

<b>Subject Code</b>	SN3S02
<b>Subject Title</b>	Promotion of Healthy Ageing in the Community
<b>Hosting Department</b>	School of Nursing
<b>Level</b>	3
<b>Class Quota</b>	30
<b>Medium of Instruction</b>	English
<b>Subject Duration</b>	Semester 2
<b>Teaching Staff</b>	Ms Rebecca Wai, Ms Esther Kwok, Dr Thomas Choi
<b>Target Students</b>	GUR, open for all students from FHSS
<b>Pre-requisites</b>	Students need to have basic healthcare knowledge, demonstrate good interpersonal skills and a sense of responsibility.
<b>Selection of students required?</b>	No
<b>Subject Synopsis</b>	<a href="http://sn.polyu.edu.hk/filemanager/common/programme/syllabus/SN3S02.pdf">http://sn.polyu.edu.hk/filemanager/common/programme/syllabus/SN3S02.pdf</a>
<b>Service Project</b>	
<b>What will students do to serve?</b>	Students will provide (i) basic health assessment services for the elderly clients of the PolyU-Henry G. Leong Mobile Integrative Health Centre (MIHC) and (ii) organize workshops relevant to healthy ageing. As underprivileged older adults usually do not pay enough attention to their health or cannot afford health services, the service activities to be provided will raise their awareness of healthy ageing and equip them with basic health literacy to empower better self-care.
<b>Whom will students serve?</b>	Underprivileged older adults
<b>Where will students serve?</b>	Hong Kong
<b>When will students serve?</b>	Students will serve during the period from March to April. They will provide a total of 40 hours of services at the MIHC. They may serve consecutively for 2 hours, half day or full day each time to accumulate the 40 hours.
<b>Fee payable by students</b>	N/A
<b>Enquiry</b>	Dr Thomas Choi Tel: 3400 3214 Email: <a href="mailto:thomasks.choi@polyu.edu.hk">thomasks.choi@polyu.edu.hk</a>