

EAGLE Global Youth Leadership Programme

2023/24 Timeline for the Explorers (Tentative)

Period	Months	Time	Item	Remarks
Semester One	Sep 2023		<ul style="list-style-type: none"> Students should register for EAGLE, its leadership-enhancement opportunities in Semester One, and indicate their interest in “EAGLE the Explorers” when filling in the registration form. Shortlisted applicants will be invited for an interview in Semester Two 	
	Leadership-enhancement Opportunities – Open for Registration			
	Courses and Workshops			
	30 Sep (Wed)	15:00 – 16:30	¹ Let’s have a heart-to-heart talk!	
	3 Oct (Tue)	15:30 – 17:30	² Mindful Coffee Workshop	Cantonese
	6 Oct (Fri)	14:00 – 15:30	² Mindful Self-compassion: a Talk	
	9 Oct (Mon)	15:30 – 17:30	² Mindful Coffee Workshop	
	13 Oct (Fri)	15:00 – 16:30	¹ The Courage to be Disliked: Reflection on Interpersonal Struggle	
	14 Oct (Sat)	14:30 – 17:30	Project planning, execution, evaluation, and crisis management	
	17 Oct (Tue)	17:30 – 19:30	Professional presentation skills	
	19 Oct (Thu)	15:30 – 17:30	² Aromatherapy Workshop	Cantonese
	20 & 27 Oct (Fri)	14:30 – 17:30	¹ Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication	Cantonese
	26 Oct (Thu)	15:30 – 17:30	² Aromatherapy Workshop	
	28 Oct (Sat)	11:30 – 13:30	Understanding diverse China	
		14:30 – 17:30	Intercultural competence	
	2 Nov (Thu)	18:30 – 21:30	Inspiring Motivation	
	6 Nov (Mon)	15:00 – 17:00	¹ Learning How to Love – the 5 Love Languages	
	11 Nov (Sat)	14:30 – 17:30	Ethics in leadership	
	13 Nov (Mon)	15:00 – 17:00	¹ Learning How to Love – the 5 Love Languages	Cantonese
	24 Nov & 1 Dec (Fri)	13:30 – 16:30	¹ Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication	
Winter Break	4 Jan 2024 (Thu)	TBC	Local Engagement	
	11-12 Jan (Thu-Fri)	Full days	Leadership Training Camp	
Semester Two	Jan – Feb 2024	Shortlisted applicants will be invited for an interview		
	Week 10 – 11	Workshops on UNSDGs, personal growth, etc.		

Period	Months	Time	Item	Remarks
Summer	11/12 Jul		Online pre-trip briefing	
	22 – 27 Jul		Offshore expedition to Chiang Mai, Thailand on sustainability	
	Aug – Sep		Post-trip activities and commitments	
Further Advancement	“Explorers” will be invited to become “EAGLE Ambassadors”, to represent PolyU, SAO, and EAGLE in various occasions, collaborate with partners for post-trip development, etc.			

¹ Interpersonal Relationship and Intrapersonal Discovery (Workshop Series)

² Positive Psychology (Workshop Series)