

EAGLE Global Youth Leadership Programme

Semester One and Winter Break, 2023/24 – Timeline for All Members (Tentative)

Period	Months	Time	Item	Remarks
Semester One	Courses and Workshops			
	30 Sep (Wed)	15:00 – 16:30	¹ Let’s have a heart-to-heart talk!	
	3 Oct (Tue)	15:30 – 17:30	² Mindful Coffee Workshop	Cantonese
	6 Oct (Fri)	14:00 – 15:30	² Mindful Self-compassion: a Talk	
	9 Oct (Mon)	15:30 – 17:30	² Mindful Coffee Workshop	
	13 Oct (Fri)	15:00 – 16:30	¹ The Courage to be Disliked: Reflection on Interpersonal Struggle	
	14 Oct (Sat)	14:30 – 17:30	Project planning, execution, evaluation, and crisis management	
	17 Oct (Tue)	17:30 – 19:30	Professional presentation skills	
	19 Oct (Thu)	15:30 – 17:30	² Aromatherapy Workshop	Cantonese
	20 & 27 Oct (Fri)	14:30 – 17:30	¹ Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication	Cantonese
	26 Oct (Thu)	15:30 – 17:30	² Aromatherapy Workshop	
	28 Oct (Sat)	11:30 – 13:30	Understanding diverse China	
		14:30 – 17:30	Intercultural competence	
	2 Nov (Thu)	18:30 – 21:30	Inspiring Motivation	
	6 Nov (Mon)	15:00 – 17:00	¹ Learning How to Love – the 5 Love Languages	
	11 Nov (Sat)	14:30 – 17:30	Ethics in leadership	
	13 Nov (Mon)	15:00 – 17:00	¹ Learning How to Love – the 5 Love Languages	Cantonese
24 Nov & 1 Dec (Fri)	13:30 – 16:30	¹ Unraveling Puzzle: MBTI® for Self-Awareness and Effective Communication		
Winter Break	4 Jan 2024 (Thu)	TBC	Local Engagement	
	11-12 Jan (Thu-Fri)	Full days	Leadership Training Camp	

¹ Interpersonal Relationship and Intrapersonal Discovery (Workshop Series)

² Positive Psychology (Workshop Series)