

「疼痛行為觀察評估及管理」草案 Observational Pain Management Protocol

提供疼痛管理程序指引以改善認知障礙症長者之疼痛管理
Providing guidance for improving pain management for nursing home residents with dementia

現今大多數院舍裡患有認知障礙症的院友所接受的疼痛治療均有欠理想，其主要原因是疼痛評估和記錄不足。因此，理大研究人員設計了一份「疼痛行為觀察評估及管理」草案，作為供院舍用作疼痛管理程序指引，藉以提升和改善院友的疼痛管理。



與本研究相關之相片
Photos related to this project

改善腦退化症院友因疼痛引起之照顧行為研究
C-PAIND 疼痛評估分數表 (請護理人員填寫)

院友姓名: _____

日期	時間	院友姓名	呼吸 (觀察呼吸困難)	面部表情 (觀察皺眉)	面部表情 (觀察閉眼)	身體語言 (觀察姿勢)	可安撫程度	痛楚	採用之疼痛管理方案	方案效果 (0=無效, 10=最好)	評估者
2015	A	2	1	2	0	1	6	痛楚	(1) G. 痛楚	8	張曉
2015	B	1	0	0	0	0	1	無痛楚			

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中文版晚期老年認知障礙症疼痛評估量表
C-PAIND assessment

Suboptimal pain management provided for nursing home residents with dementia (RWD) has frequently been reported. This situation is partly due to inadequate pain assessment and documentation. Thus, a group of PolyU researchers have developed a comprehensive Observational Pain Management Protocol to improve and enhance pain management for nursing home residents with dementia.

特色與優點

- 透過評估院友的身體語言改善院舍的疼痛管理流程
- 改善院舍院友的疼痛管理

應用

- 把草案內容融入院舍的日常護理程序
- 改善院舍的疼痛管理



採用「疼痛行為觀察評估及管理」草案
以改善認知障礙症長者之疼痛管理



研究手冊
Booklet



下載研究手冊
Access of the booklet

Special Features and Advantages

- Assess the body language of residents to improve the care flow in pain management
- Improve the pain management of residents in nursing homes

Applications

- Integrate the protocol into the routine care procedures of nursing homes
- Improve the pain management in the nursing homes

Principal Investigator

Dr Justina Yat-wa LIU

School of Nursing

Contact Details

Institute for Entrepreneurship

Tel: (852) 3400 2929 Fax: (852) 2333 2410 Email: pdadmin@polyu.edu.hk



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