



Less is More

Let's commit and adopt a minimalist lifestyle in the coming Lunar New Year and onwards!

Start getting rid of clothes that you don't need and buy less clothes.

Enough is as good as a feast! (知足常樂)

How to Declutter Your Closet

Steps

- #1: Take everything out.
- #2: Sort the clothes into two piles: "keep" and "donate".
- #3: For those you want to keep, sort them by seasons, tops and bottoms.
- #4: Organize the clothes based on your personal preferences then get them back in your closet.

Recycle Your Clothes Here ↻

Community Used Clothes
Recycling Bank Scheme:

<https://bit.ly/2DeOo70>

H&M Recycling Programme:

<https://bit.ly/2FDxBMC>

Tips to Keep Your Closet Tidy

- #1: Store the clothes vertically.
- #2: Further arrange the clothes by colour.
- #3: Roll up the socks and fold the undergarments.
- #4: Always keep the closet only 70% full so you can easily put the clothes in and back.



Steps to Own Fewer Clothes

- #1: Admit that you own too much clothing.
- #2: Wear fewer colours.
- #3: Embrace the idea of 'one' when one can be enough.
- #4: Donate, sell, recycle, and discard.
- #5: Set a self-imposed buying freeze.
- #6: Set a monthly spending limit.
- #7: Purchase quality over quantity.
- #8: Avoid the sale racks.
- #9: Impress with your character, not your clothes.



1分鐘實用收納秘訣



<https://youtu.be/KBiqCQzeJOA>

Read more 📖

Slow Fashion, COOL Living

<https://polyu.hk/zIRhu>

慢時尚心法：一件衣服穿出百種風格

<https://bit.ly/2Um9J4a>

Reference:

- Becker, J. *A Practical Guide to Owning Fewer Clothes*. Retrieved from <https://bit.ly/2N8gFhE>