

Centre for Gerontological Nursing

Congratulations

Congratulations to *Ms Rainbow Lee* who completed her Doctor of Health Science programme at PolyU in November 2015.



Publications

Lung, C.C. & Liu, J.Y.W. (2016). How the perspectives of nursing assistants and frail elderly residents on their daily interaction in nursing homes affect their interaction: a qualitative study. *BMC Geriatrics*, 16, 13. doi:10.1186/s12877-016-0186-5

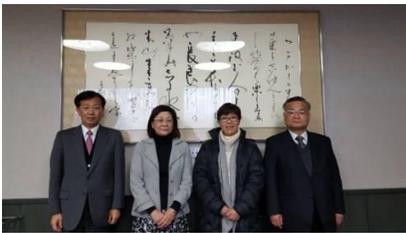
Kwong, E.W.Y., Lee, P. & Yeung, K.M. (2016). Study protocol of a cluster randomized controlled trial evaluating the efficacy of a comprehensive pressure ulcer prevention programme for private for-profit nursing homes. *BMC Geriatrics*, 16, 20. doi: 10.1186/s12877-016-0189-2

Invited Scholarly activities

- **Dr Enid Kwong** served as a visiting professor at the School of Nursing, Putian University, Mainland China and conducted a research seminar on action research on 19 January. A total of 80 participants including registered nurses from hospitals and teaching staff and senior students from the School of Nursing, Putian University, participated in the seminar. Earlier on 17 December 2015, Dr Kwong was invited as a guest speaker by Hong Kong Martial Arts Coaching Association to conduct a talk on musculoskeletal system and sports.



- **Dr Justina Liu** served as a visiting lecturer at the Department of Nursing Science, Okayama Prefectural University (OPU), Japan. During her visit to OPU from 3 to 5 January, she gave a speech titled ‘Management of Falls and Fear of Falling in Older Adults’.



Mr Junji Abe, Director, International Exchange Centre (1st from left); Prof. Mieko Yamaguchi, Head of Department of Nursing Science (2nd from left); Dr Justina Liu; and Prof. Hideyuki Tsuji, President of OPU (1st from right).

Symposium on music therapy

A symposium titled “Exploring New Frontiers in Music Therapy: Dialogue and Perspective from Multi-disciplines” was conducted on 22 January. Speakers are from different fields including nursing, musicology, music therapy, medicine, and computer science. The symposium attracted 105 international and local scholars, practitioners, musicians and artists, and students to attend.



Talks

- Together with two other Laughter Yoga leaders, **Ms Phyllis Pang** was invited to demonstrate the skill of Laughter Yoga to around 20-30 participants of the event 「耆樂融融 330、樂在榮昌 - 長者健康計劃」. The event, held on 19 December 2015, aimed to enhance the mental health of older people.



- **Ms Phyllis Pang** talked about nursing profession in the “Career 2015”, organised by Sheng Kung Hui Tsang Siu Tim Secondary School (SKHTST) on 14 November 2015. Around 300 to 400 secondary students attended the talk. On 13 January, she was also interviewed by a group of form four students from SKHTST for a career video project.



Programme on smart diet

With the donation of the Hong Kong Jockey Club, a community programme “Smart Diet – From Service Learning to Healthier Community” was organised from May to December 2015.

A final cooking competition (「我至營」健康煮食大賽暨計劃分享會) was held on 17 December 2015 in Tsim Sha Tsui Community Hall. Older people and our students made balanced and nutritious dishes that met the health needs of the elderly. The cookbooks with students’ work were distributed after the competition.



The event attracts media attention.



Celebrating with collaborative partner

CGN members were invited to join the Yuen Yuen Institute (YYI) Social Service Department 2016 Inauguration Ceremony cum Charity Dinner on 15 January. YYI is one of our long-standing collaborating partners. **Dr Enid Kwong** and **Dr Justina Liu** are the advisors of Yuen Yuen Nursing Home cum Day Care Centre for the Elderly (Shun Lee Estate).

