



BACHELOR OF SCIENCE (HONOURS) IN MENTAL HEALTH NURSING

Programme Code: 53482 | JUPAS Programme Code: JS3337



THE HONG KONG
POLYTECHNIC UNIVERSITY
香港理工大學

護理學院
SCHOOL of
NURSING

SN at a Glance



Ranked

2

in Hong Kong

3

in Asia

16

in the QS World
University Rankings
by Subject 2025

Job Opportunities for Graduates (2024)



Serving Organizations

97.8%

Hospital Authority

2.2%

Others (e.g. government departments, health industries, etc.)

To date, the School produced 17,000+ alumni to excel and hold senior positions in the hospitals, education field and the government, forming a strong network to contribute to the pursuit of excellence in the nursing practice, and serve as great supporters to alma mater and mentors to our students and fresh graduates.





Programme Aims and Characteristics

Programme Aims

- To educate students for preparing them to build their professional careers in mental health nursing
- To develop students' competency in providing quality care and embarking on research initiatives
- To prepare students for contributing to mental healthcare services
- To develop students' ability in clinical reasoning, critical thinking, problem solving, therapeutic communication, and management of change in mental health nursing
- To prepare students to work independently and effectively in psychiatric clinical settings and community mental health centres

Academic & Learning Excellence

- Innovative Learning: XR (Extended Reality)-assisted experiential learning, Smart Learning with AI, flipped classrooms, and seamless theory-to-practice training
- Simulated Clinical Experiences (SCE)
- Capstone Projects & Service-Learning
- Electives in Chinese Medicinal Nursing
- Interprofessional Training

Global Outreach Opportunities

- Global Exposure: Student exchanges & overseas placements (Asia, Europe, North America) with sponsorship
- Global Leadership Development

Hands-On Clinical Experience

- Diverse Clinical Placements: In various psychiatric settings, general hospitals and community rehabilitation sectors of non-government organisations

Support & Development

- Mentorship & Career Support: Guidance and resources for career success in nursing profession

Scholarships & Financial Support

- Financial Assistance: Scholarships to support academic and professional goals

Programme Curriculum

Year 1

- Fundamentals of Mental Health Nursing
- Communication Skills and Group Dynamics
- Human Anatomy
- Human Physiology
- Pathophysiology and Pharmacology
- Sociology of Health
- Introduction to Psychology
- Public Health Infection Control

Year 2

- Fundamentals of Nursing Therapeutics I
- Clinical Microbiology
- Mental Health Nursing Therapeutics I
- Abnormal Psychology
- Fundamentals of Nursing Therapeutics II
- Medical and Surgical Nursing I
- Mental Health Nursing Therapeutics II
- Fundamentals of Nursing Therapeutics in Chinese Medicine

Year 3

- Neurobiological Basis in Mental Health
- Medical and Surgical Nursing II
- Mental Health Education and Promotion
- Ethical & Legal Aspects in Health Care

Year 4

- Psychotherapeutic Practice
- Nursing Research
- Mental Health Nursing Therapeutics III
- Quality and Patient Safety in Healthcare
- Honours Project

Year 5

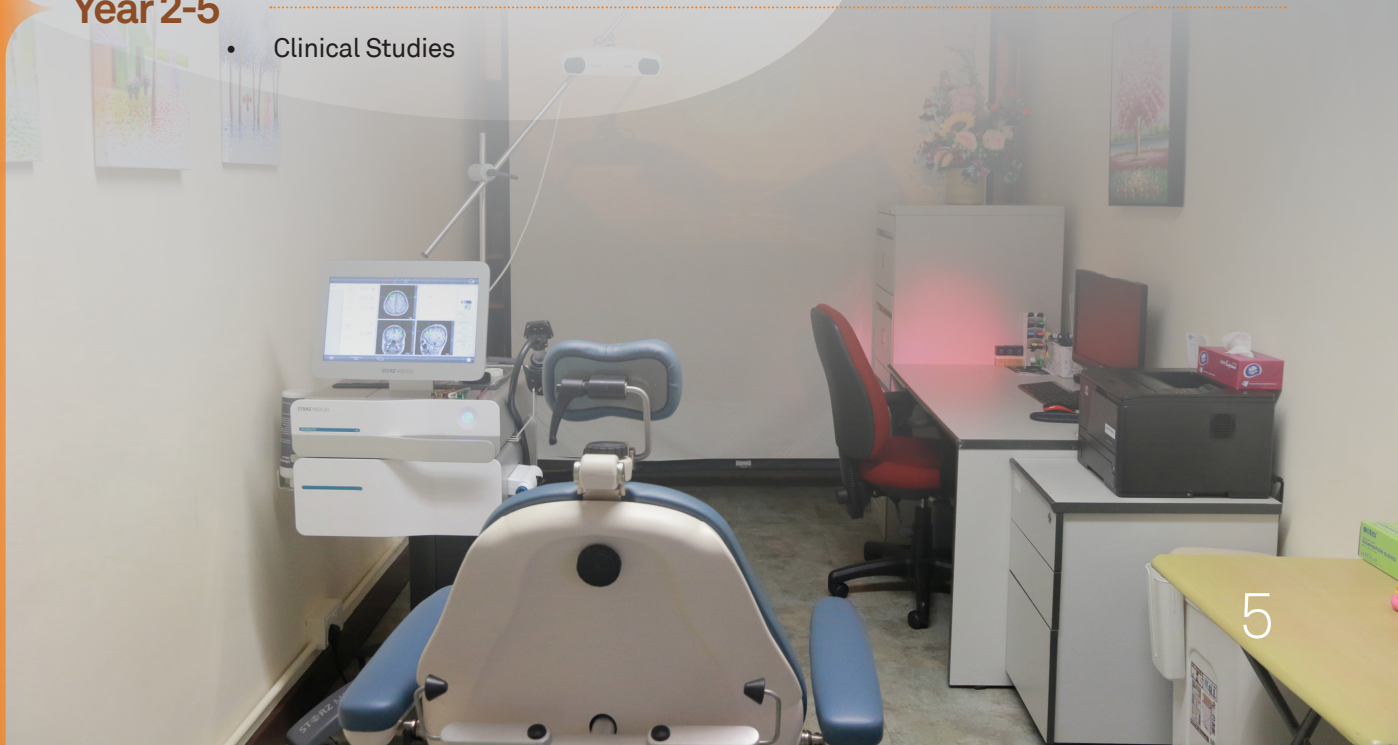
- Honours Project
- Leadership Roles and Management Functions in Health Care
- Psychotherapeutic Practice II
- Mental Health Nursing Therapeutics in Community

TCM Elective Subjects

- Acupuncture, Moxibustion, and Tuina of Chinese Medicine
- Internal Chinese Medicine
- Clinical Studies of Chinese Medicine

Year 2-5

- Clinical Studies



State-of-art Facilities

Cutting-Edge XR Technology Assisted in Education

- XR-assisted simulations with stereoscopic 3D pop-out effects, tactile feedback, and immersive clinical environments.
- Virtual Hospital: A proprietary VR system with 1,200+ randomized scenarios, replicating multi-bed wards, clinical pitfalls, and urgent decision-making to hone prioritization and multitasking skills.

Simulated Clinical Experiences (SCE)

- Realistic hospital settings with high-tech manikins to bridge theory and practice.

Smart Learning with AI

- Adaptive algorithms personalized training, provide real-time performance analytics, and simulate responsive patient interactions for skill-building

Active & Authentic Learning Strategies

- Flipped Classrooms
- Student-centered activities to maximize engagement and outcomes



Education Excellence

1. Service-Learning Initiatives

- Real-World Application: Integrate nursing skills into community service (local & international, e.g., Cambodia, Indonesia).
- Social Responsibility: Broaden perspectives while addressing healthcare disparities.

2. Award-Winning Internationalization at Home (IaH)

- UGC Teaching Award 2023: Recognized for innovative online student exchanges with global peers.
- Global Impact: Over 1,100 students engaged in IaH projects, summer programs, and cross-border collaborations.

Career Enhancement

Clinical Education

- Provide placement opportunities in various settings including general hospitals, mental hospitals, elderly homes, psychiatric rehabilitation units and community rehabilitation sectors of non-governmental organisations
- Organise pre-clinical workshops and clinical enhancement workshops to sharpen students' knowledge and skills
- Students are supervised by experienced clinical instructors and supervisors of the hospitals and PolyU SN

Departments / Units for Clinical Placement (Mental Health Nursing)

- Medical and Surgical Nursing
- Psychogeriatric Care
- Acute Psychiatric Care
- Psychiatric Rehabilitation Care
- Community Psychiatric Nursing / Mental Health Out-reaching Services
- Psychiatric Specialty Nursing
 - » Substance Abuse
 - » Child and Adolescent
 - » Learning Disability

Professional Recognition

- Graduates are eligible to apply for registration as Registered Nurses (Psychiatric) with the Nursing Council of Hong Kong.

Student Exchange Programmes

Offshore Student Exchange Programme and Clinical Placement

- Partners with leading global universities to enhance students' international experiences



Global Nursing Leader Distinction

For top DSE scorers in BSc Nursing (JS3648) or Mental Health Nursing (JS3337)

Exclusive Opportunities

Global Exposure

- Internship or study trip at WHO Collaborating Centres (Europe/North America/Australia)
- Up to two international exchanges with clinical visits

Advanced Pathway Support

- Earn six transferable credits toward PolyU's MSc in Nursing
- Mentorship from senior staff & alumni for clinical/academic/entrepreneurial careers

Unique Credentials

- Certificate of Global Nursing Leader Distinction
- Specialization in Traditional Chinese Medicinal Nursing (TCM) and North America practice opportunity

Eligibility

- Top DSE scores in Nursing/Mental Health Nursing
- Maintain cGPA ≥ 3.2 throughout the study





Entrance Requirements

JUPAS Admission

Candidates who are applying to this programme shall satisfy all the following requirements in HKDSE Examination:

HKDSE Subjects			
Chinese Language	English Language	Mathematics	Citizenship and Social Development
3	3	2	Attained

Elective Subjects (Category A)	
1 st Elective	2 nd Elective
3	3

Preferred Subjects:

- HKDSE Biology, and
- HKDSE Combined Science with Biology

Additional Requirements:

- Preference will be given to those who are competent in written English and Chinese, and in oral English and Cantonese. In addition, students must pass a health check before clinical training.

NON-JUPAS Admission



Year One



Senior Year

We are *POLYU Nursing*

Enquiries

School of Nursing

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📍 <https://www.polyu.edu.hk/sn/>

Academic Registry

☎ (852) 2333 0600 (24-hour automated service)

📍 <http://www51.polyu.edu.hk/eprospectus/>

Facebook



Instagram



Website

