



Outstanding Student, Faculty of Health and Social Sciences 2021

LIM Ching Yi

BSc (Hons) in Nursing

This Award does not only serve as a recognition of my all-out effort paid in the past years, but also as an impetus for me to further excel in my career development. As a nurse-to-be, I aspire to apply my professional knowledge and skills to provide holistic care to patients and to promote wellness in the community with a genuine heart.

Looking back at my university life, it has been a fruitful journey. PolyU provides an excellent platform with abundant opportunities for whole person development, from intellectual to professional, from psychological to social, from physical to spiritual. One of the most memorable experiences is the health education talk to junior primary school students and their parents on physical activity. It was the first service we provided during the COVID-19 pandemic period. We encountered different challenges such as the unfamiliar service platform and poor concentration of children. Luckily, we modified our activities after trials, which successfully enhanced participants' awareness and empowered them with health knowledge.

I would like to thank everyone who has supported me along the way, especially PolyU, which has offered me with opportunities for practice, witnessed my transition, shaped me to become who I am today and gave me wings to soar!

