

Subject Code	SN2S03
Subject Title	Healthy Lifestyle Challenges for Developing Communities
Hosting Dept	School of Nursing
Level	2
Class Quota	30
Medium of Instruction	English
Subject Duration	Semester 2 + Summer Term
Teaching Staff	Ms Phyllis Pang, Ms Ellen Ku
Target Students	GUR, open-for-all
Pre-requisites	Nil
Selection of Students Required?	<p>Basic health care knowledge, good communication skills and sense of responsibility are preferable</p> <p>We will include a short quiz to be taken during the interview: 10 short questions relating to knowledge on basic health care; at least 80% of the questions are correct. Higher priority will be given to students with past experiences such as first aid courses, Scout/ Girl-guide/ Red Cross/ Cadet/ Brigade extra-curricular activities in secondary school, etc. The maturity of the student will also be taken into account.</p>
Subject Synopsis	<p>Objectives:</p> <ul style="list-style-type: none"> ➤ To raise students' awareness of health issues in developing communities ➤ To educate students on challenges and needs in maintaining a healthy lifestyle ➤ To interview people and to observe their daily living behavior and patterns ➤ To provide basic physical assessment and health education to the people in developing communities (Cambodia)
Service Project	
What will students do to serve?	<p>The service project will take place offshore during the semester break. In total, students will be expected to spend 40 hours in direct contact with the people, to a total of 5 days during Semester break.</p> <p>We envision that the service learning project tentatively as follows:</p> <ul style="list-style-type: none"> • Day 1+2: Visits and interviews to targeted families living in the slums. • Day 3: Investigative visit to neighboring place / markets;

	<p>development of proposal on healthy eating and lifestyle for client families</p> <ul style="list-style-type: none"> • Day 4+5: Presentation of proposal to client families
Whom will students serve?	People / family who are living in developed community - Cambodia
Where will students serve?	Developing community - Cambodia
When will students serve?	4 Jun 2015~ 14 Jun 2015 (Tentative)
Fee payable by students	Students may be required to bear part or all of the costs for mainland China or offshore project.
Enquiry	<p>Ms Phyllis Pang : Phyllis.pang@polyu.edu.hk</p> <p>Ms Ellen Ku: Ellen.ku@polyu.edu.hk</p>