

## Outstanding Student, Faculty of Health and Social Sciences 2018

**Mr. CHEUNG Ka Piu**  
*BSc (Hons) in Optometry*



I am Alan Cheung, a final year student from the School of Optometry. It is my great honor to be selected as the Outstanding Student of the Faculty of Health and Social Sciences. This is really beyond my expectation and I hold the belief that this title is a great recognition of all my hard work and efforts made in these five years of study. Also, this award motivates me to maintain the good well-being and strive for further improvements in the future. In fact, PolyU and my department have really provided me with wonderful learning experiences and different opportunities to explore. Therefore, my university life is definitely one of the most important and splendid moments in my whole life.

### Participation in the departmental society

Being the Internal Secretary of the Optometry Departmental Society is one of the best experiences over the past years. In fact, our department just has around two hundred students, which is relatively fewer when compared with other departments in the faculty. Thus, the departmental society can really act as a bridge between all students and teachers through organizing diversified activities. My great teammates and I had made every endeavour to organize fantastic activities. Everyone is so nice and friendly that we remain best friends in the university. Apart from it, I can also feel a sense of accomplishment when receiving positive feedbacks from the participants. Most importantly, I have learnt to manage my time well, in order to balance between the tight academic schedule, the time spent with my family or friends and the preparations of various activities in my own departmental society. This is a vitally important element that I learnt when I started studying at PolyU. Overall, this challenging experience is really full of happiness but also with tears. I will never forget all the moments as the internal secretary of my own departmental society.



### Overseas exchange in Australia

"He that travels far knows much." This has always been my belief before the overseas exchange and I confirmed it with my one-month overseas placement at the Queensland University of Technology Optometry Health Clinics. I had my fruitful experience there and attended patients from different age groups and different eye conditions, under the supervision of clinical optometrists.





Both patients and supervisors were so kind that I had a wonderful learning experience there. Aside from the clinical exposure, the first-hand experience of understanding the foreign community was also rewarding. I went to different places during weekends to explore different things related to Australia, such as its history, the food culture and the traditions in Brisbane. It is really a wonderful place and I adapted myself to living there quite well. The overseas exchange was a precious experience for me, which was also a significant milestone in my life. And I really missed all those enjoyable moments a lot.

### My aspiration

After years of study in optometry, I have not only learned a lot of clinical knowledge and skills, but I also tried to do my utmost to give back to the society and help the people in need. I have taken part in various local and outbound vision screening projects and one of them was a vision screening trip to Kyrgyzstan. Most, if not all, participants did not have any eye examination before and might not aware of any visual changes. I just performed a tiny part of the eye tests but at the end of the activity, a lot of participants appreciated and thanked me with a great smile. That was the most memorable moment in the trip. Since then, I aim to be a competent and professional optometrist in the future. In fact, I do believe that an optometrist is a primary eye care practitioner who can serve the patient very well by providing comprehensive eye examination with high quality. We can do a lot more apart from refraction. Therefore, I have decided to make good use of what I have learnt in these years, in a bid to provide the best clinical services and suitable advices to every client.



Last but not least, I would like to take this opportunity to express my sincere gratitude to PolyU for providing me with a great platform to broaden my horizons and enrich my life experience. Also, I am grateful to my family and friends who have always supported me throughout this amazing journey. Never will I forget all the fruitful moments at PolyU! Thank you very much!

