

The Centre for Gerontological Nursing (CGN) Newsletter

August 2013 issue

Health promotion



Dr. Justina Liu and a group of nursing students participated in the voluntary service of a booth at the Activity Day for residents in Wong Tai Sin, Chuk Yuen (North) estate. This event was organized by Helping Hand. The aim of the booth serviced by our students was to educate the general public about the importance of fall prevention for older adults. A total of about 400 residents had visited and played gram in our booth.

Community project

Dr. Justina Liu, representing the teaching team of Gerontological Nursing*, was invited to be an honorable guest of the Closing Ceremony of Searching Life Story (尋找生命的故事閉幕禮) by Helping Hand so as to recognize their contribution to the project creating life story book for community-dwelling older adults. Nine booklets created by our students won a Best Life Story Booklet Award.

*The team includes Dr. Enid Kwong, Dr. Justina Liu, Ms. Phyllis Pang and Mr. Rick Kwan.



Teaching and learning activity

Ms Phyllis Pang engaged in the teaching and learning activity for the School's inbound exchange students. She conducted a workshop on expressive art therapy at the end of July 2013 to strengthen students' concept on nurses' role in caring.



Staff development activity



Ms Phyllis Pang also involved in the staff development activity by initiating a clinical update in the Medical & Geriatric unit of Yan Chai Hospital in the mid August 2013 to bring up to date knowledge and skills on caring of older people in Hong Kong.

Visitor to the Centre

Dr. Patrick JAHN, Head of Nursing Research and Development, Cooperation Centre Medical Faculty at University Hospital Halle of Germany was visiting our School at 21st and 30th August 2013. Prof. Claudia Lai and other centre members have met him on 26 August to discuss opportunity of collaboration over issues such as research proposal writing, research publication and student exchange.



Publications

1. Chan, C. L. F., Lai, C. K. Y., & Chi, I. (In press). A Validity and Reliability Study of a Chinese Assessment Tool for Persons with Moderate to Severe Intellectual Disabilities. *Journal of Intellectual Disability – Diagnosis and Treatment*. Accepted for publication.
2. 關耀祖, 葉少盈, 賴錦玉. (2013). 從認知衰退至癡呆症的治療與預防方法. *中國實用護理雜誌*, 29(23), 66-69.
3. Liu, J.Y.W. (In press). Exploring nursing assistants' roles in the process of pain management for cognitively impaired nursing home residents: a qualitative study. *Journal of Advanced Nursing*.
4. Tse, M.Y.M., Tang, Y.K.A., Wan, V.T.C, & Vong, S.K.S. (In press). The effectiveness of physical exercise training in pain, mobility and psychological well-being of older persons living in nursing homes. *Pain Management Nursing*.
5. Xiao, H., Kwong, E.W.Y., Pang, S.M.C., & Mok, E.S.B. (2013). Effect of a life review program for Chinese patients with advanced cancer: A randomized controlled trial. *Cancer Nursing*, 36(4), 274-83.