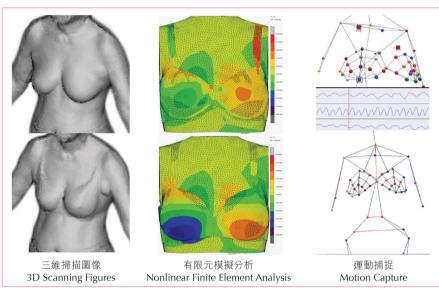
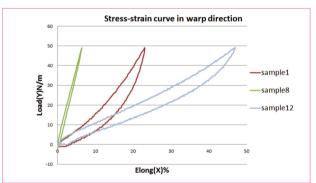


# 基於生物力學設計的逆齡胸圍系列 Age-friendly Bra Series with Biomechanical Design

根據年長女仕身體特質設計的逆齡功能胸圍 A collection of functional bras specially designed for older women's body

隨著年齡增長,女士們的乳房會逐漸下垂,她們可能難以把手臂伸 向背後扣緊胸圍,同時還會討厭胸圍鋼圈帶來的壓力。本研究分析 年長女仕在不同社交活動時穿載胸圍的取向及需要,為她們解決目 前胸圍的問題及滿足她們的需求。研究團隊採用非線性計算模型, 模擬高彈性胸圍材料施加於皮膚的三維壓力分佈,並根據實驗和試 穿測試的數據,設計出一系列應用生物力學、美觀而實用的逆齡胸 圍,為胸圍設計帶來新方向和新指標。





拉伸應力應變圖 Stress-strain Curve in Warp Direction



A survey with 84 older women aged 50 or above in the mainland China and Hong

Kong, about hobbies and needs of wearing bra in different social activities

Ageing women tend to be troubled by sagging breasts and difficulties to turn their arms and fasten the bra at the back. They may also find pressure of the bra wires against the body unbearable. This project analyzed older women's habits and needs about bra wearing when participating in different social activities, thereby providing solutions to current problems and fulfilling their requirements.

The team adopted nonlinear finite element modelling to simulate the 3D distribution of pressure exerted by hyperelastic textile materials to the skin. In reference to testing and wear trial results, a collection of fashionable and functional age-friendly bras have been designed based on the contact biomechanics between an older women's body and a bra.

### 特 色 與 優 點

- 因應不同需求,定立胸圍組件的設計準則
- 選用特定的面料,具高透氣性、優異吸濕排汗性能、低縮水率 與良好外觀和拉伸性

- 日常及戶外服裝產品
- 運動服裝產品



## **Special Features and Advantages**

- The design criteria of each bra components were determined based on different requirements
- Special fabrics selected for the bra components which is excellence in air permeability, moisture management property, dimensional stability and stretchability

### **Applications**

- Daily and outdoor apparel products
- Sportswear products



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