

# News for the SN newsletter (January 2013): Centre for Gerontological Nursing

---

## **Our students gained professional and personal growth through developing individual life story books to community-dwelling older adults**

Caring relationships start with people enjoying listening to one another. Life story books (LSB) value the older adults' stories, promote relationship-centred care and enhance person-centred care.

This is an activity co-organized between Helping Hand and the teaching team of Gerontology Nursing: Dr. Enid Kwong, Dr. Justina Liu, Mr. Rick Kwan and Ms. Phyllis Pang. Our students visited community-dwelling older adults and lead them to recall their past life events for developing their individual LSB. Two students received the appreciation certification from Helping Hand for their participation and contribution.

Focus group interviews have indicated their professional and community growth through this service learning activity. The data collected have provided the insights for developing service learning to undergraduate students learning care of older people.



### **Support the Care for the carers activity**

The Hong Kong Alzheimer' Disease Association invited the Centre of Gerontological Nursing member, Mr. Rick Kwan to provide an educational talk on care for the late stage dementia persons for the general public. This talk took place on 11 December 2012 at the Kwun Tong Integrated Family service Centre and attracted around 20 formal and informal caregivers' participation.



### **Advocate older persons' voices**

Invited by the Sik Sik Yuen, Ms. Shirley Lo delivered a two-hour talk to 40 senior people in Po Tat Day Centre for Elderly on 14 December, 2012. The topic was on "Family harmony: voices of community older persons".

