to *Disability and Rehabilitation*. Accepted for publication, Sep 2016.

Cheung, D.S.K., Lai, C.K.Y., & Wong, F.K.Y. The effects of music-with-movement intervention on cognitive functions of nursing home residents with moderate dementia. *Aging and Mental Health*. Accepted for publication, Oct 2016

Kwan, R. Y. C., Leung, M. C. P., & Lai, C. K. Y. (2016). The effect of acupressure on agitation and salivary cortisol in people with dementia: A pilot study. *Journal of Alternative and Complementary Medicine*. doi: 10.1089/acm.2016.0062 (Epub ahead print)

Kwan, R. Y. C., Leung, M. C. P., & Lai, C. K. Y. (2016). Acupressure for managing agitation in people with dementia: Design of a protocol using Delphi technique. *Research in Complementary Medicine*. (Accepted for publication)

Lai CKY, Kwan RYC, Cheung DSK, Wu YM & Yap LSY. (2016). A computerized cognitive assessment method in a nurse-led clinic: A comparative study with the traditional pencil and paper approach. Manuscript submitted to *Computers, Informatics, Nursing*. Published online – December 2016.

Lai CKY, Ho LYW, Kwan RYC, Fung CYY, & Mak YW. An exploratory study on the effect of horticultural therapy for adults with intellectual disabilities. Manuscript submitted to *Journal of Therapeutic Horticulture*. Accepted for publication Sep 27, 2016

Liu JWY, Lai CKY (2016). Implementation of Observational Pain Management Protocol for residents with dementia: A cluster-RCT. *Journal of the American Geriatrics Society*. DOI:10.1111/jgs.14763

Lai, CKY (Accepted - 2017) "Using prompted voiding to manage urinary incontinence in nursing homes: Can it be sustained", *Journal of the American Medical Directors Association*. (In-press)

雷逸華博士、賴錦玉教授 (2016). 採用「疼痛行為觀察評估及管理」草案以改善認知障礙症長者之疼痛管理. 出版：香港理工大學護理學院 耆年護理中心, 國際書號：978-988-13391-4-0

Pang, PCP, (2016), Learn to Service, Serve to Learn, How it came about: “Healthy Lifestyle Challenges for Developing Communities”, A Service-Learning Subject at the School of Nursing, The Hong Kong Polytechnic University’s Experience of Mandatory Service-Learning, p.95-101, Hong Kong: The Office of Service-Learning, The Hong Kong Polytechnic University.

Ng, S. S. M., Lau, B. K. C., Law, G. T. C., Wom, C. W. K., Liu, T. W., Tam, E. W. C., Tse, M. Y. Y., & Fong, S. S. M. (2016). Sideways walk test: Reliability and association with lower limb motor function after stroke. *Journal of Rehabilitation Medicine*, 48(8), 657-665.

Tse, M. Y. M., Ng, S. M., Lee, P. H., Lai, C., Kwong, E., Yuen, J., Bai, X., & Yeung, S. S. Y. (2016). Play activities program to relieve chronic pain and enhance the functional mobility and psychological well-being for frail older adults: a pilot cluster randomized controlled trial. *Journal of the American Geriatrics Society*. 64(10), e86–e88.

Oral presentation

Phyllis Pang & Cynthia Wu have an oral presentation on Learning through Reflection: Students’ Learning Experiences in Cambodia, the second International Conference on Service-Learning (ICSL) to be held at The Hong Kong Polytechnic University, Hong Kong on 1-2 December 2016.

Invited Speech

Prof. Claudia Lai was invited keynote speaker at the following international conferences:

1. Oct 6, 2016 - 20th Anniversary Nursing Conference entitled “Integrated East-West Nursing Development” at the Kyung Hee University, Seoul, South Korea. Her speech was entitled “Thoughts on Integrating the Cultures of East and West in Nursing Research and Practice: A Researcher/ Practitioner’s Journey of Two Decades,”
2. Oct 18, 2016 – International Nursing Conference at the Faculty of Medical Sciences, University of Fukui, Japan. Her speech was entitled “Generations and healthcare: Issues of importance for nurses of today.”
3. Oct 28-29, 2016 – The 3rd International Conference on Chronic and Hospice Care (第三屆愛德老年服務國際研討會暨第二屆金陵國際護理論壇), Organizers 主辦單位 ~ 愛德基金會、香港聖公會福利協會、南京醫科大學護理學院、南京大學第一附屬醫院老年醫學科 Nanjing, China. She gave two speeches entitled “Behavioral Change and Chronic Disease Management of Older Patients” and “Experiential Learning and Palliative Care: Learning Firsthand to Care for the Dying.”

Dr. Mimi Tse was invited as moderator at the following conference:

Nov 19, 2016 - Twenty Third Annual Congress of Gerontology in Hong Kong Association of Gerontology, Hong Kong, China. Conference paper entitled “The use of peers in managing pain for older adult”

Justina Liu has been invited by Helping Hand to offer a seminar to their staff, namely "The use of the Observational Pain Management Protocol to improve pain managing for nursing home residents with advanced dementia"



Dr. Mimi Tse has been invited as a speaker for the following:

1. Oct 27, 2016 – Jan 11, 2017 – A workshop series for Occupation health training course

organized by Caritas-Hong Kong; topic on “Introduction of drug treatment and non-drug treatment on musculoskeletal problems”. There were over 100 participants, mainly of low income labourers with musculoskeletal problems

2. Nov 3, 2016 – A CNE course on Pain management for older adults: Multi-disciplinary approach, organized by The Hong Kong Association of Gerontology. Topic: Non-drug management and self-management- music therapy and aromatherapy. Participants were social workers, registered nurses, occupational therapists, physiotherapists and medical doctor

3. Dec 10, 2016 – A Talk for staff training course organized by Caritas-Hong Kong; topic on “Training on the Pain Management for Caritas staff”. Participants were mainly Caritas staff



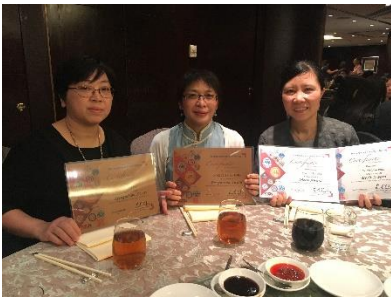
Sylvia Ting has received the 2016 NHCNE Innovation Award presented to her at the GSA 69th Annual Scientific Meeting on November 18, 2016. Kitty (Prof. Buckwalter) was there to congratulate Sylvia.



(Sylvia having a picture taken together with CGN Advisor Prof. Kathleen Buckwalter after receiving the NHCNE Innovation Award, together with Angela and Claudia)

Claudia Lai, Angela Leung and Sylvia Ting joined the NHCNE annual Leadership Conference and 2016 GSA annual Scientific Meeting from November 14 to 20 in New Orleans, Louisiana.

Phyllis Pang is being award with “Certificate of Recognition” by Hong Kong Academy of Nursing on 19 November 2016.



Phyllis (middle) is with other awardees.

Mimi Tse, Justina Liu, Rick Kwan, and Adwoa Koduah attended the 23rd Annual Congress of Gerontology in Hong Kong on Nov 19, 2016. Mimi was invited to be a moderator and four of us presented the following papers:

- The use of peers in managing pain for older adults (by Mimi Tse)
- Experience of implementing an observational pain management protocol to improve pain management for nursing home residents with advanced dementia (by Justina Liu)
- Review clinical practice on fall prevention of the nursing homes of the Yuen Yuen Institute to enhance the quality of residential care (by Rick Kwan)
- Dementia: Does culture affects it treatment and care (by Adwoa Koduah)



(Rick, Justina, Mimi and Adwoa (from left to right) having a photo taken right before their presentation)