

Centre for Gerontological Nursing

Paper presented

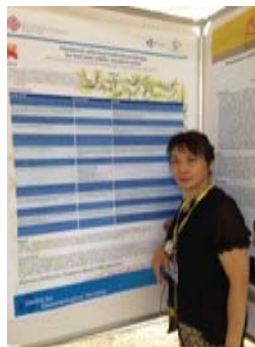
Prof. Claudia Lai gave an invited symposium paper entitled “Agitation, BPSD and Therapeutic Interventions: A Nursing Perspective,” at the International Alzheimer’s Disease Conference “Early Detection, Treatment and Prevention of Dementia: Patients’ and Caregivers’ Perspectives” held on 6 to 7 June. The conference was organised by The University of Hong Kong.

Poster presentation

Ms Rose Heung, Dr Anthony Wong, and Dr Mimi Tse presented a poster titled “Effect of an Eight-Section Brocades (ESB) Qigong Exercise Programme on the Psychological and Physical Health among Frail Older Adults: A Literature Review” at the 2nd Symposium of the HEALED Research group, held on PolyU’s campus on 9 July.

International Conference on Horticultural Therapy and Therapeutic Landscaping

Members of the Centre actively participated in the 1st International Conference on Horticultural Therapy and Therapeutic Landscaping. **Dr Mimi Tse**, an invited plenary speaker of the conference, delivered a speech titled “Horticultural Therapy in Elderly Care and Health Outcomes: Horticultural Therapy as a Suitable Therapeutic Approach for Frail Older Adults”; **Prof. Claudia Lai**, another invited plenary speaker, spoke on the topic “Horticultural Therapy for the Well-being of People with Cognitive Impairment”; **Ms Phyllis Pang** presented a poster title “Therapeutic Effects of Horticultural Therapy for Frail Older Adults: Literature Review”. The conference, held from 27 to 28 June, was organised by the Centre in collaboration with the Hong Kong Association of Therapeutic Horticulture.



Visit to Cambodia

Ms Phyllis Pang engaged in a staff development activity and went to Cambodia on 15 to 20 June to strengthen her knowledge and skills on service learning, also to explore how to better support her students on their self-initiated projects. Earlier this year, Phyllis was awarded the Staff Development Grant in Service-Learning 2013/14.



Talk delivered

Mr Rick Kwan was invited by the Hong Kong Alzheimer's Disease Association to give a talk about the gerontological nursing development in Hong Kong for the senior nurses from Shanghai, Mainland China on July 14.



Centre's mini-retreat

The Centre hosted a mini-retreat and a welcome party on 3 July to give our Advisors, Affiliated Members and Board of Experts members an update on our frailty research programmes.



Workshop on research methods in gerontology

An intermediate level workshop on research methods in gerontology was delivered on 26 August. This workshop was the first of a series designed for registered nurses who have some clinical experience in geriatric care and research experience to further their knowledge in clinical nursing research. A variety of research methods that can be applied to clinical investigations when nursing older people will be introduced in the workshops.

The workshops will be held from 26 August to 14 October and 4 November. Two statistical workshops are included in the workshop series.

Media Interview

Prof. Claudia Lai representing the Honor Society of Nursing, Sigma Theta Tau International, Sigma Theta Tau International as Regional Coordinator, Asia and Dr Siok Bee Tan, Advanced Practice Nurse, Singapore General Hospital were interviewed by the MediaCorp. In the interview, they talked about the nursing practice in their region and how the nursing professionals cope with the challenge of aging population. MediaCorp is a leading media company in Singapore and the video clip can be found at: http://sn.polyu.edu.hk/enewsletter/video/20140815_CNA.wmv