

# The Centre for Gerontological Nursing (CGN) Newsletter

October 2012 (Vol 1 Issue 1)

## Research & Research-related Activities

**Congratulations to Dr Mimi Tse** who received funding of \$90,000 from the Pentecostal Church of Hong Kong Hostel, to study healthy living in sheltered homes.

**Ms Yu ZHANG**, one of our Centre's doctoral students is now attached to the University of Southern California, a leading private university in gerontology research in Los Angeles, US, for one semester. She is excited to be there, working alongside renowned scholars and peers. She will be supervised by Prof. Iris Chi, the Chinese-American Golden Age Association/Frances Wu Chair for the Chinese Elderly.



## Strategic Partnership

Our centre has formed a strategic partnership with Dr Georgann Weissman, a Geriatric Nurse Practitioner in the US. She was a visiting fellow in the SN for one week (8 to 12 October 2012), and has been facilitating the learning of our MSc students on advanced practice nursing experiences since 2006. During her visit with us, she participated in the teaching of MSc classes in the subjects of Advanced Health Assessment, Advanced Practice Role Practicum, the Concept of Advanced Nursing, and Pain & Symptoms Management. Also, we are actively developing collaborative research activities and will write up proposals for grants/funding in the US and Hong Kong.

## Scholarly Events

### The CGN's first public event: Seminar on Cross Border Elderly Services



The seminar, jointly organized by the Hong Kong Society for Rehabilitation, the CGN and a number of NGOs in Hong Kong, was held on 12 October 2012. The aim of the seminar was to promote cross border residential nursing care for old people.



Experiences and challenges in continuing to enhance the quality of cross border residential nursing care homes were shared and discussed.

## Advocacy

20 September 2012



### **The Forum on a Hong Kong Dementia Strategy (2012-2017)**

**Action Plan** was organized by the Hong Kong Council of Social Service's Working Group on Dementia, to promote dementia care. At this event, Professor Claudia Lai was invited to present her work on Ginkgo – a Web-based Resource Centre for Dementia Care.

The Forum was an endeavour to arouse stakeholders' interest and public awareness in dementia and dementia care. More than 150 guests and participants from government departments, charity foundations, non-government organizations, carers' alliances, and advocacy groups took part in the event. Legal, medical, nursing, social work, and other allied health professionals from academia, the public service sector, and private practice participated in the forum and were actively engaged in lively discussions. The Dementia Strategy (2012-2017) Report prepared by the Working Group was submitted to relevant government departments.

## Technology Transfer Functions: A training on the use of Auriculotherapy

September to October 2012 (21, 28 September & 5 October)

A training course on auriculotherapy (實用耳穴療法速成班) for the staff of the Evangelical Lutheran Church of Hong Kong (ELCHK), Shatin Integrated Elderly Service, was delivered by Dr Lorna Suen. The aim of the course was to introduce the basic concepts of auriculotherapy, the functions of the acupoints, and its applications. Some hands-on practice was provided during the sessions. Overall, the course was well received by the staff, who found the teaching content practical and interesting.

## Community Education & Service

May to September 2012



The drug education programme is a project funded by the CGN to enhance safe drug use for community-dwelling older people. Dr Mimi Tse, Ms Rose Heung, and 10 nursing students conducted the programme for 100 older people who are members of the Pentecostal Church of Hong Kong Choi Wan Neighbourhood Elderly Centre and Community CareAge Foundation.

17 October 2012

Ms Rose Heung was invited by the Community CareAge Foundation to present a talk on the diagnosis and management of diabetes mellitus for elderly people living in the Po Tat housing estate.

## Not just work ... CGN outing



We had an outing on 7 October 2012. This event gathered together CGN members and our visiting lecturer Dr Gigi Weissman and her husband, and graduates of our Master of Nursing programme. We hiked along the Lion Rock trail and went sightseeing at Chi Lin Nunnery.

“The rest is a long way to go.” Not only did we grasp this chance to breathe some fresh air in our country parks and exercise our muscles and brain, but we also had lots of fun together. There was an open exchange of ideas among us on various topics, including the Centre’s strategies to achieve its mission.