

“SELF(悦己)” An Intelligent Health Management System for Career Women

Helping their Holistic Management of Personal Data and Activities based on HUAWEI Ecosystem of IOT.

PROJECT

HUAWEI-POLYU INNOVATIVE UX TECHNOLOGY COLLABORATIVE RESEARCH PROJECT

BACKGROUND

More and more professional women were suffering from multiple stressors that led to the consequence of their personal well-being, including both physiological and psychological health.

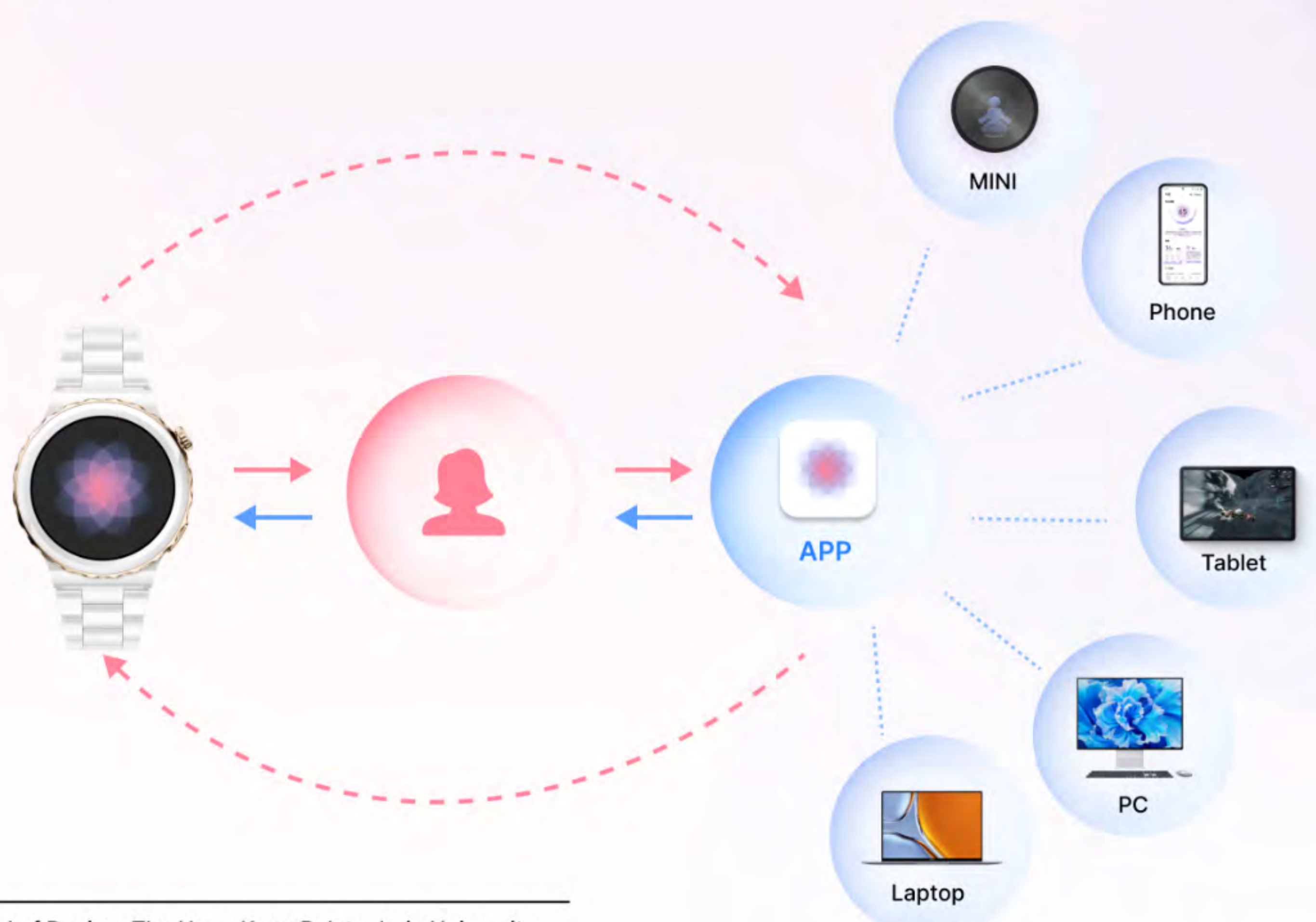
MISSION

“Self-Pleasing Index”(悦己指数) developed to assess the emotional state of career women as a moderator of life, starting with decoding data from users' bodies and activities, helping them connect their state with life factors, and draw insights into how to **build their own happiness lifestyle and improve themselves** over time.

VISION



SYSTEM



Team

LUO Zhengzheng, WEI Liyan, YU Mo Kit

Supervisors

Prof. Stephen WANG, Dr. Hailiang WANG, Yangwu CAI