

Subject Code	SN3S02
Subject Title	Promotion of Healthy Ageing in the Community
Hosting Department	School of Nursing
Level	3
Class Quota	40
Medium of Instruction	English
Subject Duration	Semester 2
Teaching Staff	Dr Thomas Choi, Ms Rebecca Wai, Ms Esther Kwok
Target Students	GUR, open for all students from FHSS
Pre-requisites	Students need to have basic healthcare knowledge, demonstrate good interpersonal skills and a sense of responsibility.
Selection of students required?	No
Subject Synopsis	http://sn.polyu.edu.hk/filemanager/common/programme/syllabus/SN3S02.pdf
Service Project	
What will students do to serve?	Students will provide basic health assessment services for the elderly clients of the Mobile Integrative Health Centre and organize talks or workshops relevant to health ageing. As underprivileged older adults usually do not pay enough attention to their health or cannot afford health services, the service activities to be provided will raise their awareness of health ageing and equip the elderly with the basic knowledge and health literacy to empower them to better manage their own health.
Whom will students serve?	Underprivileged older adults
Where will students serve?	Hong Kong
When will students serve?	Students will serve during the period from March to April. They will provide a total of 40 hours of services at the Mobile Integrative Health Centre. Each time, student may serve consecutively for 2 hours, half day or full day to accumulate the 40 hours.
Fee payable by students	N/A
Enquiry	Dr Thomas Choi Tel: 3400 3214 Email: thomasks.choi@polyu.edu.hk