

**Sports Skill Training
2023/24 Summer Semester**

Activity	Course Code	Day	Time	Date						Venue
Archery	ARCY-01	Monday & Wednesday & Friday	1430 - 1600	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Fong Shu Chuen Hall
	ARCY-02	Tuesday & Thursday	1430 - 1600	28-May	30-May	4-Jun	6-Jun	11-Jun	13-Jun	
Basketball	BKBL-01	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	Main Hall, Shaw Sports Complex
Dodgeball	DODG-01	Tuesday & Thursday	1030 - 1200	28-May	30-May	4-Jun	6-Jun	11-Jun	13-Jun	Main Hall, Kwong On Jubilee Sports Centre
	DODG-02	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Futsal	FUTS-01	Monday & Wednesday & Friday	1430 - 1600	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Main Hall, Block X
Squash	SQUS-01	Monday & Wednesday & Friday	1030 - 1200	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Squash Court, Kwong On Jubilee Sports Centre
	SQUS-02	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Swimming - Breaststroke	BRSK-01	Tuesday & Thursday	1430 - 1600	28-May	30-May	4-Jun	6-Jun	11-Jun	13-Jun	Indoor Swimming Pool, Block X
	BRSK-02	Monday & Wednesday & Friday	1430 - 1600	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Swimming - Front Crawl	FRCW-01	Monday & Wednesday & Friday	1430 - 1600	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Indoor Swimming Pool, Block X
	FRCW-02	Tuesday & Thursday	1030 - 1200	28-May	30-May	4-Jun	6-Jun	11-Jun	13-Jun	
	FRCW-03	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Table Tennis	TBTN-01	Monday & Wednesday & Friday	1030 - 1200	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Table Tennis Room, Shaw Sports Complex
	TBTN-02	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Taekwondo	TKDO-01	Monday & Wednesday & Friday	1430 - 1600	27-May	29-May	31-May	3-Jun	5-Jun	7-Jun	Practice Hall, Shaw Sports Complex
	TKDO-02	Monday & Wednesday & Friday	1030 - 1200	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	
Tai Chi	TAIC-01	Monday & Wednesday & Friday	1430 - 1600	17-Jun	19-Jun	21-Jun	24-Jun	26-Jun	28-Jun	Practice Hall, Shaw Sports Complex

Remarks:

- 1) Students are required to complete 8 hours of participation to pass a course. Participation includes class attendance and punctuality, and proper sports attire.
- 2) Attendance will be taken within the first five minutes of class starts. Late or early leave will be marked "Absent".
- 3) Students should put on proper sportswear and sports shoes when attending the class. Students without proper attire are subject to participation restrictions, resulting in a class absence record.