

Outstanding Student, Faculty of Health and Social Sciences 2016

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BSc (Hons) in Occupational Therapy



All-rounders explore and excel in various aspects throughout their lives. For me, academic excellence, active participation in volunteer service, achievement in external competitions and music activity engagement are the four major aspects that symbolize me as an all-round outstanding student.

Being a recipient various scholarships, my academic achievement, community contribution and attainment in extra-curricular activities are undoubtedly recognized. However, being good at studying is not enough for a future Occupational Therapist; being able to apply knowledge into clinical practice is more important. Apart from achieving good academic results at school, I manage to achieve outstanding performance in clinical placement, as I am always motivated to upgrade and expand own professional knowledge; also, I have a clear concept about the Occupational Therapy process, which is then applied to my fieldwork practice.

In addition to excelling in academic work, I am active in serving the community. As I am particularly interested in helping children with special educational needs, I have been focusing my scope of service on this target group since last year. Locally speaking, I have become a volunteer in Heep Hong Society (Catherine Lo Center) and in the "Sport Therapy Enhancement Project for Special Educational Needs children" organized by YMCA. Due to the aforementioned contributions to the community, I have achieved Social Welfare Department's "Bronze award for volunteer service". Nationally speaking, I went to Fengkai (封開) Paediatric Rehabilitation Center in 2015 for a self-initiated project funded by Service Learning Scholarship. In August 2016, I continued my journey in serving children with special need through RS summer internship programme, which will be carried out in Cangzhou (滄州).



With occupational therapy knowledge and concepts gained throughout the past three years, I have been empowered to participate in various competitions and was able to attain satisfactory results. Last year, I participated in the “Social Innovation Invention (SII) – Competition for Innovative Design 2014/2015” organized by World Green Organization. The competition required participants to design a best-fit home environment for a client with dementia. With relevant medical knowledge and concepts related to home modification, I was able to produce an outstanding design and was awarded first-runner up in the competition. This year, I expanded my experience in assistive device invention by participating in the “Challenge Cup – Hong Kong University Student Innovation and Entrepreneurship Competition 2016” and was selected as one of the finalists. These experiences have boosted my confidence and have enlightened me to become a more innovative occupational therapist in the future.

Besides the above attainments, I keep playing an active role in a number of music-related activities. Being a great fan of music through playing Piano and Yangqin (揚琴), not only am I involved as a piano accompanist in “Young Music Makers 2015” organised by RTHK, I am also invited to perform as a soloist in various occasions. I believe music, my lifelong hobby, is one of the dimensions that motivates me to be a well rounded person.

The four “A”s – academic excellence, active participation in volunteer service, achievement in external competitions and music activity engagement are the four pillars for me being an all-rounder. They are indeed important elements leading me to a successful life.

