

Centre for Gerontological Nursing

International Conference on Frailty and Sarcopenia

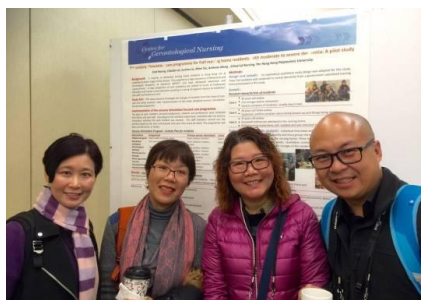
On behalf of the Centre for Gerontological Nursing, **Dr Enid Kwong, Dr Mimi Tse, Dr Justina Liu** and **Mr Rick Kwan** attended an International Conference on Frailty and Sarcopenia from 23 to 25 April in Boston, the USA. They gave the following presentations, and gained some ideas and insights for further developing their research programmes.

Oral presentation

- Kwong, E.W.Y., Tse, M.Y.M., Liu, J & Kwong, R. Frail Older People in Nursing Homes: Quality of Life and Care Modalities.

Poster presentations

- Liu, J.Y.W. Are Behavioural Responses of Cognitively Impaired Older People Measurable? Preliminary Findings of Psychometric Properties of Chinese Version Verbal and Non-verbal Interaction Scale (C-VNVIS).
- Kwong, E.W.Y., Lai, C.K.Y., Tse, M.Y.M. & Liu, J.Y.W. Sensory Stimulation Care Programme for Frail Nursing Home Residents with Moderate to Severe Dementia: A Pilot Study.



From left: Dr Enid Kwong, Dr Justina Liu, Dr Mimi Tse & Mr Rick Kwan in the International Conference on Frailty and Sarcopenia, Boston.

Hong Kong College of Gerontology Nursing annual scientific meeting

Members of CGN participated in “Add Life to Years” of Hong Kong College of Gerontology Nursing 2015 Annual Scientific Meeting cum AGM on 30 May, and gave the following presentations.

Oral presentations

- Tse, M., Heung, R. Chan, K.L., Wong, S. & Poon, K. Frailty Status among Older Adults: Does a Healthy Living Programme (HLP) Help?
- Liu, J.Y.W. How Care Attitude and Behaviors of Nursing Staff Affect Frail Residents' Physio-psychosocial Wellbeing: A Pilot Study.

Poster presentations

- Tang, S.K., Tse, M.M.Y. & Leung, S.F. Non-pharmacological Interventions for Chronic Pain Management in Community Dwelling Older Adults: A Review of the Literature.
- Tse, M., Cheung, T.W., Iu H.Y., Lo, W.Y.Y., Au-Yeung, W.M., Chan, Y.W., Yip W.M., Wong, T.Y., Leung, K.W., Chung, S.F. & Wong, F. The Training and Preparation of Peer Volunteers (PVs) to Lead a Pain Management Programme for Older Adults.
- Kor, P.K.P. Characteristics of People with Young Onset Dementia: A Literature Review.
- Pang, C.P.P. Effects of Visual Art Therapy on Promoting Wellbeing of Older People: A Discussion on Literature Review.
- Lung, C.C. & Liu, J.Y.W., How the Perspectives of Nursing Assistants and Frail Elderly Residents on their Daily Interaction in Nursing Homes Affect their Interaction: A Qualitative Study.
- Heung, R.S.M. & Chan, M.Y. The Effectiveness of Telephone Counseling for Reducing Cardiovascular Risks in Community-dwelling Adults: A Systematic Review and Meta-analysis.



Left to right: Mr Patrick Kor, Ms Phyllis Pang, Dr Justina Liu, Prof. Claudia Lai, Dr Mimi Tse, PhD student Angel Tang, and MSc student Chi-chi Lung at the annual scientific meeting of Hong Kong College of Gerontology Nursing.

Publications

Lai, C.K.Y. (2015). Listen, hear me out. *Palliative & Supportive Care*, 13, 827-828.

Kor, P.P.K., Lai, C.K.Y., Liu, J.Y.W., Dai, D.L.K., Ting, S.S.M. & Choi, K. Survey of physicians' practices in managing people with dementia in Hong Kong. *European Journal of Psychiatry*. Accepted for publication.

賴錦玉 (2015)。〈高錕現象之後：21 世紀老年癡呆症和老年癡呆症的照護〉。王寬誠教育基金會－學術講座匯編，37，1-8。

賴錦玉 (2015)。〈認識輕度認知障礙對健康服務業的意義和提示〉。王寬誠教育基金會－學術講座匯編，37，277-286。

Health promotion activities

- **Ms Shirley Lo** was invited by St. Paul's Hospital to give a seminar to their health care professionals on ethical and legal issues in clinical practice on 27 May. She delivered a series of health promotion talks (four Wednesdays in May) at the Day Care Centre, Oi Man Estate. The talks were about frailty, quality of life and healthy living with advanced age. The talks were well received by the older audience and each session had about 30 to 40 attendees.



- **Dr Mimi Tse** was invited by Wong Chuk Hang Network and a trade union to hold a health promotion activity, title: “Pain Management & Exercise for Community-dwelling Older Adults” on 16 May. About 50 older adults joined the activity.

