



Summer Hiking Trails



Shing Mun Reservoir 城門水塘

Shing Mun Reservoir is one of the popular countryside walks in Hong Kong. Its easiness of access and high shaded areas make it suitable for summer hiking.

Route:



Duration: 3 hours | Distance: 8.5 km | Difficulty: 1 out of 5

Tsing Yi Nature Trails 青衣自然徑

Tsing Yi Nature Trails are easy, short and well-paved trails. It is the best location to view the Tsing Ma Bridge.

Route:



Duration: 1.5 hours | Distance: 3.5 km | Difficulty: 1 out of 5



Ng Tung Chai 梧桐寨

Ng Tung Chai is characterized by numerous gorgeous waterfalls. The 35m Main Fall is the highest waterfall in Hong Kong. Located at the northern side of Tai Mo Shan, it is considered as one of the "Four Natural Wonders" in Hong Kong!

Route:



Duration: 4 hours | Distance: 5 km | Difficulty: 3 out of 5

⚠ The paths may be slippery. It is recommended to wear slip-resistant shoes.

Read More:

▲ 9 Rules for Hot Weather Hiking

<https://goo.gl/f3mgsV>

▲ 夏天行山最怕中暑 10條問答教你輕鬆對付猛烈太陽

<https://goo.gl/6ShaqZ>

Reference:

▲ OASISTREK 綠洲

<http://www.oasistrek.com>

▲ Enjoy Hiking 郊野樂行

<https://hiking.gov.hk>

Remember to take your litter home to protect the unspoiled environment of the nature.

保持郊野的自然原貌，請緊記自己垃圾自己帶走。

