

健康及認知評估服務 Health and Cognitive Assessment Service

為長者提供全面的生理、功能、認知及精神健康評估
Providing comprehensive physical, functional, cognitive and mental health assessment for older adults

健康及認知評估服務由具有認知健康專科經驗的註冊護士提供。我們透過全面的健康及認知評估，識別長者的健康及認知問題，並與長者及其家屬制定照護方案，一起處理困難，以減低長者及照護者之憂慮。我們會為長者及其家屬提供適切的建議和資訊，包括解釋疾病進程、檢測轉介、照護技巧和溝通技巧等。



認知評估
Cognitive assessment

The Health and Cognitive Assessment Service (HeCAS) aims to provide comprehensive physical, functional, cognitive and mental health assessment for older adults. The assessments are conducted by experienced registered nurses specialized in cognitive health. Through comprehensive assessments of health and cognitive functions, we work with clients to identify their health and cognitive problems, if any, and to find ways to manage them. After the assessments, we provide information and recommendations to clients and their families, which may include an explanation of the disease process, further investigations, caregiving techniques and tips for communication.

特色與優點

- 早期篩查讓患者及家屬識別不正常的徵狀，從而採取適時及適切的行動，如觀察等待、醫學診斷和治療等。
- 透過針對個別問題的健康教育，向患者及家屬提出建議，讓患者患病期間得到優質的護理。

應用

- 健康及認知評估服務是一項集合篩查和健康諮詢的服務。我們為所有人士及家屬提供服務，亦接受社會及健康專業人員的轉介。



照顧者培訓
caregivers training

Special Features and Advantages

- Early screening allows clients and their caregivers to find out whether the clients' cognitive complaints/observed cognitive symptoms are abnormal, and whether timely and appropriate actions, e.g. watchful waiting, diagnosis and treatment, are needed.
- Recommendations given to clients and their caregivers through health education corresponding to the problems identified enable clients receive quality care throughout the course of illness.

Applications

- The HeCAS is a screening and health counselling service. We provide consultations to all clients and their caregivers. We also accept referrals from social/health care professionals.

Principal Investigator

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