

**Sports Skill Training**  
**2021/22 Summer Term**  
**Online Course**

Activity	Course Code	Day	Time	Date							
Online Badminton	BMTN-01	Mon* & Wed	1030 – 1130	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	BMTN-02	Mon* & Wed	1430 – 1530	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	BMTN-03	Tue* & Thur	1030 – 1130	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	BMTN-04	Tue* & Thur	1430 – 1530	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	BMTN-05	Wed* & Fri	1130 – 1230	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Basketball	BKBL-01	Tue* & Thur	1430 – 1530	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	BKBL-02	Wed* & Fri	1130 – 1230	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
	BKBL-03	Wed* & Fri	1530 – 1630	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Dodgeball	DODG-01	Mon* & Wed	1130 – 1230	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	DODG-02	Mon* & Wed	1530 – 1630	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	DODG-03	Wed* & Fri	1030 – 1130	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Fitball	FITB-01	Mon* & Wed	1030 – 1130	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	FITB-02	Mon* & Wed	1430 – 1530	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	FITB-03	Wed* & Fri	1530 – 1630	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Futsal	FUTS-01	Mon* & Wed	1130 – 1230	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	FUTS-02	Mon* & Wed	1530 – 1630	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	FUTS-03	Wed* & Fri	1430 – 1530	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Indoor Mini Tennis	ITNS-01	Mon* & Wed	1530 – 1630	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	ITNS-02	Tue* & Thur	1130 – 1230	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	ITNS-03	Tue* & Thur	1530 – 1630	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	ITNS-04	Wed* & Fri	1030 – 1130	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
	ITNS-05	Wed* & Fri	1430 – 1530	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Rope Skipping	ROPS-01	Tue* & Thur	1030 – 1130	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	ROPS-02	Tue* & Thur	1430 – 1530	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
Online Squash	SQUS-01	Mon* & Wed	1130 – 1230	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	SQUS-02	Wed* & Fri	1030 – 1130	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
	SQUS-03	Wed* & Fri	1430 – 1530	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Table Tennis	TBTN-01	Mon* & Wed	1030 – 1130	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	TBTN-02	Mon* & Wed	1430 – 1530	30-May (Mon)*	1-Jun (Wed)	6-Jun (Mon)*	8-Jun (Wed)	13-Jun (Mon)*	15-Jun (Wed)	20-Jun (Mon)*	22-Jun (Wed)
	TBTN-03	Tue* & Thur	1130 – 1230	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	TBTN-04	Tue* & Thur	1530 – 1630	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	TBTN-05	Wed* & Fri	1130 – 1230	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
Online Tennis	TNSS-01	Tue* & Thur	1130 – 1230	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	TNSS-02	Tue* & Thur	1530 – 1630	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
Online Volleyball	VLBL-01	Tue* & Thur	1030 – 1130	31-May (Tue)*	2-Jun (Thur)	7-Jun (Tue)*	9-Jun (Thur)	14-Jun (Tue)*	16-Jun (Thur)	21-Jun (Tue)*	23-Jun (Thur)
	VLBL-02	Wed* & Fri	1130 – 1230	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)
	VLBL-03	Wed* & Fri	1530 – 1630	1-Jun (Wed)*	3-Jun (Fri)	8-Jun (Wed)*	10-Jun (Fri)	15-Jun (Wed)*	17-Jun (Fri)	22-Jun (Wed)*	24-Jun (Fri)

- 1) Students will attend online lectures with Zoom (those sessions marked with \*) and independently manage their time to complete exercise assignments.
- 2) Four-year degree students are required to complete Sports Skill Training with 100% attendance to fulfil General University Requirements.
- 3) Attendance will be taken within the first five minutes of class starts in Zoom sessions.