

COVER STORY

Admission Summary in 2019/20

The admission statistics released by the Academic Registry show that the total number of students admitted to our postgraduate programmes increased significantly by 29%. Our undergraduate nursing programmes have remained competitive in the JUPAS admission exercise.

A total of 198 students were admitted to our self-financed postgraduate programmes (vs. 153 in 2018/19). The MSc in Nursing programme recorded an increase in application by 6.8% from 132 in 2018/19 to 141. The total number of admitted students also increased from 95 in 2018/19 to 112.

Full enrollments (40 intake quota for each programme) were achieved for the MSc in Disaster Nursing programme (Sichuan, Mainland China) and the Master of Nursing programme. The total number of applicants for the former leapt from 69 in 2017/18 to 238, whereas the applicants of the latter dropped slightly to 282 applicants this academic year (vs. 298 in 2018/19).

There is an overall decrease in the total number of applicants for most PolyU's undergraduate programmes including ours.

The total number of JUPAS applicants for the BSc (Hons) in Nursing programme dropped by 8.0 % from 5,077 in 2018/19 to 4,673 in 2019/20. The admission ratio for JUPAS applicants is 1:28*. The JUPAS applicants for the BSc (Hons) in Mental Health Nursing programme dropped by 7.8% from 3,715 in 2018/19 to 3,426 in 2019/20. The admission ratio for JUPAS applicants is 1:49**.

The total number of admitted students to the BSc (Hons) in Nursing programme increased significantly from 173 in 2018/19 to 196 (3 above the intake quota) in 2019/20. Seventy-three (3 above the intake quota) students were admitted to the BSc (Hons) in Mental Health Nursing programme, a slight increase when compared with the number (70) in 2018/19.

The average admission score¹ of the BSc (Hons) in Nursing programme slightly decreased to 27.4 (vs. 27.8 in 2018/19) while the score stood at 25.9 (vs. 26 in 2018/19) for the BSc (Hons) in Mental Health Nursing programme.

*The admission ratio=Intake quota for JUPAS: No. of JUPAS applicants.

**The admission ratio=Intake quota: No of JUPAS applicants.

¹ The average admission score was calculated based on students' results on the Hong Kong Diploma of Secondary Education examination. The results of Four core subjects (Chinese language, English language, Mathematics, and Liberal Studies) plus best Two elective subjects were included for calculating the average admission score.

New MOOC course on shared decision making and interprofessional collaboration

The HKPolyUx launched a new massive open online course (MOOC) “ Shared Decision Making and Interprofessional Collaboration in Health Care” on 2 September. This was the second MOOC project in which our staff members were involved.

Prof. Glyn Elwyn, Professor of the Dartmouth Institute for Health Policy and Clinical Practice, the USA (also Adjunct Professor of the School), together with instructors from PolyU including **Dr Kitty Chan** (Teaching Fellow, School of Nursing) , Mr Alexander Woo (Senior Clinical Associate, the Department of Rehabilitation Sciences), Mr Bobby Shiu, Clinical Associate, the Department of Health Technology and Informatics) introduced the concept and model of shared decision making and elaborated how to build interprofessional collaborative practice. In addition, renowned experts in various health care fields shared their experience on interprofessional collaboration.

The 7-week free online course was delivered via the edX platform and was open to global audiences. It was listed as one of the “must take” courses in edX. The course recorded a high enrollment of over 1,400 learners and over 40% were global learners (as of 30 September).

Instructors used the best scientific evidence available to teach and prepare students to engage patients in decision-making, using strategies to integrate patients’ preferences during treatment planning. They also shared their interprofessional collaborative experience, discussed effective ways for coordination of care to meet health needs and elaborated innovative strategies that promote collaboration among healthcare allies.

Dr Kitty Chan, one of the instructors, said that during the course, a case study delivered in the form of documentary drama took students through a patient’s journey to experience challenges in recovery. “The drama stimulated students to think about the concepts and significance of shared decision making and interprofessional collaboration to achieve optimal health outcomes for patients.” Said Dr Kitty Chan.

The learners commented that the concept of shared decision making is worth advocating as it promotes the respect of patients’ autonomy and the balance between scientific evidence and patients’ preferences. The majority of the learners responded to the on-line polling questions by expressing that they enjoyed the course, learnt a lot, and would recommend the course to their friends.

PolyU is an institutional partner of the edX Consortium, an e-educational platform founded by Massachusetts Institute of Technology and Harvard University. HKPolyUx is an online platform established to facilitate online learning.



► Integrating interprofessional MOOC to the flipped classroom pedagogy for freshmen.



► The MOOC course was listed as one of the “must take” courses by edX.

Research projects received funding

Four projects received internal or external funding from August to October. Below are the details:

Project Title	PI	Funding Scheme	Total Grant (HK\$)
Individualised Music Playlist Based on ISO-Principle For De-Escalating Agitation of People Living with Dementia: A Randomised Controlled Feasibility Study	Dr Daphne Cheung	Faculty Collaborative Research Scheme between Social Sciences and Health Sciences	250,000
Effects of a Video-Based Mhealth Program for the Homebound Older Adults: A Pilot Randomized Controlled Trial	Mr Arkers Wong	Nethersole Institute of Continuing Holistic Health Education	119,865
Good Dyadic Relationship between Older Couples with One Having Mild Cognitive Impairment: A Q-Methodology	Dr Daphne Cheung	Nethersole Institute of Continuing Holistic Health Education	111,000
Electromoxibustion and Knee Health Education for Knee Osteoarthritis in Older Adults	Dr Jerry Yeung	Yan Chai Hospital	77,080

Survey on family happiness

Dr Simon Lam conducted the 2019 edition of the Hong Kong Family Happiness Index Survey. The result showed that Hong Kong families were happier than the previous year, but family members found it difficult to express their care in words.

Eighty percent of the 1,005 respondents reported having a happy family life. The participants scored a mean of 6.89 out of 10 on the index, which was slightly higher than that for the 2018 survey by 0.31. Almost half of the survey's respondents reported that they had trouble using words of affirmation to show their care or affection towards their family members.

The survey was commissioned by HK.WeCARE of Wofoo Social Enterprises and sponsored by the Lee Kum Kee Family Foundation. It was carried out in July and external factors such as social problems were not included.



Attended international events & delivered speech

Prof. Maritta Valimaki was invited to visit Myanmar together with Prof. Anne Marie Rafferty (Professor of Nursing Policy, and former Dean of the Florence Nightingale Faculty of Nursing and Midwifery, King's College London). They joined the seminar at Naypyidaw, organised by the Royal College of Pediatrics and Child Health, the UK, on 10-12 August. Participants were the hospital staff members and representatives at the ministerial level.

Prof. Valimaki participated in the 7th Biennial Cambridge International Conference on Mental Health 2019 on 4-7 September, held at Cambridge University, and presented the results of the pilot study on gaming for patients with schizophrenia.

On 25-27 September, Prof. Valimaki was invited to give a speech at the 2019 Xiangya Evidence-Based Nursing Methodology and Practice Workshop, organised by Xiangya School of Nursing, Central South University, Mainland China. She spoke about how evidence-based research and specifically ICO format can guide the study topic and especially literature search.

Research Themes & Centres Update

Ageing and Health



Welcome to new members

Two new members have joined the Centre.

- Miss Angel Tang is a clinical instructor of the School. She was awarded a Bachelor's and Master's degrees at PolyU. She worked as a registered nurse and clinical teacher in the Orthopaedics unit of the United Christian Hospital. She is studying a PhD programme and her research interests are on pain management, aromatherapy and online learning of the community-dwelling older adults and working population.



- Mr Alan Tam, our PhD student, who joined the Centre in September. He was an emergency nurse in a hospital and a lecturer in a nursing college in Macau. He concerns about community health for older adults. He wants to make more contribution to older adults and promote the development of gerontological nursing in his hometown, Macau.



CGN retreat & gathering

The CGN retreat 2019 was held on 23 August. Members of the Centre actively discussed the strategies for making research impacts visible and bringing benefits to the community. On 12 September, members celebrated the start of the new academic year by holding a lunch gathering.



▶ CGN retreat.



▶ Members went yum cha together. Enjoyed dim sum and got ready for the new academic year!

Family and Community Health



Members presented studies at international conferences

Members of the Centre presented their research studies at international conferences:

- **Dr Margaret O'Donoghue** (team members including Ms Jacqueline Ho and Dr Lorna Suen) presented the study entitled "Acceptability and Tolerability of Alcohol-Based Hand Hygiene Products for Elderly Residents in Long-Term Care: A Crossover Study" at the 5th International Conference on Prevention and Infection Control (ICPIC), held on 10-13 September in Geneva, Switzerland.
- **Dr Lin Yang** (team members including Dr Yim-wah Mak, Dr Lorna Suen, and Dr Justina Liu) presented the research studies entitled "Is Frailty a Risk Factor of Influenza-Like Illness? A Prospective Community Cohort Study of Older People in Hong Kong" at the Options X for the Control of Influenza Conference, held from 28 August to 1 September in Singapore. Another paper entitled "The Impact of Indoor Environmental Factors on Influenza-Like Illness in the Community Dwelling Older Population of Hong Kong", which is co-authored by Dr Yim-wah Mak, Dr Lorna Suen and Dr Justina Liu, was also presented in the conference.



World Health Organization Collaborating Centre
for Community Health Services
世界衛生組織社區健康服務合作中心

New COPE's Floods book

The Floods book, a new COPE's global disaster children book that teaches children simple steps for disaster preparedness is out for free [download](#).

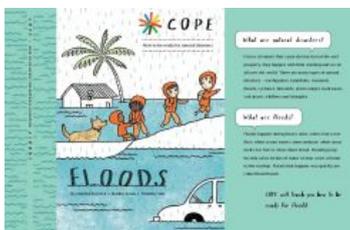
In collaboration with the experts from the National University of Malaysia, and written by Martha Keswick, illustrated by Mariko Jesse and edited by **Dr Timothy Sim**, this book brings young readers to a flood mission to Kelantan State in Malaysia to learn disaster response and risk reduction skills through practical guidance.

The School's WHO CC is currently supporting the development of COPE series, which use simple language and animated pictures to raise awareness of children on preparedness for natural disasters.

The *Earthquakes* Book and the *Tsunami* Book, endorsed by the UN Office for Disaster Risk Reduction (UNDRR) were released last year. The new Cantonese Chinese versions are out, and you can download the free e-books [here](#).

The *Cyclones* book, in collaboration with James Cook University, is expected to be out by early next year. Two more books in 2020 are:

- *Storm Surges*, in collaboration with Hong Kong Observatory and the Hong Kong Jockey Club Disaster Preparedness and Response Institute of Hong Kong Academy of Medicine;
- *Landslides*, collaborates with World Vision China Foundation Limited and GeoHazards Institute (USA).



Transitional, Supportive & Palliative Care

New appointment & meetings for fund application

- **Prof. France Wong** was appointed as the Deputy Director of Guangdong Undergraduate Tertiary Education Steering Committee (廣東省本科高校教育指導委員會副主任委員). Her term of service is from 2019 to 2023.
- In August and September, two theme meetings were held for supporting members who would submit fund application proposals.

Mental Health Care

Members helped develop training course on evidence-based research

Prof. Maritta Valimaki participated in the EVBRES (EVIDence-Based RESearch) network activities in Brno, the Czech Republic, from 28-31 July, to plan the content of a training course on evidence-based research. The two-day training course was tested in Estonia, at the University of Tartu around early October.

The School is planning to organise the training course to support PolyU's PhD students and young researchers to put their research topics into context and avoid study replication and redundant research without a clear rationale.

Funded by the European Cooperation in Science and Technology (COST), EVBRES was formed to promote the COST action CA-17117 "Towards an International Network for Evidence-Based Research in Clinical Health Research". So far, 36 European countries out of 39 are involved in the COST action. The Hong Kong Polytechnic University has been accepted to join the COST network, and **Dr Simon Lam** is the representative of PolyU at the network.

For more details, please visit <https://www.cost.eu/actions/CA17117/#tabs|Name:overview>.

Research Publications

- Anttila, M., Sittichai, R., Katajisto, J. & Välimäki, M. (2019) Impact of a web program to support the mental wellbeing of high school students: a quasi experimental feasibility study. *International Journal of Environmental Research and Public Health* 2019, 16(14), 2473. doi: 10.3390/ijerph16142473
- Chui, C. H., Tang, J. Y. M., Kwan, C. M., Fung Chan, O., Tse, M., Chiu, R. L. H., Lou, V. W. Q., Chau, P. H., Leung, A. Y. M., & Lum, T. Y. S. (2019). Older adults' perceptions of age-friendliness in Hong Kong. *The Gerontologist*, 59(3):549-558. doi:10.1093/geront/gny052
- Corazzini, K. N., Anderson, R. A., Bowers, B. J., Chu, C. H., Edvardsson, D., Fagertun, A., Gordon, A. L., Leung, A. Y. M., McGilton, K. S., Meyer, J. E., Siegel, E. O., Thompson, R., Wang, J., Wei, S., Wu, B., & Lepore, M. J. (2019). Toward common data elements for international research in long-term care homes: advancing person-centered care. *Journal of the American Medical Directors Association (JAMDA)*, 20(5), 598-603. doi: 10.1016/j.jamda.2019.01.123
- Edvardsson, D., Baxter, R., Corneliusson, L., Anderson, R. A., Beeber, A., Boas, P. V., Corazzini, K., Gordon, A. L., Hanratty, B., Jacinto, A., Lepore, M., Leung, A.Y.M., McGilton, K. S., Meyer, J., Schols, J. M. G. A., Schwartz, L., Shepherd, V., Skoldunger, A., Thompson, A., Toles, M., Wachholz, P., Wang, J., Wu, B., & Zúñiga, F. (2019). Advancing long-term care science through using common data elements: candidate measures for care outcomes of personhood, well-being, and quality of life. *Gerontology & Geriatric Medicine*, 5, 1–15. doi: 10.1177/2333721419842672
- Hautala, L., Anttila, M., Lantta, T. & Välimäki, M. (2019). The role of body-esteem in academic functioning problems associated with eating disturbances. *The Journal of American College Health* 2019, 1:1-5. doi: 10.1080/07448481.2019.1647211
- Ho, G., Chan, A.C.Y., Shevlin, M., Karatzias, T., Chan, B. & Leung, D. (2019) Childhood adversity, resilience, and mental health: a sequential mixed-methods study of Chinese young adults. *Journal of Interpersonal Violence*, 1-26. doi: 10.1177/0886260519876034
- Ho, G.W.K., Bressington, D., Karatzias, T., Chien, W.T., Inoue, S., Yang, A.P., Chan, A.Y.C. & Hyland, P. (2019). Patterns of exposure to adverse childhood experiences and their associations with mental health: a survey of 1,346 university students in East Asia. *Social Psychiatry and Psychiatric Epidemiology*. doi: 10.1007/s00127-019-01768-w
- Koduah, A. O., Leung, A. Y., Leung, D. Y., & Liu, J. Y. (2019). "I sometimes ask patients to consider spiritual care": health literacy and culture in mental health nursing practice. *International Journal of Environmental Research and Public Health*, 16(19), 3589.
- Kwan, R.Y.C., Leung, A.Y.M., Yee, A., Lau, T.L.T., & Dai, D. (2019). Cognitive frailty and its association with nutrition and depression in community-dwelling older people. *The Journal of Nutrition Health and Aging*, 1-6. <https://doi.org/10.1007/s12603-019-1258-y>
- Laine, A., Välimäki, M., Löyttyniemi, E., Pekurinen, V., Marttunen, M. & Anttila, M. (2019). The impact of a web-based course concerning patient education for mental health care professionals: quasi-experimental study. *Journal of Medical Internet Research* 2019, 21(3):e11198. doi: 10.2196/11198
- Leung, A. Y. M., Leung, S. F., Ho, G.W.K., Bressington, D., Molassiotis, A., Lam, C., Ligot, J., Valdez, L. P., Lazalita, A., Chhit, S., Chou, P., & Valimaki, M. (2019). Dementia literacy in Western Pacific Countries: a mixed-method study. *International Journal of Geriatric Psychiatry*, 1-11. doi: 10.1002/gps.5197
- Leung, A., Leung, S.F., Ho, G., Bressington, D., Molasiotis, A., Lam, C., Ligot, J., Valdez, L.P., Lazalita, L., Chhit, S., Chou, P. & Valimaki, M. (2019). Dementia literacy in Western Pacific countries: a mixed-methods study. *International Journal of Geriatric Psychiatry*. doi: 10.1002/gps.5197
- Leung, A.Y.M., Chau, P.H., Leung, I.S.H., Tse, M., Wong, P.L.C., Tam, W.M., & Leung, D.Y.P. (2019). Motivating Diabetic and Hypertensive Patients to Engage in Regular Physical Activity: a multi-component intervention derived from the concept of photovoice. *International Journal of Environmental Research and Public Health*, 16(7), 1219. doi:10.20944/preprints201809.0028.v2
- Lipardo, D. S., Leung, A. Y. M., Gabuyo C. M. A., Escuadra, C. J. T., Leung, P. A., Aseron, A. M. C., Hernandez, K. A. V., Diaz, J. B., & Tsang, W. N. T. (2019). Cross-cultural adaptation and psychometric properties of the Falls Efficacy Scale – international in Filipino community-dwelling older adults. *Disability and Rehabilitation*. <https://doi.org/10.1080/09638288.2018.1519045>
- Liu, J.Y.W., Kor, P.P.K., Lee, P.L., Chien, W.T., Siu, P.M. & Hill, K.D. (2019). The effects of an individualized exercise programme plus behavioural change enhancement strategies for managing fatigue in frail older people: a study protocol of a cluster randomized controlled trial. *Physical Therapy*. pii: pzz130. doi: 10.1093/ptj/pzz130
- Lu, L., Lok, G., Zhang, L., Hu, A., Ungvari, G., Bressington, D., Cheung, T., An, F. & Xiang, Y.T. (2019). Prevalence of verbal and physical workplace violence against nurses in psychiatric hospitals in China. *Archives of Psychiatric Nursing*. doi: 10.1016/j.apnu.2019.07.002

- Ma, C.F., Chan, S.K.W., Chien, W.T., Bressington, D., Mui, Y.W.N., Lee, E. & Chen, E. (2019). Cognitive Behavioural Family Intervention (CBFI) for people diagnosed with severe mental illness and their families: a systematic review and meta-analysis of randomised controlled trials. *Journal of Psychiatric and Mental Health Nursing*. doi: 10.1111/jpm.12567
- Mak, Y. W., Leung, D. & Loke, A. Y. (2019). The vulnerability to alcohol, tobacco, and drug use of adolescents in Hong Kong: a phenomenological study. *BMC pediatrics*, 19(1), 1-12. doi: 10.1186/s12887-019-1678-1
- Metsäranta, K., Kurki, M., Välimäki, M. & Anttila, M. (2019). How do adolescents use electronic diaries? A mixed methods study among adolescents with depressive symptoms. *Journal of Medical Internet Research* 2019, 21(2):e11711. doi: 10.2196/11711.
- Suen, L.K.P., Lung, V.Y.T., Boost, M.V., Au-Yeung, C.H. & Siu, G.K.H. (2019). Microbiological evaluation of different hand drying methods for removing bacteria from washed hands. *Scientific Reports*, 9: 13754 (7 pages). <https://doi.org/10.1038/s41598-019-50239-4>
- Tse, M. M. Y., Cheung, K., Ting, S., Lau, E., Tang, A. S. K., Ng, S. S. M. & Yeung S. S. Y. (2019). Pain management clinic: a non-pharmacological multidisciplinary approach. *Jacobs Journal of Clinical Case Reports*, 6(2).
- Tse, M. M. Y., Lukkahatai, N., Cheung, K., Tang, A., Ng, S. & Kwan, R. (2019). International education collaboration using social media in teaching and learning pain management. *Biomedical Journal of Scientific & Technical Research*, 19(2). doi: 10.26717/BJSTR.2019.19.003286
- Tse, M. M. Y., Ng, S. S. M., Bai, X., Lee, P. H., Lo, R., Cheung, D., Cheung, K. & Yeung, S. S. Y. (2019). Lesson learnt from peer volunteers in a peer-led pain management program among nursing home residents. *International Journal of Environmental and Public Health*. doi: 10.3390/ijerph16173097
- Wong, A. K. C., Wong, F. K. Y., & Chang, K. (2019). Effectiveness of a Community-Based Self-Care Promoting Program for Community-Dwelling Older Adults: a Randomized Controlled Trial. *Age and Ageing*, afz095, <https://doi.org/10.1093/ageing/afz095>
- Xu, X. Y., Kwan, R., & Leung, A. Y. M. (2019). Factors associated with the risk of cardiovascular disease among family caregivers of people with dementia: a systematic review. *Journal of International Medical Research (JIMR)*. Special Issue: dementia care: what health professions need to know. <https://doi.org/10.1177/0300060519845472>
- Zhao, J., Wong, F. K. Y., You, L., & Tao, H. (2019). Validation of the Chinese Version of the Good Death Inventory for Evaluating End-of-Life Care from the Perspective of the Bereaved Family. *Journal of pain and symptom management*, 58(3), 472-480.

Student leadership development programme

Delivered student-initiated projects

The School's student leadership development programme (2018-2019) launched the student-initiated project (SIP) "You Only Live Once" (YOLO) in August, which provided opportunities for student leaders to design and deliver healthcare education and activities in Cambodia to help improve the health status and living conditions of local residents. Student leaders applied their knowledge and skills to organise various activities and implement interventions for their service recipients to learn new knowledge such as wound management, and reinforce their dental care skills. A health station was established in the local community for promoting the prevention and management of diabetes mellitus, fever and musculoskeletal pain.

Sharing from the participating student leaders

Hiu Tung, Bonnie Wong [year-4 student on the BSc (Hons) in Nursing programme]

I taught the children about wound management and teeth brushing skills and the next day I walked past a kid, living in the slum, who had learnt from me. He showed me that he had covered his wound with a clean Khmer towel, and did not leave the wound open. He wore a pair of shoes to prevent future wounds. He told me that he had brushed his teeth in the morning. I felt rewarding as I could see the changes that our team made to the kid's daily life. I believed that we sowed the seeds of health awareness to our service recipients, and their changes in lifestyle could influence other people. This programme has helped me to be more mature and has enhanced my decision-making ability.



▶ Bonnie and her team members were delivering dental care to children in Cambodia.

Siu-hong, Ivan Mo [year-2 student on the BSc (Hons) in Nursing programme]

I have learnt a lot from my teammates, especially on how to be calm and assertive in difficult situations. During the programme, some of our team members had severe fever for a few days and we had to change our plan. Facing the challenges, our team members supported and helped each other, especially when making decisions and for the project. Things were quite unexpected, and the available resources and time for our team were limited, however, I learnt that a calm mind could resolve problems.



▶ Ivan (front row, 4th from right) and his team served a homestay in Sen Sok, Cambodia.

Supported teaching and mentored juniors in Service-Learning programme

Another group of mental health nursing student leaders provided teaching and mentoring support in the Service-Learning programmes to Cambodia and Indonesia this summer. The programmes were organised for students of the subject "Healthy Lifestyle Challenges for Developing Communities" [SN2S03(A)].

Sharing from the participating student leaders

Nga-ching, Jamie Chow [year-4 student on the BSc (Hons) in Mental Health Nursing programme]

I learnt the rationale behind the actions of the teaching teams. In the debriefings, teachers nurtured students so that the students learnt and grew as independent and responsible individuals. In the service learning programme, I learnt three things: 1) Think of the rationale behind every decision; 2) Leaders should keep calm and be rational in communication; and 3) Facilitate student learning and growth through self-reflection. Ask yourself how to work better to achieve your aims.

Facilitate learning is a process based on communication. Emotion could affect effective communication. I have learnt that we have to understand different perspectives before making a conclusion or judgement. Being more empathetic can promote effective communication.



▶ Jamie was performing wound dressing to a child in the slum.

Yurisa Yeung [year-4 student on the BSc (Hons) in Mental Health Nursing programme]

I have learnt the importance of acceptance and let go. When things happened that made me disappointed and angry, I told myself that the students could make their own choices and should take up their responsibilities. I have learnt that things happen out of the blue. Instead of feeling dissatisfactory and frustrated, we can choose to accept the fact that things just happen on us. This helps us reduce our emotional burden and see happenings as opportunities for new beginnings.



▶ Yurisa (front row, 1st from left) and students in Kebonharjo, Indonesia.

Staff

- Congratulations to *Mr Arkers Wong* (CS: Prof. Frances Wong, Co-CS Dr Katherine Chang), who has completed his PhD.
- A paper entitled “Fall Prevention in Nursing Homes: Comparison of Local and International Guidelines and Policies” (First author: Ms Grace Yoon; Co-authors: *Dr Claudia Lai, Dr Justina Liu and Dr Rick Kwan*) was selected to receive the Master Award at the Annual Meeting and Expo of the American Public Health Association (APHA) in November. Ms Grace Yoon was an intern of the Centre for Gerontological Nursing.
- *Dr Angela Leung* was invited as Advisor to the Gerontological Nursing Alliance in Zhuhai, Mainland China, on 5 July. Twenty-three gerontological nursing units have joined the alliance.



Staff movement

Welcome to *Dr Eva Ho* who joined the School as Assistant Professor on 1 August; *Dr Katherine Lam* as Research Assistant Professor on 1 August; *Ms Angel Tang* as Clinical Instructor on 14 August; *Ms Elaine Cheung* as Clinical Associate on 2 September; *Mr Tsz-chun Leung* as Executive Officer on 6 September; *Ms Ng Wing Yee* as Technical Support Assistant on 14 October.

Farewell to *Dr Zenobia Chan*, Associate Professor; *Ms Mandy Fung*, Executive Officer; *Miss Kathy Yuen*, Assistant Officer; *Miss Iris Chow*, Assistant Officer, *Miss Connie Leong* and *Mr Kwun-nam, Andy Yu*, Administrative Assistants; *Miss Wilma Li*, Clinic Assistant.

We thank them for their contribution during the time with us.

The titles of *Dr Betty Chung, Dr Kitty Chan* and *Dr Katherine Chang* have changed from Lecturers to Teaching Fellows to reflect more fully their focus and expertise.

Students

- *Ms Wing-lam, Winnie Lui*, a year-5 student on the BSc (Hons) in Nursing programme and *Mr Ka-hung Dennis Lam*, a years-3 student on the BSc (Hons) in Mental Health Nursing programme were selected as the PolyU Student Ambassadors (2019-20 academic year).



▲ Mr Dennis Lam (left photo) and Ms Winnie Lui (right photo) at the inauguration ceremony for PolyU student ambassadors.

- *Ms Sheena Ramazanu*, our PHD student (CS: Dr Vico Chiang; Co-S: Prof. Maritta Valimaki), paid a fellow visit to Queensland University of Technology, Australia, from 30 September to 4 October. During the visit, she gave a presentation on 3H (Head, Heart, Hands) intervention to Prof. Theresa Green (a stroke expert), attended a full day course on Neuroanatomy for nurses, and had a one-day attachment to the stroke unit of the Royal Brisbane Hospital.



- The Mental Health Care Research Theme welcomes *Ms Jolene Yung* and *Mr Marc Patrich Sanchez* (full time PhD students) as new members.

Visitors

Date : 16 September 2019

Institution / Organisation : Lee Hysan Foundation

Country : Hong Kong SAR

Visitors : A delegation of Lee Hysan Foundation

- 1) Ms Cecilia Ho, President
- 2) Ms Janny Lau, Senior Project Manager
- 3) Ms Yvonne Lee, Project Manager



Date : 10 October 2019

Institution / Organisation : Chiang Mai University

Country : Thailand

Visitors : A delegation of Chiang Mai University, visited the research laboratory of the Centre for Smart Health.



Date : 23 October 2019

Institution / Organisation : Taikang Insurance

Country : Hong Kong SAR

Visitors : A delegation of Taikang Insurance visited the Integrative Health Clinic



Current Issues



(Jun to Sept)

Dr Timothy Sim was keynote speakers for the pre-conference forum “Community Development in the Era of Change” for South East Community Development Council District Conference, at Singapore University of Technology and Design (17 Jul) [upper photo] & the West China International Nursing Conference (19-21 Sept) at Huaxi Hospital, Sichuan University, Chengdu, Mainland China. He was also an invited speaker for the Annual Conference on Disaster Preparedness and Response, held at the Hong Kong Academy of Medicine Jockey Club Building (29 Jun) [lower photo: 2nd from left].



(July)

Member of the CGN, Dr Mimi Tse and Dr Justina Liu were invited to give talks in Japan. Dr Tse talked about “Pain Management: Using Peer Volunteers and Mobile Health Application” at the University of Tokyo (upper photo). Dr Liu spoke about the management of frailty in Okayama Prefectural University (lower photo) .



(29 Jul)

Dr Daphne Cheung was interviewed by the Hong Kong Council of Social Service. She talked about partnering with community organisations to provide Music-with-Movement to older people with cognitive impairment and their family caregivers. Click [here](#) to view the interview (that reached more than 60000 viewers!).



(25 Aug-1 Sept)

Dr Sunshine Chan, Ms Iris Ma (our alumna) and three of our students (Mr Raymond Chan-Thu, Ms Belle Chan and Ms Joanne Suen) participated as team officials of the Hong Kong Boccia team. They provided coaching and assistance to the team. The team scooped four bronze medals at the 10th National Game for Persons with Disabilities & the 7th National Special Olympics Games, held in Tianjin, Mainland China.



(9 Sept)

- ▶ The orientation programme was held to welcome five new academic staff members: Dr Joyce Chung, Dr Katherine Lam, Dr Eva Ho, Ms Elaine Cheung, and Ms Angel Tang.



(18 Sept)

- ▶ Prof. Alex Molasiotis met and spoke with the Director General of the World Health Organization, Dr Tedros Adhanom Ghebreyesus, during his visit to the WHO.



(21 Sept)

- ▶ Dr Angela Leung (In photo: 1st from left) was invited as Guest of Honour for the 65th Anniversary Ceremony of Hong Kong Public Health Nursing and Conference. She expressed her gratitude to public health nurses over the years.



(21 Sept)

The School and the Life Inhering Association jointly organised the second public talk on life education to promote family connection in end-of-life care.

- ▶ The speakers were: Rev. Yiu-lung, Kenneth Kong, Senior Pastor of Hong Kong Baptist Church; Master Yan-kong Shi, Former Center Director, the University of Hong Kong Buddhist Studies Centre; and Father Guan Junxi, a trainer of the “Nurturing Spiritual Care Series” (生命的照拂培育系列), the Chinese University of Hong Kong. One hundred and sixty audience attended the talk.



(26 Sept)

- ▶ The opening ceremony of the new cohort of the MSc in Disaster Nursing programme was held in the Institute for Disaster Management and Reconstruction (IDMR), Sichuan. Prof. Alex Molasiotis and Dr Sijian Li attended the event and gave words of encouragement to the students.



(17 Oct)

- ▶ The latest mobile blood donation vehicle parked on PolyU's campus for a 10-day blood donation campaign. Prof. Alex Molasiotis attended the launching ceremony of the campaign.



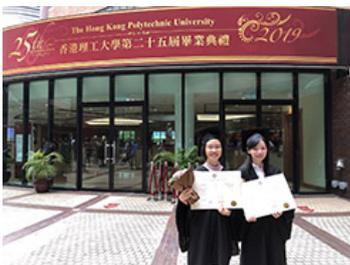
(22 Oct)

▶ The School received a donation of HKD 180,000 from the Nam Kee Noodle Foundation Ltd. The donation will support Dr Eliza Wong's project on cardio health (護心寶計劃).



(29 Oct)

▶ The 25th Congregation for the conferment of academic awards was held on PolyU's campus. Lower photo: Twenty-seven nursing students named on the Dean's Honours List (2018/19) of the FHSS, received their certificates at the congregation.



Seminar

Date	Topic	Speaker	
30 Sep	Introduction of the Funding in the Mainland China: Which Projects You Could Be the Principal Investigator	Ms Jiarui Miao <i>CGN intern,</i> <i>Zhuhai Zunyi Medical University, Mainland China</i>	

Forthcoming Events

The School will host two major events in the coming November.

Asia Pacific Emergency and Disaster Nursing Network Annual Conference

Themed “Building Collaborative Strategies to Reduce Vulnerabilities in Disasters”, this annual conference gathers experts and leaders in disaster nursing and emergency management to share their experience, research findings, and strategies for disaster preparedness, response and recovery in Asia Pacific.

Date: 12-13 November

Venue: Chiang Chen Studio Theatre, PolyU

Webpage: <https://sn.polyu.edu.hk/apednn2019/>

Hong Kong Innovation Day

Featuring healthcare innovations from Hong Kong and the nearby Greater Bay Area of Mainland China, the 4th Hong Kong Innovation Day offers a unique opportunity for innovators to showcase their products, exchange information and compete for the Innovation Awards.

Date: 19 November

Venue: M1603, 16/F, Li Ka Shing Tower, PolyU

Time: 9:00am –1:00 pm

Webpage: <https://sn.polyu.edu.hk/hkia/>