

Centre for Gerontological Nursing

Members attend conference

Mr Patrick Kor attended the 10th International Sports Science Conference organised by the School of Medical Sciences, Universiti Sains Malaysia on 25 to 27 August and presented a poster titled “The Health Benefits of Tai Chi on Older Patients with Heart Failure: A Systematic Review” (co-authored by Mr Rick Kwan).



Visitors

A group of academics from Tokyo University visited us on 21 to 25 August. We arranged visits to rehabilitation and long term care facilities, Princess Margaret Hospital and Yuen Yuen Institute. The Centre members discussed the possibility of collaborative research studies with the visitors and the plan to hold a symposium in EAFONS in February 2015 in Taipei.



New Gerontological Nursing Lab opens

The new gerontological nursing laboratory, located in A107, was opened in September. It provides a simulated environment in which students can experience age-related changes, assess the physical and psychosocial health of older people and practise skills in gerontological nursing. The laboratory allows students to gain deeper understandings

of the care needs of older people and their caregivers that will facilitate better care planning and quality care provision.

The laboratory also serves as a venue for conducting research activities, where questionnaires and interviews will be conducted and interventions will be delivered. By engaging in research activities, we promote the development of gerontological nursing research.



Experiential area where students learn safe handling of wheelchair up and down a ramp or assist the aged to walk the stairs with a cane.



Student wearing the aged simulation set to experience limited motion of the elbow joints and the knees – the inconveniences felt by the aged due to musculoskeletal changes.



Model home allows students to practise care in a residential setting.



Non-restraint area.

Talk delivered

Ms Phyllis Pang, Dr Mimi Tse, Ms Rose Heung have been invited to deliver a series of staff development workshops to the health care providers at Pok Oi Hospital – Day Care Centre for older people and Nursing Homes. The first workshop titled “Wound Management and Use of Advance Dressing Materials to Frail Older People” was delivered by Phyllis on 1 September, with 40 health care providers attended.



Advisory Committee Meeting

The 2nd Advisory Committee Meeting was held on 22 August. **Prof. Claudia Lai** and **Dr Enid Kwong** participated the meeting. The Committee members including Prof. Terry Fulmer complimented CGN on the work done and the good strategies for the development of CGN.

Taking the suggestions of the committee members, we would make more efforts in promoting CGN via “future leaders in gerontology” in LinkedIn, the mass media and joining international gerontology nursing associations and network. We have held regular meetings and set up a reporting system (on a bimonthly basis) for better integration of CGN’s frailty research programmes.

Welcome new members

Welcome to the Centre's new members: **Ms Lily Ho, Mr Jesson Butcon, and Ms Amy Ying Huang.**



Ms Lily Ho is specialised in medical nursing, and she worked in a medical department. She joined the Centre in June 2014. She is interested in care for older people. She would like to advance research skills and participate in the CGNs activities.



Mr Jesson Butcon is a PhD student at PolyU's School of Nursing. He is a Registered Nurse with advanced studies in health social science and nursing education from the Philippines. He got his nursing degree from the University of the Philippines. Then, he joined the government service of the Republic of the Philippines and became Associate Professor and Chair of Integrative Discipline of the College of Medicine, Bicol University.

He is a member of the Honor Society of Nursing, Sigma Theta Tau International (Pi Iota Chapter) and the Pain Society of the Philippines. His research interests revolve around issues of long-term care issues i.e. pain management, quality of life, continuity of care in middle- and low-income communities, complementary and alternative therapies and pain management for elderly care, outcomes of transformative education in the health sciences qualitative research among vulnerable subjects and use of hermeneutic ethics.



Ms Amy, Ying Huang (RN, MNS) is a new PhD candidate at PolyU's School of Nursing. She is a registered nurse and a member of Red Cross in Mainland China. She received her bachelor's degree in Nursing in The Third Military Medical University, Mainland China. She worked in Emergency Room and Operation Room in Southwest Hospital in 2006 to 2007. Amy became a lecturer and case manager in gerontology department in Yunnan Provincial Hospital of Traditional Chinese Medicine during 2008 to 2011. She completed her master's degree in nursing science in Prince of Songkla University, Thailand in 2013. Her research interests are pain assessment and management in older people with musculoskeletal disorders.