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Feb 2017 Issue

Opening Minds • Shaping the Future
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What's News

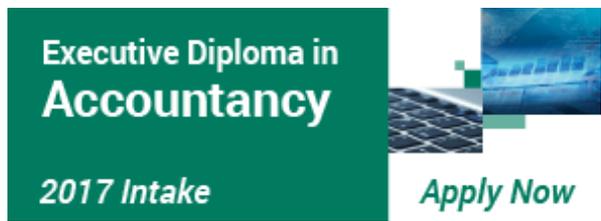
Executive Master



FREE Panel Forum "Smart Sustainability"

Date: 2 Mar 2017 (Thu)
Time: 6:30 – 8:30 pm
Venue: V1310 Innovation Think Tank, 13/F,
Jockey Club Innovation
Tower (V Core), PolyU

Executive Diplomas



Mindfulness in the workplace: how two minutes a day can reduce stress and improve focus

The benefits of mindfulness are well documented: decreasing stress, maintaining focus, and better life satisfaction. Now, practitioners are bringing mindfulness principles to the workplace, and the result is increased productivity and a reduction in anxiety—while increasing personal happiness.

>> [Read More](#)

Join our one-day mindfulness workshop to see how mindfulness as an organisational tool for leaders to better manage themselves, relationship and work. >> [Read More](#)

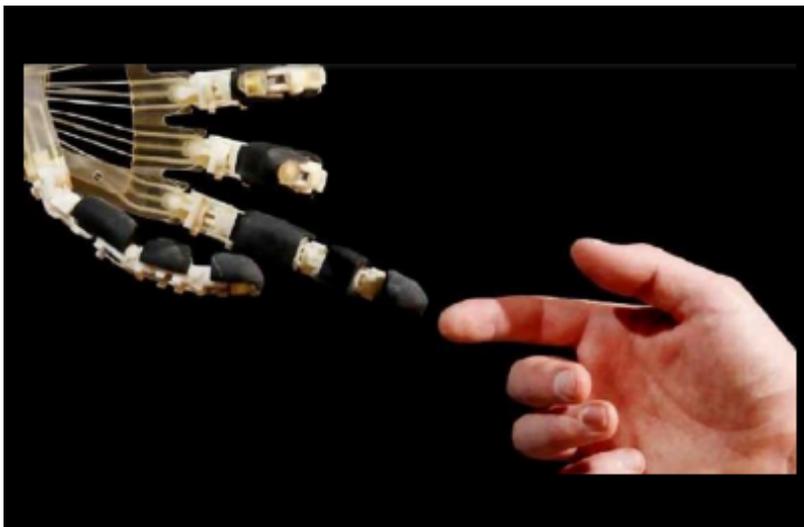
Open Programmes

Mindfulness Based Leadership

Date: 21 Mar 2017 (Tue)
Time: 9:30 am – 5:00 pm



Situational Leadership®: Building Leaders



Date: 25 Apr 2017 (Tue)

Time: 9:00 am - 5:30 pm

 **Rerun** **The Power of Peripheral Vision in Strategic Thinking**

Date: 8 Jun 2017 (Thu)

Time: 9:30 am - 5:00 pm

PolyU Publications



Workplace automation: Separating fiction from fact

The idea that robots could replace humans in the workplace dates back to science fiction writers a century ago. James Manyika, Director of the McKinsey Global Institute (MGI), shared that their [report](#) on Automation calls for rethinking in education and training, income support and safety nets, as well as transition support for those dislocated. Above all, a focus on the skills needed to thrive in this new era will be paramount. [>> Read More](#)

Video



Are you a giver or a taker?

Organisational psychologist Adam Grant breaks down three kinds of people in the workplace: givers, takers and matchers, and offers simple strategies to promote a culture of generosity. [>> Watch video](#)

Institute of Advanced Executive Education, PolyU

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