Department of Rehabilitation Sciences

40th ANNIVERSARY CELEBRATION
cum BIANNUAL REPORT 2018

TOUCHING LIVES, MAKING AN IMPACT
MISSION OF THE DEPARTMENT

The Departmental mission is to ‘C-A-R-E’ for our students, the disciplines of rehabilitation sciences, the occupational therapy and physiotherapy professions, the people with disabilities, and the local community of Hong Kong and the Chinese Mainland by:

- Creating an enriched environment that fosters the integration of the best of the East and the West to develop a body of knowledge central to occupational therapy, physiotherapy and rehabilitation sciences.

- Advancing education for our students through dedicated teaching and clinical staff members who are committed to life-long learning and the use of innovative technologies.

- Research activities in rehabilitation sciences of the highest international standards to inform teaching and underpin evidence-based practice.

- Enhancing the quality of life for our communities of interest through services and leadership by our students, graduates, and staff.
VISION

To become a world leader in education and research in rehabilitation sciences, thereby positively impacting on the lives of people with or without disabilities.
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Milestones

1978: The Hong Kong Polytechnic first offered Higher Diploma programmes in Occupational Therapy (OT) and Physiotherapy (PT) under the Institute of Medical and Health Care (IMHC), Hong Kong Polytechnic.

1981: The two programmes were upgraded from Higher Diploma to Professional Diploma.

1991: Both OT and PT programmes were converted to Bachelor of Science (BSc) degree programmes.

1992: Launched its first postgraduate diploma scheme (PgD scheme in Health Care) with specialism in OT, PT, and Rehabilitation for people with Developmental Disabilities (RDD).

1995: Prof. Christina Hui-Chan joined RS as our founding Professor cum Head of Department. RS admitted its first batch of MSc students for the OT, PT, and RDD awards under the Postgraduate scheme in Health Care.

1996: RS admitted its first research degree student.

1998: Both OT and PT programmes were validated into BSc (Hons) programmes. RS hosted the First Pan-Pacific Conference on Rehabilitation.

2001: Launched the self-financed Postgraduate Scheme in Rehabilitation Sciences (PgS RS).
2003:
RS celebrated its 25th Anniversary. The Rehabilitation Clinic was moved to the present location in Core A.

2003:
Dr Hector Tsang received the 1st Grant from the National Institutes of Health (NIH) with an amount of US 2.1 million entitled “Stigma and Behavioral Health in UrbanEmployers from China and USA” in collaboration with the University of Chicago and the Chinese Academy of Sciences.

2004:
Launched the first Master in Physical Therapy (MPT) programme in the Chinese Mainland.

2005:
Prof. Chetwyn Chan, Chair Professor of Rehabilitation Sciences, took up the headship of RS in July 2005.

2006:
Obtained HK$4.97 million from PolyU Niche area research grant to support research in health promotion and training of Chinese astronauts. The project is in collaboration with Astronaut Research and Training Centre of China, Beijing.

2007:
Established Serena Yang Lecture Series in Rehabilitation Series with the support of a HK$2 million donation from Ms Serena Yang. It sponsors world renowned scholars and practitioners in rehabilitation sciences to deliver lectures and workshops in Hong Kong.

2008:
RS received a donation from Hong Kong Red Cross to provide quality rehabilitation services to injured victims at Deyang Rehabilitation centre in Sichuan. We also provide clinical training to rehabilitation therapists in the Chinese Mainland.

2009:
Dr & Mrs Lui Che-woo donated HK$4 million to RS, for setting up ‘Dr & Mrs Lui Che-woo Centre for the Knee’ which supports the provision of innovative rehabilitation services for the elderly with knee problems in Hong Kong as well as national athletes in the Chinese Mainland. Dr Chan Sui Kau and his wife Madam Chan Lam Moon Chun donated HK$6 million to RS, for setting up ‘Chan Sui Kau Lam Moon Chun Centre for Sports Rehabilitation’ in Guangzhou.

2009:
RS coordinated a team comprising 44 experienced sport physiotherapists and 120 undergraduate physiotherapy students to provide on-field physiotherapy support for the games in badminton, tennis, hockey, volleyball and rugby sevens at the East Asian Games.
2011: Prof. Gabriel Ng, Chair Professor of Rehabilitation Sciences, took up the headship of RS in June 2011. RS admitted the first cohort of students for the 2-year entry level Master in PT and OT in Hong Kong.

2012: The 8th PPCR was held in November 2012 at University of Santo Tomas in Manila, Philippines. RS admitted the first cohort of students for the 4-year BSc (Hons) PT and OT programmes to replace the 3-year curricula which had been run for 24 years.

2013: RS continued her effort in developing rehabilitation education in the Chinese Mainland by offering MPT(China) and MOT(China) programmes in Sichuan, under the auspices of the Institute for Disaster Management and Reconstruction, jointly run by PolyU and Sichuan University. RS celebrated her 35th Anniversary and organised Student Conference in Sports Science, Rehabilitation and Medicine 2013.

2014: New Guinness World Record for the ‘Largest Qigong Lesson’ was made by RS students of the BSc (Hons) in OT programme during the Construction Safety Week. The Hong Kong Polytechnic University Student-run Wellness Clinic, managed by students of PolyU’s Faculty of Business and RS students of the BSc (Hons) PT programme was established.
2016:
The 10th PPCR was held in Shanghai, Chinese Mainland. Dr Shirley Ngai, Assistant Professor (PT) received a UGC Teaching Award in the category of Early Career Faculty Member. This is also the first UGC teaching award ever awarded to an RS staff.

2017:
Prof. Hector Tsang took up the headship RS in July 2017.

2017:
Prof. Cecilia Li-Tsang won a Grand Award and Gold Medal at the 45th International Exhibition of Inventions of Geneva for her project entitled ‘Smart Scar-Care Pad’.

2018:
A consultant team led by RS was commissioned by RAC to assist the formulation of the new HK Rehabilitation Programme Plan.

2018:
Chief Executive Mrs Carrie Lam met i-Create talented Occupational Therapy students.

2018:
Prof. Hector Tsang appointed to be Cally Kwong Mei Wan Endowed Professorship in Psychosocial Health who is the first-ever endowed professor in RS.

2018:
RS Head met RS students who are PolyU’s top DSE scorers.
Acknowledgements of Sponsors

Gold Sponsor
Dr Katherine Ngan Ng Yu-ying, MH, JP

Silver Sponsors
Care Alliance
Deltason Medical Limited
K. Wah International Holdings Ltd
King Year Engineering (HK) Limited
The Bank of East Asia, Limited
Prof. Tsang Wing Hong Hector
Mr Yu Tak Kwong

Bronze Sponsors
Prof. Chan Che Hin Chetwyn
Prof. David Man and his family
Dr Amy Fu
Dr William Tsang

Other Sponsors
Dr. Kong Footcare Ltd
Sinohk Medical Limited
Mr Fong Cheung-fat
Mr Ip Yee-Chiu
Dr Serena Ng
Prof. Samson Tse
Ms June Chao
Lokin Integrated Services Limited
Dr Bobby Ng
Ms Allison Wong
Prof. Hector Tsang

Cally Kwong Mei Wan Professor in Psychosocial Health, Professor & Head
Department of Rehabilitation Sciences
The Hong Kong Polytechnic University

Prof. Tsang has an array of clinical experience working with people with mental illness. His research on social skills in the workplace won the Best Cross-regional Case Study Award in 1996 at the 14th International Conference on the Social Sciences and Medicine. Prof. Tsang has been focusing on neuropsychiatric rehabilitation for people with severe mental illness (SMI) and mind-body interventions for the past two decades. His research on integrated supported employment and anti-depressive effects of health qigong attracted worldwide interest. He has altogether secured more than HK$70 million research grants. He spent his sabbatical at Yale University in 2007 working on social cognition and schizophrenia. He has more than 200 publications and is currently Associate Editor for Administration and Policy in Mental Health (APMH). He is now Editorial Board member of Psychiatry Research and reviewer of more than 100 SCI journals. He is also Honorary Professor of the University of Hong Kong, and Visiting Professor of Peking University, Sichuan University, and Kunming Medical University. He currently leads a large-scale consultancy project on the review of Rehabilitation Programme Plan (RPP) in Hong Kong for The Government of the Hong Kong Special Administrative Region (HKSAR).
Greetings

Prof. Timothy W. Tong, Ph.D.
President
The Hong Kong Polytechnic University

I take great pleasure in congratulating staff, students and alumni of our Department of Rehabilitation Sciences (RS) of The Hong Kong Polytechnic University (PolyU) on this auspicious 40th Anniversary celebration.

Ever since its founding in 1978, RS has become a highly recognized hub of nurturing professional occupational therapists and physiotherapists for Hong Kong, Chinese Mainland and beyond. It has admirably committed itself to triangulate teaching, research and community engagement. We are proud of our competent professors whose innovative research has gained global recognition and won them international honours such as received grants from National Institutes of Health and various grants from Quality Education Fund, General Research Fund, and Health Services Research Fund; our distinguished scholars and students received patents from Hong Kong and the Asia-Pacific region for their breakthroughs in scientific research including won harvest awards at Geneva Expo and invited to share reviews in Nature Reviews Neurology; our students have won various academic awards and competitions including numerous top awards in International Convention on Rehabilitation Engineering and Assistive Technology, recognized in Guinness World Records for largest Qiqong session. We also engage into community service via the on-campus Rehabilitation Clinic, the Olympic village during the Beijing Olympic Games, and the rural village in Sichuan after the earthquake. I am confident that RS will continue to play a significant role in the advancement of rehabilitation professions not only for Hong Kong but also for the world.

On this very special occasion, I would like to wish the 40th Anniversary celebration of RS a fruitful and memorable event, and members of RS continued success in their future endeavors.

Timothy W. Tong, Ph.D.
President
The Hong Kong Polytechnic University
Greetings

Prof. David Shum
Chair Professor of Neuropsychology
Dean, Faculty of Health and Social Sciences
The Hong Kong Polytechnic University

Many congratulations to my fellow colleagues, students, alumni, and friends of RS on its 40th Anniversary year!

Over the past four decades, RS has gone from strength to strength. It has evolved beyond recognition out of the then Hong Kong Polytechnic's Institute of Medical and Health Care, which had begun offering Higher Diploma programmes in OT and PT in 1978. RS is now Hong Kong's largest tertiary education provider of undergraduate and postgraduate degree programmes in rehabilitation sciences, including OT and PT. RS also collaborates with Hong Kong's Social Welfare Department to offer master's entry-level programmes in occupational therapy and physiotherapy for graduates of other disciplines to help mitigate the city's chronic manpower shortage in those professions.

RS staff and students have also won multiple international and local awards for their inventions and research that address rehabilitation or occupational needs. The appointments of RS Prof. Hector Tsang and Margaret Mak to the Cally Kwong Mei Wan Endowed Professorship in Psychosocial Health and to the Shun Hing Education and Charity Fund Endowed Fellowship in Rehabilitation Sciences, respectively, testify to the research prowess of RS scholars. Furthermore, the Hong Kong government has commissioned an interdisciplinary team of scholars from our Faculty and led by RS Head Prof. Tsang to assist in the formulation of the city's new Rehabilitation Programme Plan.

RS also provides valuable rehabilitation services in the community. In Hong Kong, it runs an on-campus clinic for the general public. Following the 2008 Sichuan earthquake, the Department has assisted in the rehabilitation of survivors and nurtured new occupational therapists (OTs) and physiotherapists (PTs) on the mainland. RS has also provided sports PT expertise for international sports events and national teams, and continues to help Hong Kong's and China's elite athletes through its collaborations with many national bodies.

As both a new faculty member of RS and the new Dean of the Faculty, I look forward to the continued success of the Department!

David Shum, BA Massey, PhD Qtd, FAPS, FCCN, FASSBI
Chair Professor of Neuropsychology
Dean, Faculty of Health and Social Sciences
The Hong Kong Polytechnic University
Greetings

Prof. SL Ho
Chairman
Department Advisory Committee
Department of Rehabilitation Sciences
The Hong Kong Polytechnic University

It gives me great pleasure to congratulate RS on behalf of its Departmental Advisory Committee, for all its achievements since its inception 40 years ago. PolyU has been a stalwart institution for training OTs and PTs in Hong Kong. It has always strived to provide the opportunity for its students to maximize their potential to achieve for the common good of the community in Hong Kong and elsewhere. Over the past 40 years, it has successfully trained over 2,800 OTs and PTs, some of whom have occupied key positions in the healthcare sectors. The number of illustrious alumni from RS is a solid testament to its enviable track record. It continues to attract the top students to its undergraduate programs. For the past five years, more than 200 undergraduates were successfully trained from RS annually. It also attracts postgraduate students to its taught and research programs in OT and PT. Over the past 10 years, it has trained 800 graduates in its taught Masters program, produced more than 150 postgraduate research students with PhDs or MPhils, and awarded over HK$70 million in external funding for its research activities. Just like any established institution, there are challenges including competition to attract top students and faculty, and with it, crucial resources. I am confident that RS will rise to the challenge based on its solid foundation and support from its alumni. Amongst recent examples of its tenacity to achieve is the successful bid to formulate the ‘Rehabilitation Programme Plan’ for the Labour and Welfare Bureau in the coming decade as the main consultant, and securing a donation of HK$12 million for its academic activities. With all these strategic plans in mind, I wish to extend my best wishes RS for its continued path to success over the next 40 years.

Prof. SL Ho
Chairman
Department Advisory Committee
Department of Rehabilitation Sciences,
The Hong Kong Polytechnic University
Prof. Sophia Chan, JP
Secretary for Food and Health
Food and Health Bureau
The Government of the Hong Kong Special Administrative Region
Mr Fong Ngai

Deputy Secretary for Food and Health Bureau (Health)
Food and Health Bureau
The Government of the Hong Kong Special Administrative Region

My congratulations to RS of PolyU on its 40th Anniversary.

RS has a distinguished past as a pioneer in the provision of local professional training to OTs and PTs in Hong Kong. Built on its solid foundation, RS has continued to make remarkable contributions to the nourishment of local professionals in meeting the city’s evolving healthcare needs. I applaud RS for successfully fostering the integration of the best of western medical sciences and eastern therapies in its teaching, research and services for the benefit of our community.

In celebration of its 40th Anniversary, I would like to express my gratitude to all teaching and supporting staff and wish RS continued success in the years to come.
Prof. John Leong Chi-yan

Chairman
Hospital Authority

I am delighted to extend my warm congratulations to RS of PolyU on its 40th Anniversary.

Facing the challenge of ageing population, rehabilitation services are of tremendous importance to help prevent permanent disability, empower patients to reintegrate into the community, and enhance their quality of life.

Over the past four decades, RS has been providing a strong foundation to nurture numerous proficient and dedicated OTs and PTs. It also provides unique postgraduate learning opportunities to people who would like to pursue professional advancement in rehabilitation services. Apart from its excellence in teaching, RS has also gained international recognition for its research achievements in Rehabilitation Sciences, Neuroscience and Neurological Rehabilitation, Orthopaedic and Sports Rehabilitation, and Geriatric Rehabilitation.

Meanwhile, RS is a valuable partner to Hospital Authority (HA) in safeguarding the health of Hong Kong citizens. HA provides clinical placement opportunities to students of OT and PT, and more than 80% fresh graduates join HA to embark on a career in allied health. They are precious assets to HA and to the public healthcare system to foster the well-being of the general public.

We look forward to continuing our partnership with RS, and wish RS every success in the years to come.

Prof. John Leong Chi-yan
Chairman
Hospital Authority
Mr David Leung, JP
Commissioner for Rehabilitation
Labour and Welfare Bureau
The Government of the Hong Kong Special Administrative Region
Mr Chan Ka Shun, Carlson, JP
Commissioner for Labour
Labour Department
The Government of the Hong Kong Special Administrative Region

I wish to convey my warmest congratulations to RS of PolyU on the occasion of its 40th Anniversary.

For the past four decades, RS has made a valuable contribution to the professional development of the OT and PT disciplines in Hong Kong. Striding into 2018, with the contribution from passionate and motivated professional teaching staff, RS dedicates to providing not only teaching to our health professionals in both disciplines but also research degree at MPhil and PhD levels for students from different parts of the world aiming at preparing them to contribute to the discovery and application of knowledge to these two professions. OTs and PTs play a very important professional role in enhancing the occupational safety and health of the working population in Hong Kong, especially in contributing to rehabilitation of injured workers and facilitating their early return to work.

The Labour Department takes the opportunity to wish RS continuing success in the future endeavours and the many more brilliant milestones to come.

Mr Chan Ka Shun, Carlson, JP
Commissioner for Labour
Labour Department
The Government of the Hong Kong Special Administrative Region
I am pleased to offer my warmest congratulations to RS of PolyU to celebrate its 40th Anniversary.

The 40th Anniversary is a time for reflecting on the past and looking ahead to the future. Over the past four decades, the RS, home to PT and OT education in Hong Kong has trained thousands of competent OTs and PTs who have helped so many people in the course of rehabilitation. Based on the solid foundation of the University, RS has developed into a robust department committed to excelling in professional education, researches, and clinical services. RS has also established very strong platforms for cross-sectoral collaboration to assist different needy groups in the community.

Being our close working partner, RS has, in collaboration with us under the Training Sponsorship Scheme, launched a two-year entry-level Master in Physiotherapy Programme (MPT) and a two-year entry-level Master in Occupational Therapy Programme (MOT) since January 2012. It has contributed immensely to the social welfare sector in provision of a large number of well-trained OTs and PTs after graduation.

I keenly look forward to witnessing the continuous achievements of RS along its mission of social commitment and its vision to become a world leader in education and research in rehabilitation sciences. I would also like to convey my warmest wish for every success of RS’ celebration of its milestone of the 40th Anniversary.
Mr Samuel Chan
Chairman
Hong Kong Occupational Therapy Association

It is a great pleasure for me, on behalf of the Hong Kong Occupational Therapy Association (HKOTA), to extend my heartiest congratulations to RS of PolyU on its 40th Birthday.

It was not easy for an educational institution to maintain and sustain a perseverance in the realization of a vision (which is “To become a world leader in education and research in rehabilitation sciences, thereby positively impacting on the lives of people with or without disabilities”) over a long period of forty years; yet because of the endeavors made by past as well as current generations of heads, staff members and students, with unfailing support from the University, RS has been able to progressively and successfully actualize its dream. These endeavors’ accumulative effect on the people’s functional health can be witnessed today. I earnestly hope that in the years to come RS can garner more wisdom, enthusiasm and expertise from a broad spectrum of related people to help perpetuate its contributions to our Society in the medical and health care arena!

Once again, wishing RS of PolyU another surge of bright and prosperous development!

Mr Samuel Chan
Chairman
Hong Kong Occupational Therapy Association
Prof. Marco Pang  
President  
Hong Kong Physiotherapy Association

On behalf of the Hong Kong Physiotherapy Association (HKPA), I would like to send our heartfelt congratulations to RS of PolyU to mark its 40th Anniversary.

Having been the sole provider of entry-level PT education, RS has dedicated itself to the training of students to become competent PTs who serve the public. The various postgraduate programs provided by RS have also enabled working PTs to advance their education in different specialty areas. Apart from its excellence in curriculum development and teaching, RS research achievements are equally impressive. The research work done has not only led to generation of new knowledge, but has also made important contributions to the promotion of evidence-based practice in PT. These are certainly no trivial accomplishments, which could not be realized without the dedicated staff. With their persistent efforts, the Department is now recognized as one of the best PT schools in the Asia-Pacific region and beyond.

HKPA has always had a very close working relationship with RS in promotion of the PT profession, quality assurance of education programs, and conference organization. We hope RS and our Association can continue to work hand in hand to the betterment of the Physiotherapy profession in the future.

I am confident that with the strong leadership and devoted faculty and staff, RS will achieve new heights in all spheres in the years to come.

Prof. Marco Pang  
President  
Hong Kong Physiotherapy Association
Celebration Events in Brief

**FEB 2018**
From Students to The Magnificent Three Elite Alumni Seminar cum Kick-Off Ceremony of RS 40th Anniversary
- **Date:** 07 February 2018 (Wed)
- **Time:** 6:00pm - 10:00pm
- **Venue:** The Royal Garden, Kowloon, Hong Kong
- **Enquiry:** rsdept@polyu.edu.hk

**MAR 2018**
PolyU OT Day 2018
- **Date:** 16 March 2018 (Fri)
- **Time:** 11:30am - 5:00pm
- **Venue:** Logo Square, The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

**MAR 2018**
Mental Health Symposium: Returning people with Severe Mental Illness (SMI) to Community
- **Date:** 27-28 March 2018 (Tue)
- **Time:** 8:30am - 6:00pm
- **Venue:** Chiang Chen Studio Theatre, The Hong Kong Polytechnic University
- **Enquiry:** tracy.yw.l@polyu.edu.hk (Ms Tracy Li)

**JUN 2018**
Summer Overseas Exchange Subsidy Scheme (SOESS) 2018
- **Date:** 25-29 June 2018 (Mon-Fri)
- **Time:** 9:00am - 5:00pm
- **Venue:** The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

**JUN 2018**
RS Got Talent 2018
- **Date:** 29 June 2018 (Fri)
- **Time:** 6:00pm - 6:00pm
- **Venue:** Chiang Chen Studio Theatre, The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

**AUG 2018**
Quality of Life through Research and Technology Enhancement
- **Date:** 10 – 11 August 2018 (Fri-Set)
- **Time:** 9:00am - 5:00pm (Fri)
  9:00am - 12:30pm (Sat)
- **Venue:** The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

**AUG 2018**
4th Elite Alumni Seminar
- **Date:** 17 August 2018 (Fri)
- **Time:** 6:30pm - 10:00pm
- **Venue:** Hotel ICON
- **Enquiry:** rsdept@polyu.edu.hk

**AUG 2018**
RS 40th Anniversary Futsal Cup
- **Date:** 18 August 2018 (Sat)
- **Time:** 2:00pm - 5:00pm
- **Venue:** The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

**NOV 2018**
RS 40th Anniversary Gala Dinner
- **Date:** 17 November 2018 (Sat)
- **Time:** 7:00pm - 10:30pm
- **Venue:** Kerry Hotel
- **Enquiry:** rsdept@polyu.edu.hk

**NOV 2018**
11th Pan-Pacific Conference on Rehabilitation (PPCR)
- **Date:** 17-18 November 2018 (Sat-Sun)
- **Time:** 9:00am - 5:00pm
- **Venue:** The Hong Kong Polytechnic University
- **Enquiry:** rsdept@polyu.edu.hk

[www.rs.polyu.edu.hk](http://www.rs.polyu.edu.hk) For more details, please visit: [www.rs.polyu.edu.hk/rs40a](http://www.rs.polyu.edu.hk/rs40a)
7 February 2018
From Students to The Magnificent Three Elite Alumni Seminar cum Kick-Off Ceremony of RS 40th Anniversary

16 March 2018
OT Day

27-28 March 2018
Mental Health Symposium

24 May 2018
HKOTA 40th Anniversary Gala Dinner

25-29 June 2018
Summer Overseas Subsidy Scheme
29 June 2018

RS Got Talent

10-11 August 2018

Quality of Life through Research And Technology

17 August 2018

4th Elite Alumni Seminar

18 August 2018

RS 40th Anniversary Futsal Cup

8 September 2018

World PT Day
## Programme Structure

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<th>Programme</th>
<th>Number of Intake</th>
<th>Credit Number</th>
<th>Programme Duration</th>
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<tbody>
<tr>
<td><strong>Undergraduate</strong></td>
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</tr>
<tr>
<td>BSc (Hons) in Occupational Therapy</td>
<td>100</td>
<td>130</td>
<td>4 Years</td>
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<tr>
<td>BSc (Hons) in Physiotherapy</td>
<td>130</td>
<td>132</td>
<td>4 Years</td>
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<tr>
<td><strong>Postgraduate</strong></td>
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<tr>
<td>MSc in Manipulative Physiotherapy</td>
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<tr>
<td>MSc in Occupational Therapy</td>
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<tr>
<td>MSc in Sports Physiotherapy</td>
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<td>MSc in Rehabilitation of People with Developmental Disabilities</td>
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<tr>
<td>MSc in Rehabilitation Sciences</td>
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<tr>
<td><strong>Postgraduate Entry Level</strong></td>
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<tr>
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<tr>
<td>Master in Physiotherapy</td>
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<tr>
<td><strong>Research Programmes</strong></td>
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<tr>
<td>Doctor of Philosophy (PhD)</td>
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<tr>
<td>Master of Philosophy (MPhil)</td>
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Over the past two years, we have continued to improve our undergraduate OT programme by renovating all teaching laboratories and equipping them with more state-of-the-art technology. We have also reviewed the core competencies attained through undergraduate education, adjusted our standards to meet current practice needs, and strengthened the delivery of clinical education. Our efforts have paid off, as we are glad to see that admission to the BSc (Hons) in OT programme has become more and more competitive. There has been an incremental increase in the mean DSE admission scores of our new students over the years, and we have continued to rank second among the 51 undergraduate programmes at PolyU in terms of admission scores. On average, 75% of our freshmen have obtained admission scholarships from PolyU and 16% have even secured external competitive scholarships such as the President Emeritus Professor Poon Chung-kwong Scholarship, the HKSAR Government Scholarship, D. H. Chen Foundation Scholarship, Hong Kong Jockey Club Scholarship, and Swire Scholarship, as well as ‘tier 2 scholarships’ which are awarded to students with four DSE subjects scoring 5**.

We have continued to establish new exchange agreements with overseas universities and around 12-15% of our students are able to do clinical training abroad. On the other hand, during summer breaks, we have worked with The Hong Kong Society for Rehabilitation to provide summer internships and work-integrated education (WIE) placements in Chinese Mainland. From 2016-2018, we have had more than 75 OT students join this scheme to facilitate various activities and lead therapeutic groups for people with rehabilitation needs in Chengdu, Cangzhou, Guilin, Baotou, and Bazhong.

Finally, we have continued to foster our students in forming creative and innovative minds. It is truly rewarding to OT colleagues to see that our students have obtained several prizes in competitions regarding assistive technology and environmental modification for persons with disabilities over the past two years (e.g. the 11th International Convention on Rehabilitation Engineering and Assistive Technology, i-Create 2017).
Demand for PT services keeps increasing in Hong Kong and worldwide. The demand for high-quality PTs to work in hospitals, non-government organizations, the private sector, and educational institutions is tremendous. To fulfil this societal need for PTs, our BSc (Hons) in PT programme has increased student intake to 130 in the 2016/2019 triennium. In addition, the third batch of students taking MPT program was launched in January 2017 with a student intake of 48.

The 4-year PT curriculum was launched in 2012, and contains all essential components of professional training required to train competent PTs to serve the community. In order to respond to the needs of our society, the new subject Physiotherapy in Mental Health has been added to the programme.

In order to allow our students to have earlier exposure to the physiotherapy profession and to enhance their work-integrated experience during the 4-year course, Early Exposure of Professional Practice has been implemented in summer 2018 for all Year 1 students. Through this programme, our students are exposed to different clinical situations including in-patient, out-patient, and community settings early, having just completed their freshman year. The programme has gained full support from our experienced clinical educators.

Overseas placement provides valuable experiences for our students, who work as student-physiotherapist in different countries with different cultures. Our programme continuously liaises with other overseas universities in order to explore more opportunities for overseas clinical placement. The number of students participating overseas placement continues to increase. In 2017/18, a total of 29 students had overseas placements, to countries including Australia, Canada, Denmark, Finland, New Zealand, Singapore, Sweden, Switzerland, Thailand, Taiwan, and the USA.

Our BSc (Hons) in PT programme has continuously been ranked first among PolyU programmes in the admission exercise. Although the programme faces many challenges, I am sure that, with collective and persistent efforts from our teaching colleagues in the university and our experienced clinical educators, we can continue to be one of the best programmes in the world.
Postgraduate Scheme in Rehabilitation Sciences

The Postgraduate Scheme in RS (the Scheme) was developed in line with the scientist/practitioner model, a well-recognized model for training health care and rehabilitation professionals. The model emphasises the necessity of training in scientific research skills, clinical competence, and the integration of theory and practice. The programme is unique in its focus on integrating theory and practice with an emphasis on evidence-based practice across the curriculum. Equally important is its flexibility, which allows students to choose their programme of study in accordance with their own personal goals or needs for specialisation. Within the Scheme, we offer five specialist programmes:

- MSc in Manipulative Physiotherapy
- MSc in Occupational Therapy
- MSc in Rehabilitation of People with Developmental Disabilities
- MSc in Rehabilitation Sciences
- MSc in Sports Physiotherapy

From 2014-17, 147 students have graduated from the Scheme. Besides local admissions, the Scheme also attracts excellent students from other countries/regions, including Chinese Mainland, Malaysia, Macao, Singapore, the Philippines, and Taiwan.

The number of non-local students admitted to the Scheme in last two academic years are as follows:

<table>
<thead>
<tr>
<th>Year</th>
<th>No. of Students Admitted</th>
<th>No. of Non-local Students</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>2016-17</td>
<td>31</td>
<td>11</td>
<td>China (4), Macao (1), Philippines (1)</td>
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<td>2017-18</td>
<td>53</td>
<td>23</td>
<td>China (1), Macao (2), Malaysia (1)</td>
</tr>
</tbody>
</table>

2016-17

<table>
<thead>
<tr>
<th>MSc Programme</th>
<th>No. of Students Admitted</th>
<th>No. of Non-local Students</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSc in Rehabilitation of People with Developmental Disabilities</td>
<td>25</td>
<td>6</td>
<td>China (4), Macao (1), Philippines (1)</td>
</tr>
<tr>
<td>MSc in Rehabilitation Sciences</td>
<td>6</td>
<td>5</td>
<td>China (4), Philippines (1)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>31</strong></td>
<td><strong>11</strong></td>
<td></td>
</tr>
</tbody>
</table>

2017-18

<table>
<thead>
<tr>
<th>MSc Programme</th>
<th>No. of Students Admitted</th>
<th>No. of Non-local Students</th>
<th>Details</th>
</tr>
</thead>
<tbody>
<tr>
<td>MSc in Manipulative Physiotherapy</td>
<td>33</td>
<td>4</td>
<td>China (1), Macao (2), Malaysia (1)</td>
</tr>
<tr>
<td>MSc in Occupational Therapy</td>
<td>12</td>
<td>10</td>
<td>China (8), Singapore (1), Taiwan (1)</td>
</tr>
<tr>
<td>MSc in Sports Physiotherapy</td>
<td>12</td>
<td>9</td>
<td>China (6), Macao (1), Philippines (2)</td>
</tr>
<tr>
<td><strong>Total</strong></td>
<td><strong>53</strong></td>
<td><strong>23</strong></td>
<td></td>
</tr>
</tbody>
</table>
Master of Occupational Therapy (China) (MOT (China))

Dr Kenneth Fong
Associate Professor
MOT (China) Programme Leader (2013-16)

Funded by the Hong Kong Jockey Club in 2012, the MOT (China) had its first cohort start in September 2013 and its second cohort in September 2014. A total of 57 graduates from the two cohorts received a master’s degree from PolyU and a certificate of learning experience from Sichuan University. This degree is an entry-level master’s, which has already been approved by the Ministry of Education in Chinese Mainland, designed for practicing rehabilitation therapists in Chinese Mainland who have completed a bachelor’s degree in Rehabilitation Therapy recognized by the Ministry of Education. Upon graduation, the students possess an entry-level qualification for professional practice in OT worldwide. The normal duration for the course, which is full-time, with a total of 59 credits and four blocks of clinical placement, is two years. A majority of teachers and clinical educators are qualified OTs from Hong Kong. The courses are delivered in the Institute for Disaster Management and Reconstruction (IDMR) in Chengdu, which was jointly set up by PolyU and Sichuan University. The MOT (China) has already been approved by the World Federation of Occupational Therapists (WFOT) as an accredited entry-level qualification in 2016, and is the first master’s degree in OT available in Chinese Mainland. The graduates are now taking a leading role in various sectors in Chinese Mainland, including senior therapists in hospitals, university teachers, heads of rehabilitation centres or departments, research students in universities, etc.

Master of Physical Therapy (China) programme (MPT (China))

Mr Angus Law
Clinical Associate
Clinical Education Coordinator
MPT (China) programme (2013-16)

The MPT (China) programme was developed in response to the Sichuan 8-magnitude earthquake that occurred on 12 May 2008. It played an important role in supporting post-disaster rehabilitation and reconstruction, as well as in nurturing top-notch talents in PT to facilitate further development of rehabilitation and PT in Chinese Mainland. There have been two cohorts of the MPT (China) programme. The first cohort started in 2013. 30 students graduated from the first cohort in 2015 and 29 students graduated from the second cohort in 2016. Dr Simon Yeung, JP was the Programme Leader of these two cohorts. The programme was supported by a generous donation from the Hong Kong Jockey Club.

The students were recruited from different regions of Mainland Chinese and were rehabilitation therapists. They received PT training at the Sichuan University-PolyU Institute for Disaster Management and Reconstruction in Chengdu, Sichuan Province, provided by experts and experienced clinicians invited from Hong Kong, Australia, Canada, Germany, the USA, the United Kingdom, and Chinese Mainland. After taking the fundamental, theoretical, and practical classes, they were allocated to different hospitals to undertake their clinical placements. The locations of their clinical placements included Chengdu, Shanghai, Wuxi, Wuhan, and Hainan in Chinese Mainland. Clinical exposures included acute in-patient, out-patient, extended rehabilitation, orthopaedic, cardiopulmonary, neurological, medical, surgical, and paediatric settings in different hospitals.

One of the final research project studies of the second cohort, was later bestowed with the ‘Investigator Award’ in 2018 by the European Stroke Research Foundation at the 27th European Stroke Conference. The related papers were published in the following international peer reviewed journals: Journal of Cerebrovascular Diseases and Journal of Cerebrovascular Diseases Extra.

We look forward to seeing further development and advancement of health and rehabilitation services as well as related education in Chinese Mainland, with important input from the graduates of the MPT (China) programme.
Master in Occupational Therapy (MOT)

Prof. David Man
Professor, Associate Head
MOT Programme Leader (2012 – June 2017)

RS is proud to have successfully run two cohorts of MOT students in the past few years. Our graduates have been recognised by key stakeholders as providing high-quality OT services to local NGOs, especially in serving the increasing population of frail, cognitive-declining older adults, helping children with special learning needs, and promoting community/home-based rehabilitation.

Their academic performance has proved very satisfactory and surveys have demonstrated good generic and professional competence, both of which have been highly commended by their employers. Their promotion prospects have been shown to be positive and rather promising. There have been promoted to OT I posts after three years of service. Some NGOs have also provided substantial support to our MOT graduates’ job development and in launching new services.

Since running the second cohort of MOT students, we have been accredited by the Hong Kong Occupational Therapy Board under section 12(1) (a) of the Supplementary Medical Professions Ordinance. Upon graduation, MOT graduates can register directly for local practice (HKOTR) without the need for universal examination.

The third cohort of 24 MOT students embarked on the same two-year intensive programme on 13 January 2017. As with their predecessors, the competition for 2017 entry was very keen, with those who were successfully admitted having been awarded bachelor’s degrees by reputable universities and having demonstrated excellent academic performance in related fields: psychology (62.5%), nursing (8.3%), Social Sciences (8.3%), others (20.9% – social work, nutrition, health/medical science). Among them, 13 also had received postgraduate qualifications. All 24 students have applied successfully to a sponsorship scheme financially supported by the Social Welfare Department, HKSAR, in partnership with 23 NGOs in Hong Kong. Altogether, there are five Hospital Authority settings and 8 NGOs contributing to the clinical education of our students. The third cohort of MOT students will complete their academic and clinical courses by the end of 2018 and are anticipated to join the work force as early as 2019. The recruitment of the fourth cohort of MOT (2019 intake) will be resumed in mid-2018.

Master in Physiotherapy (MPT)

Dr Amy Fu
Associate Professor and Associate Head
MPT Programme Leader (April 2016–Present)

Since its establishment in 2012, entry-level Master in Physiotherapy (MPT) Programme has been a pioneer and quality provider of professional education on nurturing physiotherapists in Hong Kong. With support from the Social Welfare Department and our clinical partners, MPT is moving on to the forth cohort in early 2019. The new cohort having excellent academic performance like their predecessors come from the field of sports and exercise science, health-related disciplines, and bio-engineering.

The well-qualified teaching teams and clinical partners aspire to nurture and develop our students through a well-articulated curriculum in equipping them with skills necessary to engage in the dynamic clinical workplace – our MPT curriculum incorporates three 5/6-week placements on various physiotherapy specialties in hospital settings, one 5-week placement with a focus on primary healthcare, and two 4-week placements in non-governmental organization (NGO) settings.

Upon graduation in early 2016, students in the second cohort have been employed by health institutions in different sectors. They are contributing their expertise to the betterment of the community, especially in welfare sector. The results of the Graduate Opinion Survey in 2016 indicate that the generic and professional competency levels are very satisfactory. The graduate expressed that the tailor-made content and clinical placement equipped them well in the challenging workplace.
Student Activities

The PT programme’s academic staff, students, and alumni provided a physiotherapy service to runners in the Po Leung Kuk Charity Run.

Occupational Therapy Student Ambassador (OTSA) and Hong Kong Physiotherapy Concerns jointly organized a carnival to introduce two professional disciplines to the public.

PolyU Summer Programme – Physiotherapy was held in June 2018 to introduce PT programmes to secondary school students via interactive mini-lectures and practical classes.

OTSA organised a one-day ‘PolyU’s Occupational Therapy Day Camp 2017’ for secondary school students. The event provided opportunities for the participants to understand the work of an occupational therapist by engaging in a wide variety of entertaining and experiential learning activities.
Post Disaster Rehabilitation Action (PDRA) was formed soon after the 803 Ludian Earthquake in 2015. Its main goal is to support the development of rehabilitation services for quake survivors in Ludian and Zhaotong. The team is led by Prof. Cecilia Li-Tsang, Mr Tang Kin Chung, Mr Tony Wong, and other medical professionals from Zhaotong Hospital and Ludian Hospital. Volunteers were recruited from students studying OT and PT programmes in Sichuan and Hong Kong.

The team has worked closely with hospital teams and local organisations to provide medical, rehabilitation, and social support services for the survivors. Services included provision of OT and PT treatment to those in need, assessment of housing environment, and provision of assistive devices, walking aids, and wheelchairs to those in need. Families were also educated in proper handling and training of injured victims at home. In the past two years, the PDRA team has organized more than 10 trips to visit the quake survivors either at the two hospitals or at their temporary housing. Last year, when their new homes were built, we also paid home visits to re-evaluate their abilities to manage home living and self care. More than 100 survivors and families benefited from the PDRA. The PDRA also conducted seminars, workshops and case demonstrations to facilitate the knowledge and skills of local rehabilitation personnel. Over 100 rehabilitation personnel attended the training courses organised by PDRA.

Through the support of the Keswick Foundation, a new project, ‘We care, we share’, was set up in 2016 by the project team. Its vision is to extend the PDRA to provide quality home and community rehabilitation programmes after injuries. An intensive treatment programme was implemented through detailed and thorough discussion before the actual visit. Students would also need to prepare the treatment plan, and the necessary tools and gadgets for treatment would be prepared in advance. Through this project, students learn to support patients in the community and design simple but effective assistive devices for different cases. The team is delighted to announce that the project is now officially endorsed as a service learning project with credits recognised by the OT programme at PolyU. At the same time, the project can help to proliferate the concepts of community rehabilitation, home adaptation, and modification to enhance functional independence or to facilitate carers in handling chronic cases.
Interprofessional Health Promotion & Rehabilitation Services in HK

Ms Jessica Rauszen
Clinical Associate
Service Learning Subject Coordinator
(Until 2017)

This Service Learning subject has been offered by RS since 2012, and it is designed specifically for FHSS students taking subjects including physiotherapy, medical lab science, radiotherapy, and nursing. Each year, from 50 to over 100 students have enrolled in this subject.

Students have embraced the chance to work interprofessionally to give care and services to clients from different sectors of the community, outlined below:

The Wai JI Christian Service:

Students provided this service to people at the Sheltered Workshop and Hostel at Hor Ping and Long Ping centres. This activity gave students a chance to work with aging adult clients with mental handicaps. After assessing their fine motor skills for work-related placements, they engaged with clients in meaningful workshops, such as music and rhythm: first in making musical instruments, then learning rhythm and dance movements to encourage a healthy lifestyle.

Students helped clients make fruit salads, sushi rolls, and healthy pizza to encourage healthy eating. The service culminated in a mini-Olympics, with clients practicing coordination and team spirit.

The Salvation Army Hoi Tai Residence for Senior Citizens:

This service offered students an insightful experience by delving into the past and helping elderly people recount and rediscover the highlights of their lives with the aid of family photos, newspaper snippets, memorabilia, and tales from the past. At the end of the service learning project, students produced beautifully designed Life Story Books for each of the elderly clients they had become friends with. This helped elderly clients with cognitive impairments such as dementia to connect with the younger generation and create meaning out of their long and fruitful lives. They also had fun playing brain games!

Chinese YMCA of Hong Kong hosted a range of services in different sites:

The Y’Mens Center of the Deaf provoked students to seek alternative methods of communication to give health information and was extremely rewarding in terms of student commitment to communication. The Stage III Cardiac Rehabilitation Gym Sessions allowed nursing, social work, and physiotherapy students to tailor home programmes for clients. The people at Chai Wan Community Support Services for the Elderly always enjoy student-led exercise classes, health promotions, and health talks, and feel refreshed by their young energy! Students also supported the elderly in the Lion Dance Kinect game for seniors in different stages of development.

Hong Kong Stroke Association:

Students dove into deep learning with this self-help group and discovered the coping mechanisms these clients employ.

They designed stroke-related health talks and fun exercise workshops, including those for facial exercise and oropharyngeal exercise, for clients!

Over the past five years, students have valued the skills they learned through this subject, which are so hard to teach in a classroom setting: interpersonal communication, inter-professional collaboration, problem-solving, social responsibility, teamwork, and leadership.

In conclusion, the different community health settings allowed students to enhance their personal skills and attributes as healthcare professionals with an ethical approach to care.
Serving as the service extension of RS for over two decades, the Rehabilitation Clinic always aims at the provision of three major scopes of services: rehabilitation services, clinical education, and supporting clinical research.

The clinic commits to the provision of quality OT and PT services to colleagues and students of PolyU as well as the general public. Our service coverage ranges from on-site rehabilitation and in-field services to primary health care educational talks to specialized consultancy services. The OT services cover the assessment and treatment of children with developmental and learning difficulties. Our OTs also provide consultations to school teachers as well as parents so as to facilitate the training of children with special needs. Starting from the third quarter of 2016, the OT service was extended to people with musculoskeletal and neurological problems. Our therapists will provide splinting rehabilitation and neurological rehabilitation to those in need. In 2017, a sleep wellness programme was introduced and conducted by OTs. The aim of the six-session programme is to improve sleep quality by means of non-pharmaceutical approaches. Our therapists provide counselling and teach cognitive behavioural techniques for counteracting insomnia.

For the PT service, our therapists work diligently for those suffering from musculoskeletal and neurological disorders. With the increasing need for rehabilitation by the elderly community, the ‘Brisk Walk Program’ was introduced in mid-2017. This programme is intended for people with mild to moderate levels of Parkinson’s disease. This four-session programme is conducted by PTs focusing on training the gait pattern of people suffering from Parkinson’s disease. The programme aims at improving the gait pattern and physical endurance of the participants. It will also have a positive impact on their psychological health when they find themselves being able to walk with better posture and pattern. The formulation of this programme was heavily based on research by our academic colleagues in RS. This demonstrates how the Rehabilitation Clinic successfully translates the results of our academic colleagues’ research to clinical settings, benefitting the community.

The Rehabilitation Clinic also contributes significantly to clinical education for both undergraduate and postgraduate students of RS. It provides clinical placements as well as teaching and clinical attachments to students from the OT and PT streams of RS. Starting from 2017, the clinic has further strengthened its role in clinical education by serving as a primary teaching centre for PT undergraduates of overseas universities. Moreover, the clinic continues to serve as the Dr and Mrs Lui Che Woo Special Centre for the Knee for research and services provision, which it has done since 2009.
RS hosted its fourth SOESS program from 24 to 29 June 2018. 38 highly qualified OT and PT students and graduates from around the world joined PolyU to gain knowledge and hands-on experience in RS’s four areas of innovative research: East-meets-West, Orthopaedic and Sports Rehabilitation, Neuroscience and Neurological Rehabilitation, and Geriatric Rehabilitation.

The program began with a welcome reception and opening ceremony hosted by Prof. Hector Tsang. During their week in Hong Kong, the participants had the chance to learn about PolyU’s dynamic rehabilitation research through lectures, seminars and laboratory sessions. Small group consultations provided a valuable opportunity for exchange between research staff, lecturers and participants.

Participants also experienced the diverse culture of Hong Kong during their clinical visits to local hospitals, community service settings, the cultural "Treasure Hunt" activity, and during their sight-seeing activities.

The program closed with a Farewell Party but the excitement continued into the late hours of the evening as participants joined the ‘RS Got Talent’ Show – one of the year-round 40th Anniversary activities to celebrate the establishment of RS – with their own song about their experiences in Hong Kong, and magic tricks to the amazement of the audience!

This scheme provided a wonderful opportunity for both participants and PolyU staff to participate in cultural exchange and sharing of ideas.

We would like to take this opportunity to express our sincere gratitude to the following departments of our external collaborators: The Tung Wah Group of Hospitals’ Jockey Club Rehabilitation Complex in Aberdeen, OT Department of Kowloon Hospital and PT Department of Tuen Mun Hospital.
Highlights of Research Areas

East Meets West in Rehabilitation Sciences

Research Coordinator: Prof. Hector Tsang

‘East meets West’ has been a major research area in RS, drawing together the strengths of Western rehabilitation and Eastern practices of health and wellness. Our research spans basic science and translational research in clinical practice and community service. Currently, we are focusing on the clinical effects and the underlying biological and psychosocial mechanisms of Tai Chi, Qigong, and acupuncture.

Tai Chi

Tai Chi has been a RS focus for more than a decade. Because of the aging world population, falling has been identified as one of the major causes of morbidity and mortality in older adults. We conducted laboratory tests on, and clinical trials of, the effects of Tai Chi practice and showed it to be beneficial for fall prevention among older adults.

Qigong

Qigong, a Chinese mind-body exercise, is another area under intensive research. Other techniques include acupressure and mindfulness activities that are easily self-administered by individuals assisted by relatives with minimal professional input. These interventions have received compelling supportive evidence from psychoneuroendocrinological and clinical studies funded by external grants.

Acupuncture

Acupuncture is a component of Traditional Chinese Medicine. With the worldwide spread of training in and provision of acupuncture care in the last two decades, increasing attention has been given to the scientific evaluation of acupuncture treatment for various diseases. We have studied the effect of acupuncture on bone and cartilage health. We have also explored the physiological mechanism underlying the effects of acupuncture on stroke recovery using animal models.

Neuroscience and Neurological Rehabilitation

Research Coordinator: Prof. David Man

This multidisciplinary research group aims to make new discoveries in applied cognitive neuroscience and rehabilitation as well as in translational research through applying basic science to enhance the well-being of healthy and diseased populations, practical applications of clinical protocols and technology in preventive measures, and interventions for brain impairment populations across the full lifespan. Research foci include the brain's plasticity, frontal lobe function, innovative cognitive strategies, virtual reality, artificial intelligence, audio-visual and vibration training, motor learning, and innovative devices to facilitate the learning or relearning of skills. The group employs sophisticated enquiry techniques like event-related potential, brain imaging, and transcranial direct current to tap new information on the neural, physiological substrate, as well as neural mechanisms in cognitive and sensorimotor functions.
Orthopaedic and Sports Rehabilitation
Research Coordinator: Prof. Gladys Cheing

With the practice of active living and the rapid advance of knowledge in the areas of biomechanics, movement sciences, and injury prevention, the field of musculoskeletal research has evolved into a major area in rehabilitation sciences. RS is committed to achieving advances in the field of musculoskeletal research by bridging basic science research and clinical practice. Our musculoskeletal research team consists of experts in physiotherapy and occupational therapy. Their clinical interests cover a broad spectrum of studies conducted on various age groups, medical conditions, body parts, and clinical interventions. Translational studies have been conducted to advance applied science. It is the aim of RS to produce scientific evidence for our clinical practices in musculoskeletal rehabilitation and beyond.

Geriatric Rehabilitation
Research Coordinator: Prof. Marco Pang

The Geriatric Rehabilitation Research Group is devoted to studying age-related changes in physical, psychosocial, and cognitive functions, and finding ways to promote health and quality of life among older adults in different institutional and community settings.

Decline in cognitive function is a major concern among older adults. Our team has designed a Chinese calligraphy writing training course for individuals with mild cognitive impairment with an aim to improve attentional control and working memory. After eight weeks of calligraphy writing training using a cognitive approach, the participants had significantly improved working memory and divided attention, when compared with controls. A follow-up six months later indicated that the improvement in working memory was sustained. This work has clearly demonstrated the usefulness of using mind-and-body practices to improve specific cognitive functions.

Another health concern among the elderly population is decline in physical functionality, particularly problems with balance, mobility, muscle weakness, and sarcopenia. In a large systematic review and meta-analysis study involving 43 randomised controlled trials and 3988 subjects, we have provided solid evidence that supervised multi-modal exercise for about 60 minutes a day, two to three days a week can improve strength, balance, mobility, and endurance in people with cognitive impairment and dementia. Our team has also investigated the use of whole-body vibration as a treatment tool to combat muscle weakness and sarcopenia in older adults. The series of research done by our team has shed light on various aspects of application of whole-body vibration in older adults, including transmission of vibratory signals, safety, and effects on muscle function. In particular, our efficacy study showed that a vibration frequency of 40 Hz yielded the best outcomes in leg muscle strength compared with the other tested frequencies. More importantly, the improvements were well maintained for at least 12 weeks, despite cessation of vibration treatment.

Fall prevention is another research focus of our team. In a multi-centre randomised controlled trial on older adults admitted to the emergency room for a fall, it was demonstrated that a single OT fall reduction home visit within two weeks after discharge from hospital was effective in reducing future falls within the one-year follow-up period.

In summary, the Geriatric Research team has conducted ample innovative research that has led to important findings that both build knowledge and inform clinical practice in the field.
The Rehabilitation Sciences Alumni Association

The annual general meeting of the Rehabilitation Sciences Alumni Association (RSAA) was held on 28 March 2018. Dr Herman Lau, Hospital Chief Executive of Shatin Hospital, Bradbury Hospice, and Cheshire Home, Shatin was elected to be the President of the RSAA Council. Dr Lau is our elite alumnus with a PTs background. With more than 18 years of management and administrative experience, Dr Lau’s polished accomplishments facilitate enhancement in the quality of healthcare service at hospital and cluster levels. He is currently a Professor of Practice in RS.

Under the leadership of the new President, the RSAA would like to achieve the following goals in the new two-year term:

- Gain more resources of RSAA members from various channels, if possible
- Maximise the number of RSAA members, ideally to twice the current level
- Voice the needs of RS on behalf of RS alumni
- Get involved in policy-making regarding education and affairs regarding PT and OT
- Encourage RSAA members to attend the RS 40th Anniversary events and future RS activities

New term of Rehabilitation Sciences Alumni Association Executive Council (2018-2020)

First row from left: Dr Bacon Ng (Vice President), *Prof. Hector Tsang (Cally Kwong Mei Wan Professor in Psychosocial Health, Professor and Head of RS), Dr Herman Lau (President), *Dr Amy Fu (Associate Professor and Associate Head of RS)

Second row from left: Mr Alexander Woo (Chinese Mainland Alumni Liaison Secretary), *Ms Joann Yiu (Executive Officer, Marketing of RS), Ms Konica Kwok (Recreation Secretary), Ms Josephine Wong (Welfare Secretary), Ms Eva Chun (Honorary Secretary), Mr Curtis Wong (Membership Secretary), Mr Kino Lam (Honorary Treasurer), *Dr Andy Cheng (Associate Professor and MOT Programme Leader of RS)

*non-exco member
Before entering into the OT programme, I was not fully aware of the talents and gifts that I had possessed in my middle-school days. Among many different human intellectual gifts, I only knew that I had quite a strong memory, as evidenced by an ease in memorising books, poems, etc. and by often getting full marks in dictation subjects. Yet, I didn’t know that my memory capacity could be further stretched until I studied anatomy in polytechnics.

Because of a basically lazy nature, I never spent enough time revising taught subjects in-between tests and examinations. Similarly, when I was about to write my anatomy examination paper for the first time in Year 1, I still had tons of materials that had not been touched! This really bothered me a lot!

Without any better strategy to help me revise for this subject, I suddenly started to copy one anatomical drawing from the textbook; and immediately I found that I could memorise everything in details in that diagram even though I had just copied it once. Thereafter, I copied the diagrams one by one, and thus I could make use of a relatively short period of time to memorise all the materials, which lead me to get very high marks. Thank God this was one of the precious gifts that I possessed!

It was 1 October 1978 when the first batch of over 40 PT students of PolyU gathered together to prepare for their future professional careers. At that time, when the Polytechnic building was not that complex, with only cores A, B, C, and D, PT programme was conducted in two small rooms in the library block. Room L420 was the main classroom, which served as lecture room, practical room, equipment storeroom, and male as well as female changing room, separated by a sliding curtain. Hydrotherapy lessons were conducted in the university’s outdoor swimming pool during the off-peak season – winter! Sometimes, students needed to attend class on the rooftop of the building. The class photo was taken there to. However, all these experiences gave us lots of fond memories of the fun we had.

Throughout the years, I have been and continue to be proud to be a graduate of the programme, to see the great development of the department, and to see the achievements of the alumni in different sectors, particularly those contributions to people with special health needs. I thank all the teachers, staff, and alumni of the department for bringing us to this frontier, and I look forward to the further progression of the department at its 40th Anniversary.
Ms Stella Cheng

Current Job: Kowloon West Cluster clinical stream coordinator (Allied Health)/ cluster coordinator (Occupational Therapy)/ Princess Margaret & North Lantau Hospital Department manager (Occupational Therapy)

Programme and Award Year: 1982 Professional Diploma in Occupational Therapy

I am blessed to be an OTs. It started with the wonderful time I had with my OT-79 classmates when I studied OT at PolyU. It is still so vivid after 38 years! Singing in the rooftop garden, sharing in cell group, studying anatomy, ADL, art work, OT applied in physical and psychiatric rehabilitation, making projects in the industrial centre, organising O-camp for the new students, pretending to be a wheelchair user on the streets, and the list goes on!

After my graduation, I applied what I had learnt to the mental health field, work rehabilitation, pre-discharge programme, community OT, and the opening of the first child ward in a mental hospital. I witnessed changes and improvements in service over the years.

There was a major change in my professional life when I changed to work in the general hospital and clinic in 1989. I was so privileged to work with the multidisciplinary team to implement different rehabilitation programmes: cardiac, pulmonary, renal, work, SARS, stroke, memory, and pain clinics.

I had the opportunity to contribute further to the service development of occupational therapy in HA when I was the co-chairman of the Coordinating Committee of OT from 2003 to 2014. As the vice-chairperson of the Hong Kong Occupational Therapy Association and a delegate to WFOT, Hong Kong OT’s development to meet society’s needs and international standards is always in my mind.

I was appointed as the ACHS surveyor in 2013 and the involvement in the accreditation of different hospitals had broadened my exposure to different areas of the health care service. In 2016, I took up the post of clinical stream coordinator of the Allied Health Service. I truly believe AH powerfully and positively impacts our clients, especially when we work together.

It was my great honour to be appointed as the Professor of Practice (OT) in RS in 2017. Sharing my knowledge and skills with future therapists is definitely a joyful and meaningful occupation to me.

Dr Herman Lau

Current Job: Hospital chief executive of Shatin Hospital, Cheshire Home, Shatin, Bradbury Hospice

Programme and Award Year: 1984 Professional Diploma in Physiotherapy 2006 Master of Philosophy 2011 PhD Programme

‘Touching Lives, Making an Impact’: the motto of RS has also always been my motto no matter whether I was working as a frontline physiotherapist or in hospital management, as I do now. Nevertheless, I believe our power to impacting lives, as a therapist, is not confined only to our regular jobs. In the wake of the 2008 Sichuan Earthquake, as the volunteer rehabilitation coordinator of the ‘Stand TALL Project’ of the Chinese Speaking Orthopaedic Society and an expert panel member of the Sichuan Re-development Project of the Hospital Authority, I initiated and coordinated the rehabilitation support for the victims. More than 200 Allied Health professionals eventually joined us in the voluntary service. I was touched not only by witnessing how the victims went through their rehabilitation journeys, but also by the compassion of our volunteer professionals.

Furthermore, after earning my Master of Philosophy degree, I have been teaching in the Department since 2006. More recently, I have completed my Doctor of Philosophy degree in 2011, and have taken up the post of Professor of Practice (PT) from January 2018. We learn from our teachers to think analytically, but more importantly, to me, we imbibe their spirit of pursuing excellence in technology and humanity towards patients. I hope the spirit of rehabilitation sciences will pass on, influencing professionals and blessing the patients and their families.

It is my honour to be a team member of RS and I hope with my knowledge and experience I can continue to contribute to PolyU.
Alumni Stories

Dr Bacon Ng

Current Job: Manager (Chinese Medicine Education and Research), Hospital Authority

Programme and Award Year:
- 1988 Professional Diploma in Occupational Therapy
- 1999 Master of Science in Health Care (OT)
- 2017 Doctor of Health Science (OT)

Thirty years ago, I graduated from PolyU. My studies nurtured my interest in research and paved the way for me to become who I am today. I treasured the pre-contemplation stage of struggling together, from muddled to meaningful, about what OT is. I remembered the laughter and sorrows, when we shared humour and when we failed together. I felt the triumph of employment, and tragedy for switching career. The tutorials given by Late Dr Philip Chan related to neurolinguistics and scientific research were internalised as my passion, and groomed me into a life-long learner. I believed there would be something to learn if I choose to stay instead of skipping classes! Indeed, I sharpened my active listening skills upon attending one-to-one tutorials.

My perception of learning served as a drive for me to complete two doctoral degrees and stretched my comfort zone into cross-disciplinary territory.

I have had the honour of sharing my experiences with 17 generations of OT students when I served as clinical educator in Castle Peak Hospital. The shift from clinician to executive further broadens my horizon and satisfies my hunger for exploring. I immerse myself in the profession, engaging in the development of HK Provisional OT College, programmes accreditation, works of Committees of the OT Board, Councils and NGOs during my leisure time. I am proud to participate in the profession, share with the profession, and work for the profession.

Alumni Stories

Mr Peter Poon

Current Job: Deputy Chief Executive Officer, Hong Kong Society for Rehabilitation

Programme and Award Year:
- 1983 Professional Diploma in Physiotherapy
- 1987 Post-graduate Certificate in Spinal Manipulation

It has been more than three decades since my graduation from the PT programme at PolyU. It feels like yesterday with everything still vividly in my mind: the very packed programme filled with lectures and practical sessions, the kind but firm lecturers’ faces, the joy and sweat of learning to be a caring healthcare professional and preparing for a life-long career in rehabilitation.

Since my graduation, I have spent most of my time working in community settings, including my earlier career in Melbourne, Australia as a community health physiotherapist, and since 1994 working for the development of community rehabilitation for people with chronic diseases in Hong Kong. My many encounters with people with disabilities and chronic diseases have inspired me to embrace the concept of holistic care as well as the very important concepts of ‘self-management’ and ‘patient empowerment’, and I have dedicated myself to be a trainer and advocate of these areas both within organization and in the outside arena.

Currently, I am working as senior management staff for the Hong Kong Society for Rehabilitation, with the mission to promote holistic rehabilitation, inclusion, and community participation.

When looking back, my undergraduate and postgraduate training at RS of PolyU have equipped me not only with the professional knowledge and skills, but also the values and attitudes, that are essential to being a caring and responsible service provider and to making patient-centred care a core value and practice.

I am proud to be part of RS of PolyU, and may I congratulate the department on this very important landmark of 40th Anniversary and on all the contributions it has made to society.
Being a 100% PolyU-made PTs, having done my undergraduate and postgraduate PT training at PolyU, I am so pleased and proud to participate in this Alumni story section.

I am so blessed to have been taught and embraced by kind-hearted, enthusiastic, and positive lecturers including Mrs Gardner, Mr Charles Lo, Mrs Peggy Chan, Mrs Celica Webb, and others during my undergraduate training. In addition to teaching me, they were so passionate to make me feel warm and supported during my hard times so that I was able to graduate as a registered physiotherapist with 3H characteristics (Heart-Head-Hand). They also influenced me to adopt a life-long-learning approach in my career with enrolment in postgraduate training. I still remember the moment when I was looking through research data on Christmas Eve, scrolling through millions of excel files for statistical analysis. Such intensive training by my supervisor, Prof. Daniel Chow, guided me into developing a serious learning and working attitude, not just achieving an outstanding academic Master award.

I am always being told we are so lucky to be in a profession in which we are able to serve. I have served HKPA for 20 years, with 10 years of presidency, so that I can contribute back to my beloved profession and wider society. During this time, I have engaged in close collaboration with RS of PolyU.

I am very proud to be a graduate of RS and am certain that RS will nurture further generations of the highest quality, bringing health and good fortune to our community in the coming years.

I have evolved over the past 30 years from an OT student to an entrepreneur and innovator. I was taught a lot during my four years of study, but this was mainly not related to business, especially the kind of business I was engaged in later on, when I was not practicing as a clinician. Basically, what I learnt from the course was creativity and innovation.

An OTs starts their day with empathy. We have to imagine what the patient has gone through, know everything about that person, what is important to them, and then help by acting as a problem solver. We are looking at every aspect of a person's life: physical, mental, social, and environmental. We take a holistic and sustainable approach. We will take care of issues with lots of creativity. We have to do whatever we can to make people's lives better, to help them regain meaning from their daily occupations.

The knowledge and skills I learnt from OT have opened doors for me, allowing me to walk into different categories of knowledge including business management and engineering. It has also brought me to Science Park, to the Grand Prix Award in Geneva, and to PolyU’s Outstanding Alumni award.

I will keep using my imagination, empathy, and heart to listen, think, and experience — the fundamental and essential lessons I learnt from the occupational therapy course — as I continue on my journey.
Mr Elton Ng

Current Job: Founder and Consultant Physiotherapist, Centre of Rehabilitation & Exercising Specialist (CORES)
Programme and Award Year: 2000 BSc (Hons) in PT

‘Strive for self-improvement and perfection, and your dreams will always come true.’

To all Hong Kong people,

From the summit of Everest

Elton Ng Chun Ting became the seventh Hongkonger to conquer Mount Everest (8,448 metres) on 21 May 2017. Elton has founded one of the largest PT clinics in central Asia and has devoted to his clinical work and charity services over 80 hours a week, yet he still manages to train as an elite mountain race athlete, who represents Hong Kong, travels around the world, and competes with other elites. He sleeps only four hours a night, attributing his successes to good time management. Elton spends most of his spare time reading to enrich his working knowledge, and has designed a highly efficient workflow for clinic and sports life. He believes that his extensive PT training in university, as well as the on-field experience of overseas sports, cultivated and inspired him to conquer challenges in his life. He believes that ‘we must always well-prepared, partake in the pursuit of excellence whole-heartedly, not just focusing on the uncontrollable outcomes, but always learning from what we have overcome, that is what we should treasure the most.’

Dr Alex W K Wong, PhD, DPhil

Current Job: Assistant Professor of Occupational Therapy and Neurology, Washington University School of Medicine in St Louis
Programme and Award Year: 2001 BSc (Hons) in OT (1st Class Honors) 2007 Doctor of Philosophy in Rehabilitation Science

My name is Alex Wong. After having completed my training and met my wife at RS, my family decided to move to America, where I pursued a PhD at the University of Illinois and completed my postdoctoral fellowship at Northwestern University Feinberg School of Medicine and Shirley Ryan AbilityLab, which has been designated the number one rehabilitation hospital in America every year since 1991. Thenceforth, I was fortunate to begin my career at Washington University School of Medicine in St Louis, home of the number one programmes in both OT and PT in America.

Currently, I’m an assistant professor of OT and Neurology and an adjunct faculty at the Institute for Informatics. My lab has been supported by a combination of NIH, NIHRR, and institutional grants for neurorehabilitation research. When I was a student at RS, I never envisioned that I would have this unprecedented opportunity to direct a lab to train the next generation of clinicians and scientists in this prestigious institution. Yet, I can’t deny that what I have achieved today was built upon the knowledge I gained at RS. I am proud to have been a part of RS, and hope RS has a wonderful 40-year Anniversary.
**Prof. Yan Tiebin**

**Current Job:** Professor, Department of Rehabilitation Medicine, Sun Yat-sen Memorial Hospital, Sun Yat-sen University, Guangzhou, China

**Programme and Award Year:** 2002 PhD programme

Time flies! I can’t believe that it has been nearly 20 years since I left PolyU!

Three years of study at PolyU was short for me, but what I learnt there greatly contributed to my future career. I was very lucky to be a PhD candidate under Professor Christina Hui-Chan. I still remember how she always paid attention to me, discussing my studies with me and guiding me step by step in my scientific research.

Since graduating from PolyU, I have used what I learnt there in my work, teaching, and research. I have been a member of the International Society of Physical Medicine and Rehabilitation, vice president of the Chinese Association of Rehabilitation Medicine, president of the Guangdong Association of Rehabilitation Medicine, and held other positions in different academic associations at home and abroad, but I would say that I might not have made all of these academic achievements without my three years of training at PolyU.

Although I have recently retired, I am still working as a retired professor in my hospital and am also active in my academic career in both nationally and internationally. I am always proud of having graduated from PolyU and the spirit of PolyU is always in my heart!

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**Ms Winnie Wong**

**Current Job:** Member of the Hong Kong Life Saving team

**Programme and Award Year:** 2009 BSc (Hons) in PT

‘First to learn, then to remember, and later to apply’

I remember entering my first 0830 Anatomy class noticing the particular smell, coldness, and quietness of the room. Unfortunately, my brain linked the smell with the roast pork at lunch that day; I did not consume any more meat that week.

I remember bringing the foot model home to be welcomed by my sister’s screaming, and asking me to ‘put that away’ immediately. I never took any bones back home for revision after that.

I remember spending nine hours in the anatomy lab to ‘digest’ every bone, muscle and nerve in the body for examination the next day. After intensive revision, I got myself a pair of 3D eyes and of course I scored an ‘A’ in Anatomy.

Being a physiotherapist and an athlete at the same time is like having live anatomy classes. Whenever I trained, I became a 3D real-time model, analysing my own body movements.

Becoming Hong Kong’s first ever world champion in life saving in was not easy. But to me, simply to persevere, to not give up on my dreams despite injuries and setbacks, was definitely harder.

I am grateful for what RS has given me during my university life: chances to explore and knowledge to expand.
A moment that changed my life was when I saw the wall with the logo of RS, PolyU in 2006. I immediately decided to apply to undertake doctoral study in RS. Fortunately, I joined this great department as a PhD student in 2007. During my studies, I was attached to many interesting research projects and selected some related courses. These innovative studies inspired my thoughts on how to advance rehabilitation sciences. I met the two most influential people in my academic life, my chief-supervisor, Dr Grace Szeto, and my co-supervisor, Prof. Chetwyn Chan, who led me into the field of musculoskeletal and neuroscience research. I also greatly enjoyed participating in the university tennis team as a singles and doubles player in three seasons of inter-university match, during which I obtained the Outstanding Athlete Award.

After receiving my PhD, I returned to my previous university. Currently, I am the professor and head of the Department of Rehabilitation Medicine in The Sixth Affiliated Hospital of Sun Yat-sen University, adjunct professor of Zhejiang University and Tongji University, and a supervisor for a PhD programme at Shanghai University of Sports and a master programme at Guangzhou Sports University. Due to my contribution to PT development, I was elected president of the Physical Therapy Sub-Association of the Chinese Association of Rehabilitation Medicine and chair of China’s Board of Accreditation and Examination for Physical Therapists. Building on my PhD studies, I am continuing research on the mechanism of neck pain, exercise science and sports injuries, and epidemiology of work-related musculoskeletal disorders. I have received funding from the National Natural Science Foundation of China (NSFC), the Chinese Medical Board Grant (CMB), the National Department of Education Fund, and several international grants.

My research interests also to developing VI and AI system in exercise training and brain plasticity, supported by the Guangzhou Scientific Research and Development Project. I am also the editor of Journal Physical Medicine, Rehabilitation & Disabilities, Journal of Performance Health, and Chinese Journal of Rehabilitation Medicine (CN), among others, and a reviewer of Journal of Sports Science and Medicine, Biomedical and Environmental Sciences, BMJ Open and International Journal of Environmental Research and Public Health, among others.
Cally Kwong Mei Wan Professor in Psychosocial Health, Professor and Head

**Research Interest:**
- Neuropsychiatric and vocational rehabilitation for individuals with mental illness
- Mental illness stigma
- Psychophysiology of mind-body interventions

**Publication 2015-2018**

- doi: 10.4172/Neuropsychiatry.1000511

- doi: 10.1016/j.brat.2016.02.004

- doi: 10.1016/j.schres.2015.05.013

- doi: 10.1016/j.schres.2016.02.013


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Prof. Chetwyn Chan

- Chair Professor of Rehabilitation Sciences
- Associate Vice President (Learning and Teaching)
- Director of the University Research Facility in Behavioral and Systems Neuroscience (UBSN)

**Research Interest:**
- Applied cognitive neuroscience
- Frontal lobe function and use of cognitive strategies
- Workers’ compensation and return to work

**Publication 2015-2018**

- doi: 10.3389/fnagi.2017.00374


- doi: 10.3233/JAD-170024

- doi: 10.1007/s10528-017-0549-2

- doi: 10.1038/srep16620
**Prof. David Shum**

**Chair Professor of Neuropsychology**  
**Dean of Faculty of Health and Social Sciences (FHSS)**

**Research Interest:**
- Prospective memory problems in older individuals and patients with brain injury  
- Cognitive neuroscience of human memory and executive function  
- Cognitive and social cognitive impairments in people with mental health problems

**E-mail:**  
David.Shum@polyu.edu.hk

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**Prof. Gladys Cheing**

**Professor**

**Research Interest:**
- Assessment and management of diabetic neuropathy and diabetic ulcer  
- Balance assessment for people with diabetic neuropathy  
- Cognitive impairment associated with diabetes  
- The treatment efficacy of electrophysical modalities in various conditions and the underlying mechanisms  
- Sensory assessment for neurological conditions  
- Physiotherapeutic management of musculoskeletal pain  
- Psychosocial issues for people with pain conditions  
- The use of acupuncture and related techniques in pain management

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gladys.cheing@polyu.edu.hk

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**Publication 2015-2018**

- doi: 10.1037/neu0000468

- doi: 10.1080/8756641.2018.1440396

- doi: 10.1177/1545968197740635

- doi: 10.1111/jnp.12060

- doi: 10.1080/09602011.2014.881746

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**Publication 2015-2018**

- doi: 10.1371/journal.pone.019107

- doi: 10.3928/00989134-20171002-04

- doi: 10.1016/j.apmr.2017.05.020

- doi: 10.1002/bem.21983

- doi: 10.12968/jwc.2015.24.11.s19
Research Interest:
- Burns and scar management
- Hand rehabilitation
- Management of children with hand dysfunction

Publication 2015-2018

- doi: 10.1016/j.burns.2017.08.006

- doi: 10.1016/j.burns.2016.08.034

- doi: 10.1016/j.burns.2015.05.013

- doi: 10.2340/16501977-1969

- doi: 10.1016/j.burns.2014.11.017

Research Interest:
- Cognitive rehabilitation and virtual reality
- Neuroscience of memory and decision making
- Prospective memory study
- Errorless learning-based study for dementia

Publication 2015-2018

- doi: 10.1371/journal.pone.0172114


- doi: 10.1080/09602011.2014.997253

- doi: 10.3109/02699052.2014.974672

- doi: 10.1111/ppc.12172
Prof. Margaret Mak

Research Interest:
- Neurorehabilitation and neural plasticity
- Gait and balance disorders
- Parkinson's disease

Publication 2015-2018

  doi: 10.1038/nrneuro.2017.128

  doi: 10.1177/1549157815581347

  doi: 10.1016/j.brs.2016.03.017

  doi: 10.1177/1549157815537559

  doi: 10.1016/j.parkreldis.2015.03.022

Prof. Marco Pang

Research Interest:
- Rehabilitation for individuals with stroke or dementia
- Therapeutic interventions for preventing falls and improving functioning in older adults

Publication 2015-2018

  doi: 10.1249/MSS.0000000000000909

  doi: 10.1007/s00198-015-3307-7

  doi: 10.1016/j.maturitas.2016.03.011

  doi: 10.1007/s00198-014-2864-5

  doi: 10.1016/j.maturitas.2015.01.001
**Prof. Ella Yeung**

**Research Interest:**
- Skeletal muscle physiology
- Sports injury prevention and rehabilitation
- Physical activity and health

**Publication 2015-2018**

  - doi: 10.1016/j.jsams.2016.11.022

  - doi: 10.1101/j.ijms.0000000132

  - doi: 10.1097/JSM.0000000000000132

  - doi: 10.1016/j.jsams.2014.01.002

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**Prof. Benjamin K. Yee**

**Research Interest:**
- Translational models of neuropsychiatric conditions
- Neuroplasticity, learning and memory
- Psychobiological basis of neurorehabilitation

**Publication 2015-2018**

  - doi: 10.1016/j.bbr.2017.10.033

  - doi: 10.1038/ng.3395

  - doi: 10.1038/npp.2016.49

  - doi: 10.1038/ncomms7872

  - doi: 10.1007/s00213-014-3703-2
Dr Sam Chan

Associate Professor

Research Interest:
- Readiness to Change in Self-management
- Spinal Cord Injury Rehabilitation
- Chronic Pain Management
- Cognitive Strategies for Pain Modulation
- Frontal Lobe Function Rehabilitation

Publication 2015-2018

  - doi: 10.1016/j.ijpsycho.2017.11.012


  - doi: 10.1016/j.pec.2017.05.028

  - doi: 10.3233/JAD-170024

  - doi: 10.1080/23279095.2015.1055565

Dr Andy Cheng

Associate Professor

Research Interest:
- Hand and occupational rehabilitation
- Driver assessment and rehabilitation
- Ergonomics and work-related musculoskeletal disorders
- Cancer survivorship

Publication 2015-2018

  - doi: 10.1007/s10926-018-9762-1


  - doi: 10.1136/bmjopen-2016-014078


  - doi: 10.1007/s10926-015-9576-3
**Dr Roy Cheung**  
**Associate Professor**

**Research Interest:**
- Gait biomechanics
- Injury prevention and rehabilitation
- Performance and physical activity enhancement
- Development of human gait
- Neurophysiological control of gait

**Publication 2015-2018**

  
  - doi: 10.1177/0363546517736277

  
  - doi: 10.1080/02640414.2017.1398886

  
  - doi: 10.1080/02640414.2017.1313997

  
  - doi: 10.1371/journal.pone.0175724

  
  - doi: 10.1016/j.clinbiomech.2016.05.010

**Dr Kenneth Fong**  
**Associate Professor**

**Research Interest:**
- Human performance particularly in the integration of cognitive and motor performances
- Neurorehabilitation for clients with stroke or brain injury
- Environmental issues & assistive technology for people with disabilities

**Publication 2015-2018**

  
  - doi: 10.1155/2018/5971385

  
  - doi: 10.1080/10400435.2017.144085

  
  - doi: 10.1111/jgs.14527

  
  - doi: 10.1111/dmcn.13166

  
  - doi: 10.1177/0269215516679712
Dr Amy Fu

**Research Interest:**
- Motor control in healthy and special groups e.g. elderly, athletes
- Sports injury prevention and rehabilitation

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**Associate Professor and Associate Head**

**Publication 2015-2018**

- doi: 10.1097/JSM.00000000000000562

- doi: 10.1111/sms.12749

- doi: 10.1007/s00424-017-3593-1

- doi: 10.1016/j.jsams.2016.10.013

- doi: 10.1016/j.jsams.2016.03.011

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Dr Guo Xia

**Research Interest:**
- Musculoskeletal tissue engineering in rehabilitation sciences
- Mechanobiology in bone regeneration both in long bone and spine
- Cell and molecular biology in skeletal development and bone healing
- Implants and materials for orthopaedic use
- Scoliosis
- Electroneurophysiology of spinal cord and peripheral nerves
- Intraoperative neurophysiological monitoring
- Skeletal development

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**Associate Professor**

**Publication 2015-2018**

- doi: 10.1007/s00198-014-2866-3

- doi: 10.1038/srep20945

- doi: 10.1038/nm.4162

- doi: 10.1016/j.ijbiomac.2016.11.090

- doi: 10.1016/j.bbagen.2018.01.013
Dr Benson Lau

Research Interest:
- Neurogenesis
- Neurological basis of Emotion and Behaviors
- Mechanisms of rehabilitative treatment
- Neuroplasticity

Publication 2015-2018


  - doi: 10.1016/j.brainresbull.2017.06.014

  - doi: 10.1038/s41598-017-13745-x

  - doi: 10.1016/j.neuroscience.2016.07.005

  - doi: 10.3727/096368916X692195

Dr Joseph Ng

Research Interest:
- Low back pain
- Active stabilization exercise
- Muscle fatigue

Publication 2015-2018

  - doi: 10.1016/j.jmpt.2017.07.003


Dr Shamay Ng

Associate Professor

Research Interest:

- Movement disorders in patients with stroke
- Stroke rehabilitation

Publication 2015-2018

  - doi: 10.1161/JAHA.117.007341

  - doi: 10.1093/ageing/afy010

  - doi: 10.1016/j.apmr.2017.03.008

  - doi: 10.1177/1549168114533612

  - doi: 10.1016/j.apmr.2014.11.002

Dr Shirley Ngai

Associate Professor

Research Interest:

- Cardiopulmonary Physiotherapy
- Effect of Acu-TENS in chronic disease management
- Exercise physiology and cardiopulmonary assessments in healthy and disease populations
- Assessment of cerebral and tissue oxygenation using Near-Infrared Spectroscopy

Publication 2015-2018

  - doi: 10.1038/s41598-017-13745-x

  - doi: 10.1155/2017/3649257

  - doi: 10.1080/09033985.2017.1323363

  - doi: 10.1111/crj.12430

  - doi: 10.1002/14651858.CD009953.pub2
Dr Andrew Siu

Associate Professor

Research Interest:
- Emotional Health and Addictive Behavior
- Rehabilitation Psychology and Counselling
- Intellectual and Developmental Disabilities
- Psychometrics

Publication 2015-2018
  - doi: 10.1016/j.ridd.2016.11.019


Dr William Tsang

Associate Professor and Associate Head

Research Interest:
- Exercise science of Tai Chi, Qigong and golfing
- Balance control to frail older adults
- Dual-tasking interventions on older adults and stroke survivors
- Falls prevention in subjects with mild cognitive impairment

Publication 2015-2018
  - doi: 10.1186/s12877-017-0683-1

  - doi: 10.1016/j.ctim.2017.03.010


  - doi: 10.1371/journal.pone.0189800

  - doi: 10.1016/j.apmr.2015.08.427
Dr Sjan-Mari Brown

Assistant Professor

Research Interest:
- Adolescent Spinal health
- Postural behavior in sitting and standing
- Sitting biomechanics
- Sedentariness – the effect and prevention in adolescents
- Active workstation design
- Guideline development

Publication 2015-2018
  - doi: 10.3233/WOR-162390
  - doi: 10.3109/09593985.2015.1080104

E-mail: sjanmari.brown@polyu.edu.hk

Dr Chen Chao-Ying

Assistant Professor

Research Interest:
- Early assessments in infants at high-risk of developmental impairments
- Cortical plasticity in pediatric populations
- Infant development
- Movement assessment and training in infants and children

Publication 2015-2018
  - doi: 10.1016/j.ejpn.2018.02.001
  - doi: 10.1016/j.jht.2017.05.012
  - doi: 10.1097/PEP.0000000000000365
  - doi: 10.3390/brainsci6040049
  - doi: 10.1016/j.infbeh.2015.02.007

E-mail: chao-ying.chen@polyu.edu.hk
Dr Sunny Chan

**Assistant Professor**

**Research Interest:**
- Bipolar disorder
- Coping flexibility
- Mental health recovery
- Mindfulness-based intervention

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**Publication 2015-2018**


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Dr Bolton K.H. Chau

**Assistant Professor**

**Research Interest:**
- Cognitive neuroscience
- Decision making
- Reinforcement learning
- Computational modelling

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**Publication 2015-2018**

  - doi: 10.1016/j.neuron.2015.08.018

  - doi: 10.1038/ncomms12327

  - doi: 10.1523/JNEUROSCI.0692-17.2017

  - doi: 10.3389/fnagi.2017.00374

  - doi: 10.1038/s41467-017-01833-5
Dr Will Chien

Assistant Professor

Research Interest:
- Participation in children with disabilities
- Children's hand skills and assessments
- Validation of clinical and outcome measures
- Rasch measurement analysis

Publication 2015-2018

  - doi: 10.1016/j.apmr.2014.11.013

  - doi: 10.1177/0145180166531345

  - doi: 10.1016/j.ridd.2017.05.007

  - doi: 10.1080/1034912X.2017.1290221

  - doi: 10.1002/ep.30906

Dr Yvonne Han

Assistant Professor

Research Interest:
- Cognitive impairment in children with developmental disabilities
- Cognitive interventions
- Autism Spectrum Disorders

Publication 2015-2018


  - doi: 10.1016/j.ridd.2016.12.010

  - doi: 10.1037/neu0000231

  - doi: 10.3389/fpsyg.2015.01893

  - doi: 10.1080/13854046.2016.1196732
Dr Cynthia Lai

**Assistant Professor**

**Research Interest:**
- Executive functioning, fine motor, self-regulation and sensory processing
- Cross-cultural study of neuropsychophysiological functioning of children
- Development of evaluation and rehabilitation instrument for people with developmental disabilities
- Community-based participatory research

**Publication 2015-2018**

  - doi: 10.1155/2017/2629250

  - doi: 10.1080/09297049.2017.1406675

  - doi: 10.1192/apt.bp.115.015610

  - doi:10.2340/16501977-2291

  - doi:10.1016/j.neuroscience.2016.07.005

**E-mail:** cynthia.yy.lai@polyu.edu.hk

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Dr Frank Lai

**Assistant Professor**

**Research Interest:**
- Aging and Disease
- Executive Functioning and Neuropsychological Rehabilitation
- Geriatric and Orthopaedic Rehabilitation
- Home Safety and Fall Prevention
- Positive Youth Development
- Substance and Addictive Behavior

**Publication 2015-2018**


  - doi: 10.3389/fped.2015.00039


**E-mail:** frank.hy.lai@polyu.edu.hk
Dr Clara Lee

Assistant Professor

Research Interest:
- Child neuropsychology and paediatric rehabilitation
- The executive function (EF), in particular working memory and attention, of children in early and middle childhood
- The effects of intervention on the EF development of children with neurodevelopmental disorders
- Rehabilitation for children with physical disabilities such as cerebral palsy

Publication 2015-2018


E-mail: clara.sc.lee@polyu.edu.hk

Dr Lin Chung-Ying

Assistant Professor

Research Interest:
- Patient-reported outcomes
- Childhood adversity and mental health in children/adolescents
- Therapeutic effects on people with mental illness
- Psychometric testing

Publication 2015-2018


E-mail: cy.lin@polyu.edu.hk
**Dr Tamis Pin**

**Assistant Professor**

**Research Interest:**
- Evidence-based practice in paediatric physiotherapy
- Management of children with cerebral palsy and preterm birth
- Outcome measures in neurological paediatrics
- Transition to adulthood of adolescents with disability

**Publication 2015-2018**

  - doi: 10.1080/09638288.2017.1394208

  - doi: 10.1097/PEP.0000000000000499

  - doi: 10.12809/hkmj154747

**E-mail:** tamis.pin@polyu.edu.hk

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**Dr Kannan Priya**

**Assistant Professor**

**Research Interest:**
- Non-pharmacological pain management
- Women’s health
- Stress urinary incontinence
- Exercise and physical activity

**Publication 2015-2018**

  - doi: 10.1080/09638288.2018.1468934

  - doi: 10.1177/0269215518773442

  - doi: 10.1089/acm.2017.0396

  - doi: 10.3109/09638288.2014.962108

  - doi: 10.1016/j.cct.2015.03.010

**E-mail:** priya.kannan@polyu.edu.hk
**Dr Billy So**

**Assistant Professor**

**Research Interest:**
- Prevention of Work-Related Musculoskeletal Disorders
- Work Disability Prevention
- Occupational Health and Ergonomics
- Aquatic Physiotherapy
- Sports Physiotherapy
- Acupuncture

**Publication 2015-2018**

  - doi: 10.1007/s00421-018-3802-6

  - doi: 10.3390/ijerph14011541


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**Dr Sharon Tsang**

**Assistant Professor**

**Research Interest:**
- Dynamic interplay between cervical and thoracic spine
- Motor control and reorganization of muscle coordination in neck pain
- Classification and management of non-specific neck pain

**Publication 2015-2018**

  - doi: 10.1007/s00421-018-3802-6

  - doi.org/10.1016/j.apergo.2017.10.018

  - doi: 10.1186/s12891-017-1674-2


  - doi: 10.1186/s12891-017-1515-3
Dr Wang Shu-Mei
Assistant Professor

Research Interest:
- Movement rehabilitation for schizophrenia
- Motion analysis and motor control
- Occupational therapy for psychiatric disorders
- Facial expression in schizophrenia
- Nonverbal communication of emotion

Publication 2015-2018

- doi: 10.1177/1569186117759610


- doi: 10.1371/journal.pone.0199886

Dr Stanley John Winser
Assistant Professor

Research Interest:
- Balance assessment in cerebellar ataxia
- Psychometric property analysis
- Economic assessment
- Systematic review
- Spinal cord injury (SCI) and Traumatic brain injury (TBI) rehabilitation

Publication 2015-2018

- doi: 10.1177/0269215518773442

- doi: 10.1142/S013702515000069

- doi: 10.1016/j.apmr.2016.07.023

- doi: 10.1016/j.apmr.2017.08.365

- doi: 10.1177/0269215514562665
Dr Arnold Wong

Assistant Professor

Research Interest:
- Associations between spinal function and spinal pain
- Spinal pain and aging
- Psychological factors affecting spinal pain

Publication 2015-2018

  - doi:10.1016/j.autcon.2017.07.007

  - doi:10.1007/s00420-017-1273-4

  - doi:10.1038/s41598-017-09429-1

  - doi:10.1016/j.clinbiomech.2016.03.006

  - doi:10.1097/BRS.0000000000000981

Dr Sonata Yau

Assistant Professor

Research Interest:
- Non-pharmacological and pharmacological treatments for cognitive impairment in diseased brains
- Underlying mechanisms and biomarkers of physical exercise-induced brain plasticity

Publication 2015-2018

  - doi:10.15252/embr.20174977

  - doi:10.1016/j.nbd.2018.01.014

  - doi:10.1016/j.nbd.2016.09.012

  - doi:10.1016/j.bbr.2016.06.015

Dr Bess Y.H. Lam

Research Assistant Professor

Research Interest:
- Antisocial behavior
- Neuropsychology
- Schizophrenia-spectrum disorders
- Social cognition
- Mental health

Publication 2015-2018


  - doi: 10.1038/njpjsch2.2016.1

  - doi: 10.1016/j.psychres.2016.01.005

  - doi: 10.1038/tp.2015.162

Dr Alex Cheung

Research Assistant Professor

Research Interest:
- Skeletal muscle and satellite cell biology
- Diabetes complications and interventions
- Tissue repair and regeneration

Publication 2015-2018


  - doi: 10.1007/978-981-10-3292-9

  - doi: 10.1113/JPHYSIOL.2016.147414

  - doi: 10.1016/j.jep.2016.01.022

Dr Georg Kranz

Research Assistant Professor

- Neurobiology of mood disorders
- Noninvasive brain stimulation
- Steroid hormones and serotoninergic neurotransmission
- Neuroimaging using PET and MRI

Publication 2015-2018


E-mail: georg.kranz@polyu.edu.hk
Clinical Team

Ms Josephine Wong
Senior Clinical Associate

Teaching Interest:
- Hand and upper limb injury rehabilitation
- Innovative splinting design and outcome measures
- Clinical education

E-mail: josephine.mw.wong@polyu.edu.hk

Ms Phoebe Cheung
Clinical Associate

Teaching Interest:
- Ayres Sensory Integration Fidelity Measure and sensory integration treatment for children with special needs
- Outcome measures in paediatric assessment tool
- Treatment for individuals with ASD, ADHD, SLD and Intellectual disabilities

E-mail: pp.cheung@polyu.edu.hk

Mr Raymond W Cheung
Clinical Associate

Teaching Interest:
- Health Economic Evaluation in Physiotherapy Programs
- OH&S and Work-Related Musculoskeletal Injuries
- Chronic Pain in Spinal Disorders

E-mail: ray.w.cheung@polyu.edu.hk
Mr Ken Chung

Clinical Associate

Teaching Interest:
- Hypnotherapy and cognitive behavioral model for primary insomnia
- Mental Wellness

E-mail:
ken.hm.chung@polyu.edu.hk

Mr Eddie Hai

Clinical Associate

Teaching Interest:
- Medical and Neurological rehab
- Cognitive rehab
- Assistive Technology in rehab

E-mail:
eddie.hai@polyu.edu.hk

Ms Joy Lau

Clinical Associate

Teaching Interest:
- Pediatrics Rehabilitation
- Musculoskeletal Rehabilitation

E-mail:
joy.lau@polyu.edu.hk
Mr Angus Law

Clinical Associate

Teaching Interest:
- Community rehabilitation
- Musculoskeletal and stroke rehabilitation
- Telehealth and telerehabilitation
- Clinical education

E-mail: ymlaw.law@polyu.edu.hk

Mr Raymond Lo

Clinical Associate

Teaching Interest:
- Neurological rehabilitation
- Clinical education

E-mail: raymond.wm.lo@polyu.edu.hk

Ms Chloe Mo

Clinical Associate

Teaching Interest:
- Psychiatric rehabilitation
- Positive psychology

E-mail: chloe.mo@polyu.edu.hk
Ms Jessica Rauszen

Teaching Interest:
- Exercise in Parkinson's disease
- Video gaming as exercise intervention in elderly
- Communication and interprofessional collaboration in allied health students

E-mail: j.s.rauszen@polyu.edu.hk

Dr Davynn Tan

Teaching Interest:
- Cognitive neuroscience, aging and rehabilitation
- Geriatric practice

E-mail: davynn.gh.tan@polyu.edu.hk

Mr Tang Kin-Chung

Teaching Interest:
- Neurological Rehabilitation
- Functional Anatomy
- Clinical Education

E-mail: rs.chung@polyu.edu.hk
**Mr Tony Wong**

**Clinical Associate**

**Teaching Interest:**
- Geriatrics
- Cardiopulmonary Occupational Therapy
- Sexuality and Sexual Rehabilitation

E-mail: tony.kw.wong@polyu.edu.hk

---

**Ms Amanda Weeks**

**Clinical Associate**

**Teaching Interest:**
- Spinal cord and traumatic brain injury
- Wheelchair seating and positioning
- Assistive Technology

E-mail: amanda.r.weeks@polyu.edu.hk

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**Mr Alexander Woo**

**Clinical Associate**

**Teaching Interest:**
- Acupuncture
- Musculoskeletal Physiotherapy
- Occupational Safety and Health

E-mail: alexander.woo@polyu.edu.hk
<table>
<thead>
<tr>
<th>Principal Investigator</th>
<th>Title of Project</th>
<th>Funding Scheme</th>
<th>Amount (HKD $)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Bolton Chau</td>
<td>Multiple decision systems for decision making with multiple alternatives</td>
<td>RCC Early Career Scheme</td>
<td>599,315</td>
</tr>
<tr>
<td>Dr Roy Cheung</td>
<td>Development of A Sensing Insole for Real Time Landing Pattern Detection In Runners</td>
<td>ITF - HKRITA</td>
<td>904,120</td>
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<tr>
<td>Dr Amy Fu</td>
<td>Spinal Cord Injury Rehabilitation</td>
<td>Hong Kong Spinal Cord Injury Fund</td>
<td>500,000</td>
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<tr>
<td>Dr Benson Lau</td>
<td>Therapeutic touch: regulation of adult hippocampal neurogenesis and affective behaviors by tactile stimulation</td>
<td>RCC General Research Fund</td>
<td>639,600</td>
</tr>
<tr>
<td>Dr Shirley Ngai</td>
<td>Impact of Acute Smoking on Skeletal Muscle Derangement and Functional Impairment</td>
<td>Hong Kong Lung Foundation</td>
<td>110,000</td>
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<tr>
<td>Prof. Marco Pang</td>
<td>Cognitive-motor interference during walking after stroke: relationship to type of cognitive and mobility tasks, stroke characteristics, and mechanisms of recovery</td>
<td>RCC General Research Fund</td>
<td>578,477</td>
</tr>
<tr>
<td>Prof. Hector Tsang</td>
<td>Facilitating Transition to Primary Schools of NCS Students: Coping with Challenges of Foreign Language Anxiety in Learning Chinese, Social Integration and Social Participation</td>
<td>Quality Education Fund (QEF)</td>
<td>2,141,800</td>
</tr>
<tr>
<td>Ms Joy Lau</td>
<td>E-based bridging course (EBC): Clinical sciences in musculoskeletal conditions and enabling occupation: Musculoskeletal rehabilitation (EOMSR)</td>
<td>eLearning Fund (ACE projects)</td>
<td>69,576</td>
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<tr>
<td>Mr CV Lin</td>
<td>Blended learning package of subjects “Enabling Occupation: Psychosocial Practice” (RS2490) and “Foundation in Traditional Chinese Medicine for Occupational Therapy Practice”</td>
<td>eLearning Fund (ACE projects)</td>
<td>119,921.25</td>
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<tr>
<td>Dr Doris Chong</td>
<td>Virtual patients and gamification to enhance clinical decision-making skill</td>
<td>eLearning Fund (ACE projects)</td>
<td>120,000</td>
</tr>
<tr>
<td>Dr Eddie Hai</td>
<td>Application of virtual reality (VR) for enhancing home evaluation and modification</td>
<td>eLearning Fund (ACE projects)</td>
<td>110,500</td>
</tr>
<tr>
<td>Dr Veronika Schoeb</td>
<td>Acquisition of basic physiotherapy skills in a digital age: Evaluation of a blended learning approach</td>
<td>eLearning Fund (ACE projects)</td>
<td>100,000</td>
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<tr>
<td>Prof. Ella Yeung</td>
<td>YEUNG W - Internationalising Student Learning Experience Projects (Ref: 23)</td>
<td>Teaching Development Grant</td>
<td>160,544</td>
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<tr>
<td>Prof. Marco Pang</td>
<td>PANG Y C - Internationalising Student Learning Experience Projects (Ref: 22)</td>
<td>Teaching Development Grant</td>
<td>194,025</td>
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<tr>
<td>Dr Billy So</td>
<td>Integration of Acupuncture Knowledge in Physiotherapy Practice - A Blended Learning Project</td>
<td>eLearning Fund</td>
<td>84,550</td>
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<tr>
<td>Dr Shirley Ngai</td>
<td>Simulation Based Student - Centred Learning Module - A Global Approach</td>
<td>Learning and Teaching Development Funding</td>
<td>240,976</td>
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<tr>
<td>Name</td>
<td>Grant Title</td>
<td>Funding Body</td>
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<tr>
<td>Dr Veronika Schoeb</td>
<td>Fit with ETIP - Exercise theory, instruction and prescription: An interactive collaborative online learning resource</td>
<td>eLearning fund</td>
<td>150,000</td>
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<tr>
<td>Mr Angus Law</td>
<td>Developing a virtual operating theatre for blended learning of orthopaedics and traumatology of spine</td>
<td>TDG</td>
<td>170,000</td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>Using a student-centred multi-stage rubric to enhance physiotherapy students' experiential learning of exercise prescription, progression and instruction</td>
<td>TDG</td>
<td>157,318.40</td>
</tr>
<tr>
<td>Dr Will Chien</td>
<td>Learning occupational therapy theory and professionalism from international role models</td>
<td>TDG</td>
<td>199,935</td>
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<tr>
<td>Dr Bolton Chau</td>
<td>Neural mechanisms underlying decision making in large environments</td>
<td>RGC General Research Fund</td>
<td>844,652</td>
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<tr>
<td>Prof. Cecilia Li</td>
<td>Smart Handwriting Analysis and Recognition Platform</td>
<td>Innovation and Technology Fund</td>
<td>1,025,150</td>
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<tr>
<td>Dr Margaret Mak</td>
<td>Mechanisms underlying the use of repetitive transcranial magnetic stimulation in augmenting the effects of treadmill training in Parkinson's disease</td>
<td>RGC General Research Fund</td>
<td>600,000</td>
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<tr>
<td>Dr Shamay Ng</td>
<td>Effect of Mirror Therapy with Cutaneous Electrical Sensory Stimulation on Lower Limb Motor Functions in People with Stroke: A single-blinded randomized controlled trial</td>
<td>RGC General Research Fund</td>
<td>600,000</td>
</tr>
<tr>
<td>Dr Tamis Pin</td>
<td>Effectiveness of Interactive Computer Play on Trunk Control and Gross Motor Function in Children with Cerebral Palsy: A Pilot Randomized Controlled Trial</td>
<td>Health and Medical Research Fund</td>
<td>283,665</td>
</tr>
<tr>
<td>Dr Veronika Schoeb</td>
<td>Women's Health at the Heart of a Society</td>
<td>RCC France/HK Joint Research Scheme</td>
<td>142,500</td>
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<tr>
<td>Dr Andrew Siu</td>
<td>Effectiveness of TEACCH Programme for Adults with Autism Spectrum Disorders</td>
<td>Hong Chi Association</td>
<td>200,000</td>
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<tr>
<td>Dr Arnold Wong</td>
<td>The Role of Lumbar Multifidus Characteristics in the Development of Low Back Pain</td>
<td>RGC Early Career Scheme</td>
<td>924,068</td>
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<tr>
<td>Dr Sonata Yau</td>
<td>AdipoRon as a potential physical exercise-mimetic to ameliorate diabetes-associated cognitive impairment</td>
<td>RGC Early Career Scheme</td>
<td>747,125</td>
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<tr>
<td>Dr Sam Chan</td>
<td>Smart Lifter/Transporter for Object Handling in Confined Space</td>
<td>Innovation and Technology Fund</td>
<td>578,000</td>
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<tr>
<td>Dr Andy Cheng</td>
<td>Need and Content Analysis of the Occupational Rehabilitation Programme for the Injured Workers in Mainland China by Using ICF Conceptual Framework and Core Sets</td>
<td>The Hong Kong Institute of Occupational Rehabilitation Research</td>
<td>210,652</td>
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<tr>
<td>Name</td>
<td>Project Description</td>
<td>Funding Body</td>
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<tr>
<td>Dr Andy Cheng</td>
<td>Use of Mobile App to Enhance Functional Outcomes and Adherence of Home-based Rehabilitation Program for Elderly with Hip Fracture: A Randomized Controlled Trial</td>
<td>Donation from King Year Engineering (HK) Limited</td>
<td>50,000</td>
</tr>
<tr>
<td>Dr Roy Cheung</td>
<td>Development of Wearable Sensors to Measure Knee Joint Loading in Patients with Knee Osteoarthritis</td>
<td>Innovation and Technology Fund</td>
<td>1,503,823</td>
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<tr>
<td>Dr Roy Cheung</td>
<td>Development of the Intelligent Running Coaching Algorithm</td>
<td>Innovation and Technology Fund</td>
<td>873,200</td>
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<tr>
<td>Dr Roy Cheung</td>
<td>Trial: Sensing Insole for Real Time Landing Pattern Detection in Trail Runners</td>
<td>Innovation and Technology Fund</td>
<td>320,400</td>
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<tr>
<td>Dr Kenneth Fong</td>
<td>Development Of Intelligent Dynamic Bright Light System At Residential Dwellings To Enhance Circadian Rhythms For People With Dementia</td>
<td>Innovation and Technology Fund</td>
<td>1,288,936</td>
</tr>
<tr>
<td>Dr Kenneth Fong</td>
<td>The Caspar E-system: An Interactive Resource in Physiotherapy and Occupational Therapy Undergraduate Teaching and Clinical Practice</td>
<td>The Caspar Health Limited</td>
<td>1,000,500</td>
</tr>
<tr>
<td>Dr Guo Xia</td>
<td>Functional Bone Regeneration in Challenging Bone Disorders and Defects</td>
<td>RGC Theme-based Research Scheme</td>
<td>326,625</td>
</tr>
<tr>
<td>Dr Joseph Ng</td>
<td>The Investigation of Conditioned Pain Modulation in Pain-free Population in Hong Kong</td>
<td>Donation from Regent Rich Consultants Limited</td>
<td>200,000</td>
</tr>
<tr>
<td>Dr Andrew Siu</td>
<td>P.A.T.H.S. III Revamping - Department of Rehabilitation Sciences</td>
<td>Hong Kong Jockey Club Charities Trust</td>
<td>300,000</td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>Determining the Prevalence of Dance Injury in Recreational Dancers and Developing Novel Injury Prevention Strategies for Recreational Dance Students in Hong Kong</td>
<td>Health Care and Promotion Scheme</td>
<td>914,803</td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>The Effectiveness of Prehabilitation for Patients Undergoing Lumbar Spinal Stenosis Surgery – a Randomized Controlled Trial</td>
<td>Health and Medical Research Fund</td>
<td>636,568</td>
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<tr>
<td>Prof. Cecilia Li</td>
<td>Trial: Commercialisation of 'Smart Scar-Care' pad on Management of Hypertrophic Scar</td>
<td>Innovation and Technology Fund</td>
<td>1,326,990</td>
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<tr>
<td>Dr Sonata Yau</td>
<td>Mechanism of Action of Adiponectin as a Novel and Rapid antidepressant</td>
<td>General Research Fund</td>
<td>958,635</td>
</tr>
<tr>
<td>Prof. Marco Pang</td>
<td>Using high-resolution peripheral quantitative computed tomography to study the long bone structural changes after stroke: a longitudinal study</td>
<td>General Research Fund</td>
<td>912,050</td>
</tr>
<tr>
<td>Dr Shirley Ngai</td>
<td>Advancement in teaching technology (simulation teaching and standardized patients in cardiopulmonary area)</td>
<td>TDG</td>
<td>120,000</td>
</tr>
<tr>
<td>Ms Rufina Lau</td>
<td>Clinical Education Model of Undergraduate Physiotherapy Programme at Cardiff University, the United Kingdom</td>
<td>TDG</td>
<td>120,000</td>
</tr>
<tr>
<td>Prof. Marco Pang</td>
<td>Learning research methods and statistical concepts using multimedia: an interactive blended leaning model</td>
<td>eLearning Fund</td>
<td>279,670</td>
</tr>
</tbody>
</table>
# Awards Received by RS Academic Staff

**(January 2016- August 2018)**

<table>
<thead>
<tr>
<th>Awardees</th>
<th>Title of Prize/Award</th>
<th>Granting Authority</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dr Margaret Mak</td>
<td>Faculty Teaching Prizes</td>
<td>Faculty of Health and Social Sciences, PolyU</td>
<td>Product Name: Tailor-made Integrated Compression Orthosis for Varicose Veins and Knee Pain</td>
</tr>
<tr>
<td>Dr Guo Xia</td>
<td>Bronze Medal</td>
<td>The 44th International Exhibition of Inventions of Geneva -2016</td>
<td></td>
</tr>
<tr>
<td>Dr Shamay Ng</td>
<td>RS Outstanding Teaching Award 2015-16</td>
<td>RS, PolyU</td>
<td></td>
</tr>
<tr>
<td>Prof. Cecilia Li-Tsang</td>
<td>Best Guest Editor Award</td>
<td>Journal of Burns and Trauma</td>
<td></td>
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<tr>
<td>Prof. Cecilia Li-Tsang</td>
<td>Top Reviewer Award</td>
<td>Journal of Burns and Trauma</td>
<td></td>
</tr>
<tr>
<td>Dr Shamay Ng</td>
<td>Faculty Prizes in Teaching</td>
<td>Faculty of Health and Social Sciences, PolyU</td>
<td></td>
</tr>
<tr>
<td>Dr Shirley Ngai</td>
<td>Early Career Faculty Members</td>
<td>The University Grants Committee (UGC)</td>
<td></td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>One of the 13 early career fellow in the Chiropractic Academy Research for Leadership Fellowship scheme</td>
<td>The World Federation of Chiropractic and the European Centre for Chiropractic Research Excellence</td>
<td>Poster Title: A systematic review on the predictive factors for developing low back pain in healthcare students</td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>World Federation of Chiropractic and International Board of Chiropractic Examiners Poster Awards – Asia</td>
<td>World Federation of Chiropractic and International Board of Chiropractic Examiners</td>
<td>Poster Title: Responders/non-responders to spinal manipulation: a relation to spinal manipulation and post-treatment changes in disc diffusion</td>
</tr>
<tr>
<td>Dr Arnold Wong</td>
<td>World Federation of Chiropractic and International Board of Chiropractic Examiners Poster Awards – Overall Second Prize</td>
<td>World Federation of Chiropractic and International Board of Chiropractic Examiners</td>
<td>Poster Title: Responders/non-responders to spinal manipulation: a relation to spinal manipulation and post-treatment changes in disc diffusion</td>
</tr>
<tr>
<td>Prof. Cecilia Li-Tsang</td>
<td>Grand Award and Gold Medal with the Congratulations of Jury</td>
<td>The 45th International Exhibition of Inventions of Geneva</td>
<td>Product: Smart Scar-Care Pad® for the Scar-less World (應用於增生性瘢痕治療的貼貼)</td>
</tr>
<tr>
<td>Dr Roy Cheung</td>
<td>Silver Medal and Special Merit Award from Romanian Association for Nonconventional Technologies</td>
<td>The 45th International Exhibition of Inventions of Geneva</td>
<td>Product: Sensing Insole for Footstrike Pattern Detection in Runners (檢測跑步落地方式的鞋墊)</td>
</tr>
<tr>
<td>Dr Billy So</td>
<td>Faculty Prizes in Teaching for Outstanding Performance/ Achievement in Teaching 2016/17</td>
<td>Faculty of Health and Social Sciences, PolyU</td>
<td></td>
</tr>
<tr>
<td>Dr Margaret Mak</td>
<td>Third Inauguration of Endowed Professorships</td>
<td>Shun Hing Education and Charity Fund Endowed Fellowship in Rehabilitation Sciences</td>
<td></td>
</tr>
<tr>
<td>Prof. Cecilia Li-Tsang</td>
<td>優秀康復論文一等獎</td>
<td>Chinese Burn Association</td>
<td>Thesis title: 三維打印透明面具的生物力學有限元分析及在面部燒傷康復中的應用</td>
</tr>
<tr>
<td>Prof. Marco Pang</td>
<td>Silver Award (Poster presentation)</td>
<td>Hong Kong Physiotherapy Association</td>
<td>Title of presentation: Interim report of a prospective randomized clinical trial to investigate the effect of mechanical stimulation on mastectomy scars.</td>
</tr>
<tr>
<td>Name</td>
<td>Award/Title (Details)</td>
<td>Organization/Association</td>
<td>Title of presentation/Research Topic/Study Title/Project title</td>
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<tr>
<td>--------------------</td>
<td>-----------------------------------------------------------</td>
<td>--------------------------------------------------</td>
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</tr>
<tr>
<td>Prof. Marco Pang</td>
<td>Bronze Award (Poster presentation)</td>
<td>Hong Kong Physiotherapy Association</td>
<td>Title of presentation: Neuro-physiological driven approach with rTMS in enhancing restoration of upper limb function in physiotherapy stroke rehabilitation.</td>
</tr>
<tr>
<td>Prof. Cecilia Li-Tsang</td>
<td>Most Favourite PolyU Research News 2017</td>
<td>CPA, PolyU</td>
<td>Research Topic: Innovative &quot;Smart Scar-Care&quot; pad to create a &quot;scar-less&quot; world.</td>
</tr>
<tr>
<td>Mr Angus Law</td>
<td>Investigator Award</td>
<td>27th European Stroke Conference</td>
<td>Study Title: &quot;Effect of physical exercise for physical recovery of people with locked-in syndrome after stroke: What do we know from the current evidence? A systematic review&quot;</td>
</tr>
<tr>
<td>Dr Andy Cheng</td>
<td>'Most Innovative Award' and the 'Gold Award of the Best Quality Award (Team/ Major Formation Category)' at the 4th Force Research Award Scheme</td>
<td>Hong Kong Police Force</td>
<td>Project title: A comparison of the visual attention and hazard perception ability of accident-involved and accident-free police motorcycle officers</td>
</tr>
<tr>
<td>Prof. Hector Tsang</td>
<td>Award of Outstanding Professional Achievement</td>
<td>Hong Kong Occupational Therapy Association (HKOTA)</td>
<td></td>
</tr>
<tr>
<td>Dr Sharon Tsang</td>
<td>RS Outstanding Teaching Award 2017-18</td>
<td>RS, PolyU</td>
<td></td>
</tr>
<tr>
<td>Prof. Hector Tsang</td>
<td>Endowed Professorship Scheme of PolyU</td>
<td>Cally Kwong Mei Wan Endowed Professorship in Psychosocial Health</td>
<td></td>
</tr>
</tbody>
</table>
### Awards Received by RS Students

* (January 2016- August 2018)

<table>
<thead>
<tr>
<th>Title of Prize/Award</th>
<th>Granting Authority</th>
<th>Awardees</th>
<th>Remarks</th>
</tr>
</thead>
<tbody>
<tr>
<td>Outstanding Student Award, Faculty of Health and Social Sciences, 2015</td>
<td>Faculty of Health and Social Sciences, PolyU</td>
<td>Wong Cheuk Yan</td>
<td>Graduates of Class 2016, BSc (Hons) in OT</td>
</tr>
<tr>
<td>Innovation and Technology Scholarship Award Scheme 2016</td>
<td>The Hong Kong Federation of Youth Groups</td>
<td>Chan Mui Sing Sam, Ip Hiu Tung Joan, Yeung Hoi Ting Janice</td>
<td>Year 3, BSc (Hons) in PT</td>
</tr>
<tr>
<td>&quot;Third Place&quot; in the category of Life Sciences for Challenge Cup National Competition (Hong Kong Regional Final)</td>
<td>HKNCCA Innovation &amp; Entrepreneurship Centre</td>
<td>Cheng Yat Fai, Chan Long Yu, Kwok Chi Leung, Ip Hiu Tung Joan, Lam Wing Tung, Chan Wing, Fung Yuk Ting, Cheung Pui Man, Kong Wai Wa, Cheng Pui Yi, Wu Tak Ping</td>
<td>Project Name: Adhesive stretch sensor</td>
</tr>
<tr>
<td>Gold Award</td>
<td>Student Innovation Challenge World at i-CREATE 2016</td>
<td>Yip Ka Hung, Chester, Leung King Hung, Lai Man Lee, So Tsz Yan, Chan Wing Kwan</td>
<td>Project Name: Easlider Year 4, BSc (Hons) in OT</td>
</tr>
<tr>
<td>Best Oral Presentation Award</td>
<td>HKASMSS Student Conference 2016</td>
<td>Ben Cheung</td>
<td>Co-supervised by Prof. Vincent Cheung and Dr Roy Cheung</td>
</tr>
<tr>
<td>Best Poster Presentation Award</td>
<td>HKASMSS Student Conference 2016</td>
<td>Aislinn MacPhail</td>
<td></td>
</tr>
<tr>
<td>Best Proposal Presentation Award</td>
<td>HKASMSS Student Conference 2016</td>
<td>Lei Mangubat</td>
<td></td>
</tr>
<tr>
<td>Silver award</td>
<td>The 2016 China College Student Entrepreneurship Competition</td>
<td>Chan Wing, Fung Yuk Ting, Lam Wing Tung</td>
<td>Project Name: Search and Rescue Smart Snake Year 3, BSc (Hons) in OT</td>
</tr>
<tr>
<td>2nd Runner-up in 10 KM Women’s Junior</td>
<td>Hong Kong Marathon 2017</td>
<td>Hung Cheuk Yi</td>
<td>Year 1, BSc (Hons) in PT</td>
</tr>
<tr>
<td>Outstanding Student Award 2016</td>
<td>The Hong Kong Polytechnic University</td>
<td>Chan Mei Yan Melody</td>
<td>Year 4, BSc (Hons) in OT</td>
</tr>
<tr>
<td>Innovation and Technology Scholarship Award Scheme 2017</td>
<td>The Hong Kong Federation of Youth Groups</td>
<td>Yeung Ching Yee, Fong Chun Kit Isaac</td>
<td>Year 3, BSc (Hons) in PT</td>
</tr>
<tr>
<td>Innovation and Technology Scholarship Award Scheme 2017</td>
<td>The Hong Kong Federation of Youth Groups</td>
<td></td>
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</tr>
<tr>
<td>One of the 5 best oral papers</td>
<td>11th International Society of Physical and Rehabilitation Medicine (ISPRM) World Congress at Buenos Aires</td>
<td>Yang Zhenhui Feigo</td>
<td>PhD Student Supervisor: Prof. Marco Pang</td>
</tr>
<tr>
<td>Award Category</td>
<td>Description</td>
<td>Recipients</td>
<td>Supervision/Additional Information</td>
</tr>
<tr>
<td>---------------------------------------------</td>
<td>-----------------------------------------------------------------------------</td>
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<td>--------------------------------------------------------------------------------</td>
</tr>
<tr>
<td>Most Popular Presentation Award</td>
<td>16th Academic Conference for Post-graduate Students in Construction Management and Real Estate</td>
<td>Maxwell Aatwi-Afari</td>
<td>Co-supervised by Prof. Heng Li</td>
</tr>
<tr>
<td>Gold Award in the Design category</td>
<td>11th International Convention on Rehabilitation Engineering and Assistive Technology (i-Create 2017)</td>
<td>Chung Wing Yan Eileen, Chan Ka Wai Jennifer, Leung Ka Wai, Nhan Sing Ho Sam, Chan Wing Yuk</td>
<td>Product: Roller-Clother Year 4, BSc (Hons) in OT Supervisor: Dr Kenneth Fong</td>
</tr>
<tr>
<td>Peers’ Choice Award</td>
<td></td>
<td></td>
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<tr>
<td>Public’s Choice Award</td>
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</tr>
<tr>
<td>Merit Award in the Design category</td>
<td>11th International Convention on Rehabilitation Engineering and Assistive Technology (i-Create 2017)</td>
<td>Ho Sze Wai Shireen, Ng Hiu Yi Maggie, Tsoi Tsang Tsang, Wong Kwan Lok Kevin</td>
<td>Product: Falsslop Year 4, BSc (Hons) in OT Supervisor: Dr Kenneth Fong</td>
</tr>
<tr>
<td>OSH Best Project Award 2017 (Merit Winner)</td>
<td>Occupational Safety &amp; Health Council</td>
<td>Lui Ka-shing</td>
<td>Project title: Lumbopelvic Kinematics and Muscle Activities during Squat-to-stand after Prolonged Squatting in Individuals with or without Chronic Nonspecific Low Back Pain MSc student, graduated from PT programme 2013 Supervisor: Dr Sharon Tsang (chief supervisor of this joint supervision project by CUHK and PolyU)</td>
</tr>
<tr>
<td>OSH Best Project Award 2017</td>
<td>Occupational Safety &amp; Health Council</td>
<td>Umer Waleed (Department of Building &amp; Real Estate)</td>
<td>Project title: Biomechanical Evaluation &amp; Mitigation of Occupational Safety Hazards Related to Manual Rebar Tying -PhD student, Department of Building &amp; Real Estate (BRE) -Co-supervised by Dr Arnold Wong, Dr Grace Szeto and Prof. Heng Li (BRE)</td>
</tr>
<tr>
<td>Outstanding Student Award 2017</td>
<td>The Hong Kong Polytechnic University</td>
<td>Cheung Chung Yan Grace</td>
<td>Year 4, BSc (Hons) in OT</td>
</tr>
<tr>
<td>Silver Award (Design Category)</td>
<td>Global Student Innovative Challenge (gSIC), The 12th International Convention on Rehabilitation Engineering and Assistive Technology (i-CREATE 2018)</td>
<td>Lee Leung Pong Dino, Lo Cheuk Long Matthew, Har Wing Yiu Afifah, Tsang Sheung Man Sammi</td>
<td>Product: Cupensator MOT (2017/18 cohort) Supervisor: Dr Kenneth Fong</td>
</tr>
<tr>
<td>Best Presentation Award</td>
<td>Global Student Innovative Challenge (gSIC), The 12th International Convention on Rehabilitation Engineering and Assistive Technology (i-CREATE 2018)</td>
<td>Chan La Lam Vanessa, Cheung Ning Sum Dorian, So Wan Tung Bonnie, Siu Chun Pong</td>
<td>Product: StoPanel Year 3, BSc (Hons) in OT Supervisor: Dr Kenneth Fong</td>
</tr>
<tr>
<td>Apollo Adjudicators’ Special Prize (アポロ賞)</td>
<td>The 22nd Japan Hamamatsu PIARA Piano Competition</td>
<td>Lucas Fung</td>
<td>Year 2, BSc (Hons) in PT</td>
</tr>
<tr>
<td>4th Hin Sang Scholarship</td>
<td>Hin Sang Group</td>
<td>Lee Leung Pong Dino</td>
<td>MOT (2017/18 cohort)</td>
</tr>
</tbody>
</table>
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