

## The Centre for Gerontological Nursing (CGN) Newsletter

July 2013 issue

### Professional activities of centre members.

Phyllis went to Cambodia for staff development on Service Learning in Jun 2013. She has made visits to Happy Tree Social Services: Prek Torl Community Development Centre, Happyland Orphanage, House of Rainbow Bridge Orphanage. Besides, she also made home visits and provided health care counselling to older people living in the slum area. Also, she delivered workshops on “Expressive Art Therapy” as training the caregivers on Women’s group there.



### Other Activities

#### *Collaboration meeting in Seoul*

Claudia Lai, Enid Kwong, Justina Liu, and Mimi Tse took the opportunity to explore opportunities of cross-cultural collaboration with nurse academics from two Korean Universities, while they were attending the 20<sup>th</sup> IAGG World Congress of Gerontology and Geriatrics. They met with Dr Junah Song, Associate Professor and Director of Nursing at the Korea University, and Professor Misoon Song & Dr K C Lim, Associate Professor from Sungshin University. Professor Song is also the President of the Lambda Alpha Chapter-at--Large of the Honor Society of Nursing, Sigma Theta Tau International, in Korea. Various CGN members up with similar research interest have been introduced and connected with our Korean counterparts. The College of Nursing, Korea University is also interested in student exchange with our School as



well. Justina Liu, the School's Coordinator for International Student Exchanges, will further communicate with the Korea University on this matter.

### **Conference presentation**

#### ***The 20<sup>th</sup> IAGG World Congress of Gerontology and Geriatrics, June 23-27, 2013, Seoul, Korea***

Claudia Lai presented her poster, titled "Prompted voiding (PV) in managing urinary incontinence (UI) in residential care: Can it be sustained?", and won a Best Poster Award.



Enid Kwong conducted an oral presentation, titled "A life review programme for Chinese nursing home residents with frailty: Development and Feasibility test".

Justina Liu had one oral presentation, titled "Exploring nursing assistants' roles in the

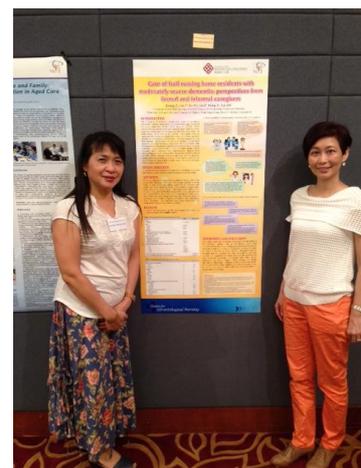


process of pain management for cognitively impaired nursing home residents: a qualitative study" and one poster presentation, titled "Will simplified Tai Chi reduce pain and thereby improve the way elderly people with chronic joint pain perceived their health."

Mimi Tse was the convener of a symposium titled: "Management of Pain: Best practice and areas for future research" and one poster presentation, titled: "Evidence based practice: Aromatherapy as pain relief for older adults".

#### ***The In 7<sup>th</sup> Scientific meeting Cum 16<sup>th</sup> AGM, June 29, 2013, Hong Kong***

Enid Kwong presented a poster, titled "Care of frail nursing home residents with moderately severe dementia: perception from formal and informal caregivers", in Hong



Kong College of Gerontological Nursing 7<sup>th</sup> Scientific Meeting cum “Collaboration in Aged Care”.



Mimi Tse and her students joined and gave two poster presentations, titled:” Therapeutic Play Among Chinese Older People: A Literature Review: and “Aromatherapy: Effectiveness in reducing depression, anxiety and stress among

Phyllis Pang presented her poster, titled “Empowering older people and family: an indication for collaboration in aged care” in Hong Kong College of

Gerontological Nursing 7<sup>th</sup> Scientific Meeting cum “Collaboration in Aged Care”.

### ***Others***

Mimi Tse , Rose Heung, and Peony Lai (visiting lecturer) had an oral presentation titled:” "The effect of integrated program on promoting a healthy lifestyle for the residents living in sheltered home." In Inaugural symposium

Presentation of the HEALED group, in The Hong Kong Polytechnic University, 8<sup>th</sup> July 2013. Hong Kong.



### **External competitive grant**

Justina Liu was awarded the RGC ECS 2013 to conduct a RCT study about implementation of observational pain management protocol to improve pain management for long-term institutionalized older care home residents with dementia with 644,000HKD for 30 months.

### **Publication**

1. Kan, W.Y. (2013). Palliative care patients’ experiences on horticultural therapy. Newsletter of Hong Kong Association of Therapeutic Horticulture, 6(5), 8-18

2. Lai, C.K.Y., Chow, S.K.Y., Suen, L.K.P., & Wong, I.Y.C. (2013). Reduction of physical restrains on patients during hospitalization rehabilitation: a clinical trial. *Asian Journal of Gerontology and Geriatrics*, 8, 38-43