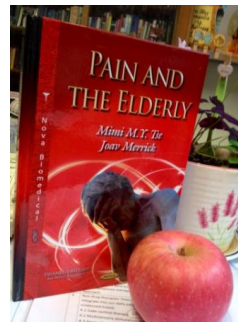


Research Themes & Centres Update
Ageing and Health
Centre for Gerontological Nursing

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Research & Scholarship activities

Dr. Mimi Tse had published a book namely “Tse, M. Y. M. & Merrick, J. (2014). Pain and The Elderly. New York: Nova Science Publishers, Inc.



Dr .Enid Kwong was invited by Quadrant, an initiative of Griffith University, Central Queensland University, QCIF and NECTAR to take part in the podcast interview on a published study entitled “Effect of a Life Review Program for Chinese Patients with Advanced Cancer”. The 15-minutes interview was conducted on 8 Dec 2013 and the recording of the interview would be used for publication on Quadrant’s website.

Congratulations to Ms. Rose Heung who was awarded the 3rd year CGN clinical project grant of HK\$30,000. The clinical project is named as "Effect of an Eight-Section Brocades (ESB) Qigong exercise program on the psychological and physical health among frail older adults: a pilot study." Project team members also include Dr. Mimi Tse and Dr. Anthony Wong.

Educational / Teaching & learning activities



Dr. Mimi Tse was invited by Hong Kong & Kowloon Spinning Weaving & Dyeing Trade Workers General Union to deliver Health talk & towel dance to 50 older adults, with a group of undergraduate and postgraduates, on 19 Jan 2014.

Advance Practice

A press release conference was held on 17 Dec 2013 by Prof. Claudia Lai in collaboration with the Cadenza Project of the Hong Kong Jockey Club Charities Trust (JC), where JC was also the funder of this study. Claudia publicized the positive results of a randomized controlled trial using prompted voiding in to promote urinary continence in nursing home residents. The press conference aimed at promoting public awareness and moving health care quality forward.



Other events



CGN members from left to right: Ms Rose Heung, Ms Sylvia Ting, Dr. Enid Kwong, Dr. Justina Liu, and Prof. Claudia Lai attended the Yuen Yuen Institute Annual Fund Raising Dinner held at the L'hotel Nina et Convention Centre, on Jan 15, 2014. During the dinner, CGN was introduced to some of the guests.

Dr. Anthony Wong, Dr. Mimi Tse, Ms Phyllis Pang, Ms Rose Heung, Ms Sylvia Ting - 6 members from CGN visited Sham Shui Po district (SSP) on 11 Dec 2013, to have a better understand the old, recent and future development of SSP. The district has a comparatively large older people population compared to 18 districts. In recent years, redevelopments commenced in SSP successively to accommodate highly developed transportation network. This was a joint guided tour organized by HULU Culture to tour around the redeveloped Shek Kip Mei and Mei Ho House(美荷樓), which has now become Youth Hostels. The Heritage of Mei Ho House showcased the lifestyle of residents in public housing estates between the 1950s and 1970s, providing us more information on the “revitalized” SSP. At the same time, this brought us a better understanding of those days where our older people had experienced 5 decades ago.



There was a Housewarming party with “Hotpot” for our centre members. They enjoyed and have a nice gathering on 18 Jan 2014 in Phyllis’s house.



Mr. Patrick Kor joins our Centre as a new member. After graduated from his BSN program, Patrick worked for four years in ICU and medical unit of the Tuen Mun and Pok Oi Hospital. He joined SN in Sept. 2013 and is going to complete his Master of Cardiology at the Chinese University of Hong Kong by June 2014. He is excited to join CGN and is keen to develop his competencies in research and participate in CGN’s diverse scholarly activities.



A welcoming casual lunch to Patrick (Right former of the back row) by CGN members in Staff Club on 17 Jan 2014.