

Phyllis and her team win Improving the Student Experience Award

Ms Phyllis Pang (Clinical Associate) and her team received the School's 2nd Improving the Student Experience Award.

The awarded project "Integrated ABC Framework in Overcoming Lifestyle Challenges in Cambodia" engaged post-secondary students from Hong Kong, Mainland China and Cambodia in mobilising and optimising resources in Cambodia's slum areas where health care resources were limited. It was also an attempt to enhance team building capacities, critical thinking, problem solving skills, communication skills, and global outlook of our students through service learning.

Before launching the project, Ms Phyllis Pang and her team delivered the course *Healthy Lifestyle Challenges in Developing Community* (SN2S03) to equip their service-learning students with skills to eliminate health risk behaviour and promote healthy lifestyles in vulnerable communities.

From 19 to 30 July, Ms Phyllis Pang led a group of 20 students to visit Sen Sok slum area in Cambodia. They conducted health needs assessment and health promotion activities to 98 service recipients. Our students were impressed by the service-learning experiences and they demonstrated significant improvement in needs assessment, health promotion, problem solving and leadership skills.



PolyU teaching team and service-learning students, with local NGO partners at Som Rong Village of Cambodia on 29 July.



Students visit a slum in Sen Sok to prepare themselves for delivering services.



Students paired up to conduct health survey in the slum for needs assessment.



Students wash dishes after dinner. A student is using a handheld fan to keep others cool in hot weather.



Students demonstrate their team spirit by standing in line and transferring their baggage.



Students deliver a health talk on prevention of diarrheal disease and perform towel exercises with senior villagers in Som Rong village.

Ageing and Health

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Invited speech

Prof. Claudia Lai was an invited speaker for the scientific meeting of Tau Nu Chapter, Sigma Theta Tau International Honor Society of Nursing, held in Japan on 11 July. She spoke on the topic “A Call to Arms: Nurse Leaders of Tomorrow, Rise.” She was invited by Yamaguchi University Graduate School of Medicine, Ube City, Yamaguchi Prefecture, Japan, to give a talk titled “Generations and Healthcare: Issues of Importance for Nurses of Today” on 12 July.



Forum participation

Prof. Claudia Lai was an invited discussant/participant at the Forum Ecosystem Roundtable of Knowledge of Design Week 2016. The event, with its theme “Design, Cities, Health in the New Economy”, was organised by Hong Kong Design Centre and held in Hong Kong on 16 June.

Research Scholar Programme

Dr Daphne Cheung and **Mr Rick Kwan** attended the Hartford Institute of Geriatric Nursing Research Scholar Programme from 25 to 29 July in New York University, the USA. Eight scholars from different countries attended the programme. Dr Daphne Cheung and Mr Rick Kwan took the opportunity to establish connections with those scholars/faculties for further collaboration.



Paper published in FHSS bulletin

Dr Mimi Tse's research paper titled “The Development and Psychometric Evaluation of the Perception of Play Questionnaire for Older Adults” was selected and published in the *FHSS Research Highlights*, a bulletin for the PolyU community, alumni and students/teachers in secondary schools. For details, please [click here](#)

Educational activities

- Led by **Prof. Alice Loke** and **Dr Mimi Tse**, five students on the MSc in Nursing programme joined the Sun Yat-sen University's postgraduate exchange programme from 15 to 18 June in Guangzhou, Mainland China. Prof. Alice Loke and Dr Mimi Tse were also the panel members for selecting the best presentation.



- **Dr Justina Liu** and **Mr Rick Kwan** were invited by the Yuen Yuen Institute (YYI) to conduct a workshop on fall prevention on 28 June in PolyU. Thirty participants from the YYI attended the workshop.



- **Mr Rick Kwan** was invited to give an evidence-based nursing lunch time lecture entitled “Essentials of Literature Review by Working Group on Evidence-Based Nursing” at Pamela Youde Nethersole Eastern Hospital on 6 July. There were 135 nurses from different departments of the hospital attended the lecture.



- **Dr Justina Liu and Mr Rick Kwan** were invited by Meizhou Hospital to conduct a workshop entitled “A Training Workshop on Patient Safety and Fall Prevention” in Mei Xian, Mainland China, from 8 to 11 July. This workshop was sponsored by the Tin Ka Ping Foundation. Thirty nurses from various departments of Meizhou Hospital attended this workshop. Dr Justina Liu and Mr Rick Kwan also visited the ICU, neurosurgery and medical wards of Meizhou Hospital.



- **Ms Phyllis Pang** was awarded a certificate of appreciation by PolyU's Office of Service-Learning on 12 July for her contribution in promoting a culture of sharing and learning for collaborative professional and teaching development through participating in community of practice in service-learning.

Community Service

Ms Sylvia Ting and 18 students worked with The Salvation Army to visit socially deprived elderly couples in the Yau Tsim Mong District (YTM).

The activity was part of a project titled "I Am the Coolest: An Intergenerational Teaching-Learning Project to Improve the Nutritional Status of Older Adults in the Community". The project was launched in May. Students met the older people and social workers to learn more about the health issues and food choices of the older people. To echo the inter-generational teaching-learning component, students made some soup to suit the health needs of the older people.

Our partners of The Salvation Army used the soup recipes of our students and organised a community meal service scheme in July to serve 250 elders in local community. In this activity, our students had the opportunity to interview the elders and give an introduction on the importance of healthy eating in the community centre. The soup recipes were printed and distributed to elders in YTM district. Activities will continue until the project ends in November.



Publications

Ageing and Health – *Centre for Gerontological Nursing*

Fougère, B., Morley, J., Decavel, F., Nourhashémi, F., Abele, P, Resnick, B., Rantze, M., Lai, C.K.Y., Moyle, W., Pédra, M., Chicoulaa, B., Escourrou, E., Oustric, S. & Vellasa, B. (2016). Development and implementation of the Advanced Practice Nurses worldwide with an interest in geriatric care. *Journal of the American Medical Directors Association*. doi:[10.1016/j.jamda.2016.05.009](https://doi.org/10.1016/j.jamda.2016.05.009)

Wang, E.W., Collins, A.R., Pang, M.Y.C., Siu, P.M., Lai, C.K.Y., Woo, J. & Benzie, I.F. (2016). Vitamin D and oxidation-induced DNA damage: is there a connection? *Mutagenesis*. doi:[10.1093/mutage/gew033](https://doi.org/10.1093/mutage/gew033)