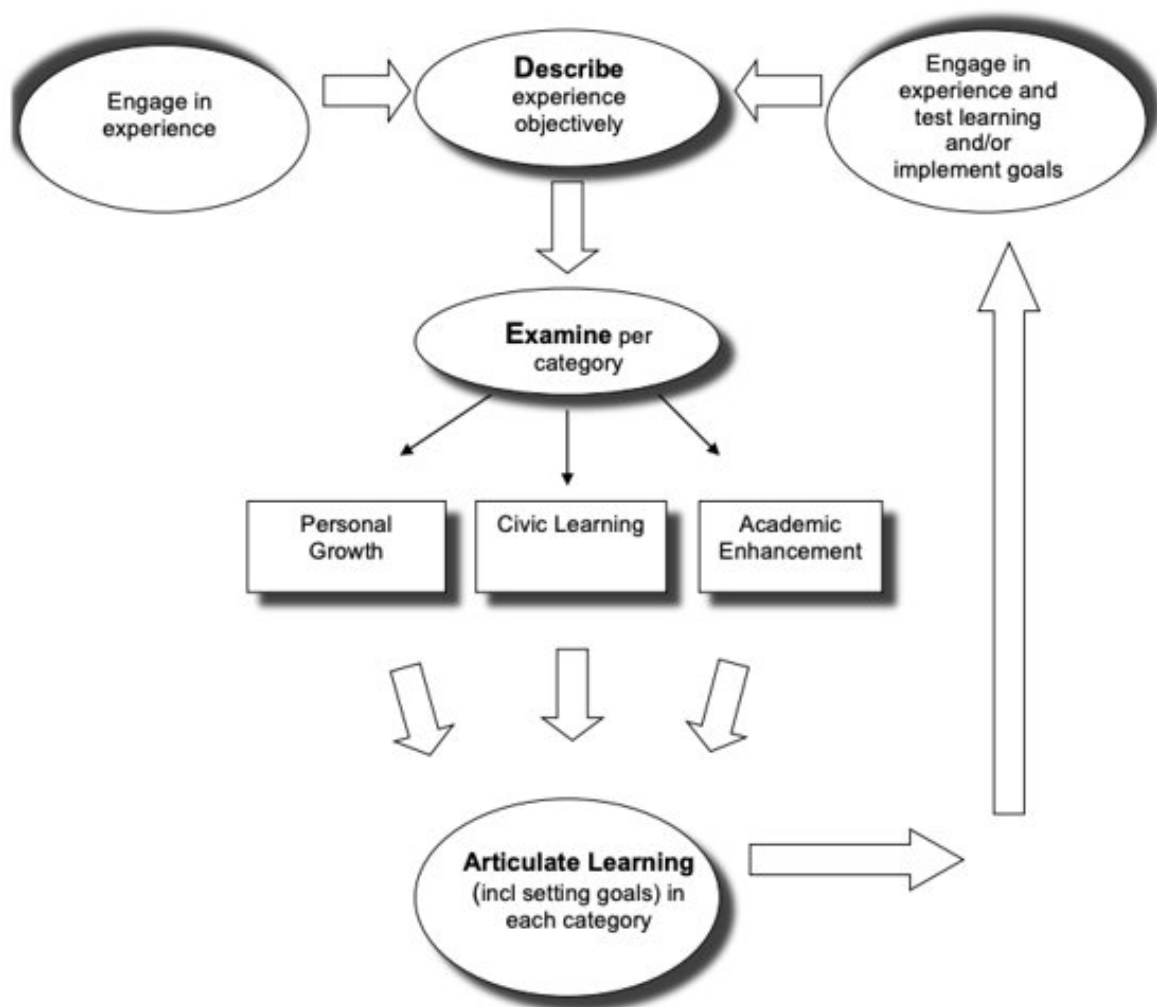


DEAL Model

Describe: the objective experience (what did you do? Where did you do it? When did this happen? Why did you do it?)

Examine: Link experience to the learning outcomes (did you have to apply any academic concepts to achieve your goal? In what ways did the experience support or contradict what I learned in class?)

Articulate Learning: “I learned that...” “I learned this when...” “It matters that I learned this because...” “Because of this learning, in the future I need to...”



Reference: Ash, S. L., & Clayton, P. H. (2009). Generating, deepening, and documenting learning: The power of critical reflection for applied learning. *Journal of Applied Learning in Higher Education*, 1(1), 25-48.