

Centre for Gerontological Nursing

Inaugural conference

CGN's inaugural conference “Translating Evidence into IMPACT: Creating a Road Map in Caring for the Frail” will be held on 27 May. It provides a platform for local, international and interdisciplinary exchanges. Scholars, researchers and advanced practice clinicians from various places such as Armenia, Australia, France, Korea, Japan, the Philippines, Singapore, Taipei, the US, and so forth, will meet in Hong Kong to create a road map for IMPACT in the care for the most vulnerable ageing population and their families in an era of global ageing.

Please click [here](#) for more information.

Call for Poster Abstracts

Conference Venue: ST22, The Hong Kong Polytechnic University, Hung Hom, Hong Kong

Abstract Submission Deadline: 10 March 2016 (midnight, Hong Kong time (UTC + 8:00))

Abstract Submission Method: Email to the conference secretariat at ahg@polyu.edu.hk

Conference Aim: To create the arena for research, evidence and issues in the care of frail older people and their families in an era of global ageing.

Theme areas:

- Demographic changes
- Evidence-based practice and outcomes
- The impact of care for people with dementia
- Health inequalities and/or health equity
- Global ageing issues in caring for the vulnerable

Registration Fee Schedule:

Registration Category	Early Bird (27 May - 31 May)	Standard (1 June - 31 May)
Local Registration (including 7 days' free lodging)	HK\$100	HK\$150
Local Registration (including 7 days' free lodging) - 65 years and above	HK\$50	HK\$100
Registration (including 7 days' free lodging) - 65 years and above	HK\$100	HK\$150
Abstract Author (HK\$100 includes HK\$500 for abstract)	HK\$100	HK\$100
Abstract Author (HK\$100 only)	HK\$100	HK\$100

Continuing Education Points for Attending the Whole Day Event:

Category	Points
Local Registration (including 7 days' free lodging)	5
Local Registration (including 7 days' free lodging) - 65 years and above	2.5
Registration (including 7 days' free lodging) - 65 years and above	5

Conference Website: http://www.polyu.edu.hk/ahg_conference2016

Workshop on advance care planning

The Centre co-organised with Sister Annie Skau Holistic Care Center to conduct a workshop titled “Advance Care Planning (ACP) Workshop for Health Care Professional”. The purpose of the workshop is to introduce the concept of advance care planning in quality end of life care, and consolidate communication skills in ACP conversations. Information about the workshop is listed below.

Date:	11 July, 2016 (Monday)
Time:	2:30pm- 5:00pm
Venue:	PQ413, PolyU Campus

Speakers:	Dr Enid Kwong, Dr Ada Lau, Ms Fion Chow (Nurse Specialist of Sister Annie Skau Holistic Care Center)
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Welcomes new member

The Centre welcomes our new member **Dr Angela Leung**, Associate Professor of the School.



Dr Leung was the awardee of the Hartford Geriatric Scholars Programme at Johns Hopkins University in 2014. She is an experienced health and nursing educator and active researcher with a wide range of publications in health literacy and health promotion. Dr Leung has developed two health literacy tools, the Chinese Health Literacy Scale for Diabetes (CHLSD) and the Chinese Health Literacy Scale for Chronic Care (CHLCC), which are now archived in the National Library of Medicine of National Institute of Health in America, and broadly used by researchers in different Chinese societies. Her research studies address the issues of health disparity.

Workshops delivered

- Invited by Hong Kong Housing Society (HKHS), **Mr Rick Kwan** delivered a workshop entitled “Comparison between MoCA & MMSE and Its Service Implication” on 29 February. Thirty-three participants (including social workers, occupational therapists and administrative colleagues from HKHS) attended the

workshop.



- **Ms Phyllis Pang** delivered a series of workshops titled “Visual Arts Programme Applied to Frail Older People and Care-giver” (視覺藝術樂年華) in Tai Po Integrated Home Care Service, Hong Kong Children and Youth Services from 7 March to 14 April.



Laughter exercise

Ms Phyllis Pang and **Dr Cynthia Wu** delivered a “Laughter Exercise Activity” (大笑運動鬆一鬆) to fourteen community-dwelling elders, four care-givers (both formal and informal) and four frail older people in Tai Po Integrated Home Care Services on 7 April.

The activities included ho-ho-ha-ha laugh, child-play movement, stretching and deep breathing exercises. Participants found that the activities could promote their positive emotions and relaxation, and could be applied in their daily living.

